

Mid Atlantic Nutrition Specialists
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Referral for Medical Nutrition Therapy

Patient Name: _____ Patient DOB: _____

Patient Phone: _____ Patient Insurance: _____

Parent Name/Contact (if patient a minor): _____

Referring Provider Name: _____ Fax: _____ Phone: _____

Provider NPI: _____ Provider Practice: _____

Reason for Medical Nutrition Therapy: _____

ICD-10 Diagnosis Codes: Please check the diagnosis codes below that apply to this patient:

Anorexia nervosa, restricting type:

- ☐ [F50.010](#) Anorexia nervosa, restricting type, mild
- ☐ [F50.011](#) Anorexia nervosa, restricting type, moderate
- ☐ [F50.012](#) Anorexia nervosa, restricting type, severe
- ☐ [F50.013](#) Anorexia nervosa, restricting type, extreme
- ☐ [F50.014](#) Anorexia nervosa, restricting type, in remission
- ☐ [F50.019](#) Anorexia nervosa, restricting type, unspecified

Anorexia nervosa, binge eating/purging type:

- ☐ [F50.020](#) Anorexia nervosa, binge eating/purging type, mild
- ☐ [F50.021](#) Anorexia nervosa, binge eating/purging type, moderate
- ☐ [F50.022](#) Anorexia nervosa, binge eating/purging type, severe
- ☐ [F50.023](#) Anorexia nervosa, binge eating/purging type, extreme
- ☐ [F50.024](#) Anorexia nervosa, binge eating/purging type, in remission
- ☐ [F50.029](#) Anorexia nervosa, binge eating/purging type, unspecified

Bulimia nervosa:

- ☐ [F50.20](#) Bulimia nervosa, unspecified
- ☐ [F50.21](#) Bulimia nervosa, mild
- ☐ [F50.22](#) Bulimia nervosa, moderate
- ☐ [F50.23](#) Bulimia nervosa, severe

- ☐ [F50.24](#) Bulimia nervosa, extreme
- ☐ [F50.25](#) Bulimia nervosa, in remission

Binge eating disorder:

- ☐ [F50.810](#) Binge eating disorder, mild
- ☐ [F50.811](#) Binge eating disorder, moderate
- ☐ [F50.812](#) Binge eating disorder, severe
- ☐ [F50.813](#) Binge eating disorder, extreme
- ☐ [F50.814](#) Binge eating disorder, in remission
- ☐ [F50.819](#) Binge eating disorder, unspecified

Other Eating Disorder Diagnoses:

- ☐ [F50.00](#) Anorexia nervosa, unspecified
- ☐ [F50.82](#) Avoidance Restrictive Food Intake Disorder
- ☐ [F50.89](#) Other specified eating disorder

Other common nutrition related diagnoses:

- ☐ [R63.40](#) Abnormal weight loss
- ☐ [R63.50](#) Abnormal weight gain
- ☐ [E82.8](#) Polycystic ovarian syndrome: PCOS
- ☐ [E88.81](#) Metabolic Syndrome
- ☐ [K59.0](#) Constipation
- ☐ [K58.0](#) Irritable bowel syndrome
- ☐ [D50.9](#) Iron deficiency anemia, unspecified
- ☐ [D50.8](#) Other iron deficiency anemias due to inadequate iron intake
- ☐ [E73.9](#) Lactose Intolerance, unspecified
- ☐ [E44.1](#) Unspecified protein-calorie malnutrition
- ☐ [E78.5](#) Unspecified hyperlipidemia Secondary amenorrhea
- ☐ [Z71.3](#) Dietary counseling & surveillance
- ☐ Other: _____