



# CDCB



## March Newsletter

### ANNIE'S ANNOUNCEMENTS

SPRING IS ARRIVING IN THE BLUEGRASS REGION AND NOT A MINUTE TOO SOON! MANY OF US HAVE BREATHED A SIGH OF RELIEF AS THE WARMER AIR AND SUNSHINE HAVE REPLACED THE UNPREDICTABILITY OF SNOW, ICE AND FRIGID AIR. CHILDREN ARE OUTSIDE USING THEIR ARMS AND LEGS TO CLIMB, RUN, JUMP AND PLAY. PARKS ARE BUSY AGAIN, AND FAMILIES ARE EXTENDING THEIR EVENINGS OUT OF DOORS. EMBRACE THIS LIFELINE THAT MOTHER NATURE HAS SENT TO ALL OF US WORKING WITH, RAISING, AND LOVING YOUNG CHILDREN. REACH YOUR HAND UP AND OVER YOUR SHOULDER TO GIVE YOURSELF A PAT ON THE BACK FOR MAKING IT THROUGH WHAT HAS BEEN ONE OF THE HARDEST WINTERS FOR PARENTS IN RECENT YEARS, BOTH IN TERMS OF SNOWFALL AND ILLNESS. I THANK ALL OF YOU FOR WORKING ALONGSIDE US IN GOOD CHEER AS WE NAVIGATED THE WEATHER, STRIVING TO STAY OPEN AS OFTEN AS WE COULD. YOUR SUPPORT HAS MEANT THE WORLD TO THE TEACHERS AND ADMINISTRATORS.

OUR COUNTRY FACES A COMPLICATED TIME RIGHT NOW, AND YOU AS PARENTS ARE SIMULTANEOUSLY PASSING THROUGH THE DEMANDS AND JOYS OF THE EARLY YEARS OF CHILDHOOD WITH YOUR CHILDREN. YOUNG CHILDREN ARE CHARMING, SMART, STUBBORN, CURIOUS, AND ANXIETY PRODUCING ALL AT THE SAME TIME AND PARENTS MUST WORK HARD TO KEEP UP WITH CONSTANTLY CHANGING DEVELOPMENTAL SKILLS AND NEEDS- AS SOON AS YOU THINK YOU HAVE FIGURED IT OUT, YOUR CHILD CHANGES!

I WOULD LIKE TO SHARE WITH YOU THE LINK TO AN ORGANIZATION WHICH HAS BEEN THE POWERHOUSE FOR DISSEMINATING RESEARCH-BASED INFORMATION REGARDING EARLY CHILDHOOD FOR DECADES. (CONT ON NEXT PAGE)

### CALENDAR OF EVENTS:

**SATURDAY, MARCH 29: ART SHOW 4:00-6:00PM**

**APRIL 7-11: CDCB CLOSED FOR SPRING BREAK**

**MAY 5-9: TEACHER APPRECIATION WEEK**



## ANNIE'S ANNOUNCEMENTS CONTINUED

ZERO TO THREE DESCRIBES THEIR ORGANIZATION AS ONE THAT, "KNOWS THAT THE FIRST THREE YEARS OF LIFE ARE ESSENTIAL FOR SHAPING A SOLID FOUNDATION FOR LONG-LASTING HEALTH AND HAPPINESS. IT IS THE MOST CRITICAL WINDOW OF TIME IN A PERSON'S DEVELOPMENT. WE'RE LEVERAGING EARLY CHILDHOOD DEVELOPMENT RESEARCH TO PROVIDE POWERFUL RESOURCES TO FAMILIES, PROFESSIONALS AND POLICYMAKERS WHO CAN MAKE A DIFFERENCE IN A CHILD'S LIFE."

AS SUCH, THEIR WEBSITE SERVES AS A DISTRIBUTION CENTER FOR INFORMATION ABOUT YOUNG CHILDREN GEARED TOWARDS ADVOCATES, PRACTITIONERS AND, MOST IMPORTANTLY, PARENTS. YOU WILL FIND A RANGE OF RESOURCES INCLUDING DEVELOPMENTAL MILESTONES, RESEARCH ARTICLES, INFORMATION ABOUT HEALTHY SLEEP, BEHAVIOR AND HEALTH, AS WELL AS EVERYDAY SUGGESTIONS FOR PARENTS. LEARN A LITTLE OR A LOT- THIS WEBSITE HAS USEFUL INFORMATION WHETHER YOU ARE WANTING TO LEARN MORE ABOUT YOUR OWN CHILD'S DEVELOPMENT OR YOU ARE INTERESTED IN ADVOCATING FOR TAX DOLLARS TO SUPPORT PROGRAMS FOR PARENTS AND YOUNG CHILDREN IN YOUR COMMUNITY. IT IS DEFINITELY WORTH A LOOK!

