

Eph 3:14-21

For this reason I bow my knees before the Father, from whom every family in heaven and on earth derives its name, that He would grant you, according to the riches of His glory, to be strengthened with power through His Spirit in the inner man, so that Christ may dwell in your hearts through faith; and that you, being rooted and grounded in love, may be able to comprehend with all the saints what is the breadth and length and height and depth, and to know the love of Christ which surpasses knowledge, that you may be filled up to all the fullness of God.

Now to Him who is able to do far more abundantly beyond all that we ask or think, according to the power that works within us, to Him be the glory in the church and in Christ Jesus to all generations forever and ever. Amen.

Ask God these questions, and journal what thoughts come to mind. Underline any that really stick out to you. Remember, God's words will align with scripture and will edify, exhort, or comfort you. "There is no condemnation for those who are in Jesus Christ" (Rom 8:1)

God, what is something You love about me?

God, what is something that I may not like about myself, but you love it because your strength is made perfect in my weakness? (2 Cor 2:19)

God, what is one thing we could do together if I had no limitations (I had all the money I needed, all the time I needed, all the physical ability I needed, etc)? I would ...