

What's Available?

- FITNESS EQUIPMENT
- DRY INFRARED SAUNA
- MASSAGE CHAIR
- INVERSION TABLE
- VIBRATION PLATES
- MASSAGE THERAPY
- DRY NEEDLING THERAPY
- MENTAL HEALTH COUNSELING
- TREATMENT PROGRAM SERVICES
- PERSONAL TRAINING
- HEALTH COACHING
- SUPPORT GROUPS

Questions?

605-823-4951

STOP BY TO VISIT US
AND GET A TOUR!

Gym Memberships

- ADULT \$35/MO.
- SENIORS (55+) \$20/MO.
- HS STUDENT \$10/MO.
- FAMILY (2 ADULTS + CHILDREN) \$65/MO.
- FRIENDS (UP TO 5) \$110/MO.
- DAY PASS - \$5
- ASK ABOUT OUR PREPAY OPTIONS
SAVE \$\$\$

INDEPENDENT PROVIDER
SERVICES NOT INCLUDED
IN MEMBERSHIP PLANS.



Wellness Center

WEST DOOR ENTRANCE OF
REDEEMER LUTHERAN
CHURCH BUILDING

212 1ST AVE WEST
MCLAUGHLIN, SD 57642

COMMUNITYALLIANCEGROUP.ORG