CLICK BELOW TO BE TAKEN TO ZERO TO THREE PARENT RESOURCES:  
[RESOURCES FOR FAMILIES: SUPPORTING YOUR CHILD'S GROWTH](#)

# ART SHOW

*Saturday, March 29 4-6pm*

PASTA DINNER, BAKE SALE & ART AUCTION!

CHILDREN: \$6

ADULTS: \$8



**PLEASE RSVP USING THIS [LINK](#) BY MARCH 20TH. WE NEED TO PREPARE FOR FOOD ORDERS AND SET UP.**

**IF YOU ARE AVAILABLE TO HELP VOLUNTEER TO SET/CLEAN UP OR BRING A BAKE SALE ITEM PLEASE SIGN UP USING THIS [LINK](#).**

THANK YOU, OUR EVENTS WOULDN'T BE SUCCESSFUL WITHOUT OUR FAMILY VOLUNTEERS!

# Pints for a Purpose



**TWO DAYS LEFT TO ORDER ICE CREAM!** ORDER BY MARCH 15th and be sure to select CDCB Family Club as the beneficiary. We appreciate your support!

## ICE CREAM FUNDRAISING!

**PRE-ORDERS OPEN  
MARCH 1-15**



**PRE-  
ORDER  
PINTS  
HERE!**

**crankandboom.com**



**PINTS  
FOR A ♥♥♥  
PURPOSE**



## REMINDER:

YOU CAN FIND OUR CURRENT MENU, NEWSLETTERS AND CALENDARS ON OUR WEBSITE UNDER THE "CURRENT FAMILIES" TAB.

[WWW.CDCBG.ORG](http://WWW.CDCBG.ORG)

# UK Pediatric Therapies Update

HEARING SCREENINGS HAVE BEEN COMPLETED. CHILDREN REQUIRING FURTHER REFERRAL FOR A HEARING EXAM HAVE BEEN NOTIFIED.

THERAPY SESSIONS WILL CONTINUE DURING SPRING BREAK. IF YOU WOULD LIKE TO ATTEND YOUR CHILD'S SCHEDULED THERAPY SESSION, YOU ARE WELCOME TO COME. PLEASE LET YOUR TREATING THERAPIST KNOW IF YOUR PLANS DURING SPRING BREAK.

OUR PATIENT RELATIONS AND REIMBURSEMENT COORDINATOR, HALI DAVIS HAS MOVED INTO A SUPPORT POSITION. IF YOU HAVE ANY QUESTIONS REGARDING YOUR CHILD'S AUTHORIZATION, HALI IS STILL ANSWERING QUESTIONS. FAMILIES MAY ALSO REACH OUT TO ANGELA FOLCZYK, THERAPY DIRECTOR, @ [ANGELA.FOLCZYK@UKY.EDU](mailto:ANGELA.FOLCZYK@UKY.EDU)

## Family Club Update

THANK YOU TO EVERYONE WHO HAS PARTICIPATED IN OUR CRANK AND BOOM ICE REAM FUNDRAISER! WE LOOK FORWARD TO LETTING YOU KNOW WHAT WE EARNED!

WE HAD A WONDERFUL TIME HOSTING OUR SECOND "SUNSHINE CART" FOR THE CDCB STAFF. THIS IS AN OPPORTUNITY FOR FAMILY MEMBERS TO DISTRIBUTE TREATS TO OUR TEACHERS. THEY ARE ALWAYS SO APPRECIATIVE! IF YOU ARE INTERESTED IN HELPING PASS OUT ITEMS, PLEASE EMAIL [FAMILYCLUBCDCB@GMAIL.COM](mailto:FAMILYCLUBCDCB@GMAIL.COM)

FAMILY CLUB MEETS VIA ZOOM THE 2ND MONDAY OF EACH MONTH AT NOON. ALL ARE WELCOME! ZOOM LINKS/REMINDERS ARE SENT VIA BRIGHTWHEEL AND EMAIL.

