












































































Child Development
Center of the Bluegrass
at the University of Kentucky












































MONTH/DATES March 25-29











































WEEK #1

	MONDAY 25	TUESDAY 26	WEDNESDAY 27	THURSDAY 28	FRIDAY 29
Breakfast	 Whole Grain Breakfast Pizza  Turkey Sausage  Honey Dew  Milk	 Whole Grain Biscuit  Chicken Sausage Patty  Peaches  Milk	 Whole Grain Oatmeal  Pears  Milk	 Whole Grain Toast  Egg Patty  Bananas  Milk	 Whole Grain Blueberry Bagel  Honey Dew  Milk
Lunch	 Whole Grain Bun  Grilled Chicken Patty  Lima Beans  Bananas  Milk	 Whole Grain Roll  Chili Mac  Green Beans  Mandarin Oranges  Milk	 Whole Grain Fish Sticks, Rice  Fruit Cocktail/Peaches(I)  Carrots  Milk	 Whole Grain Breaded Popcorn Chicken  Pineapples  Corn  Milk	 Whole Grain Roll  Chicken/Beef Meatballs  Peaches  Cauliflower  Milk
Snack	(T,P) Sun Chips (I) Ritz Crackers (I,T,P) Pineapples	(I,T,P) Graham Crackers (I,T,P) Apple Slices	(I,T,P) Ritz Crackers (T,P) Cheese Cubes (I) Cheese Slices	(I,T,P) Vanilla Wafers (I,T,P) Cantaloupe	(I,T,P) Fig Newtons (I,T,P) Mandarin Oranges

Grain  Protein  Fruit  Vegetable  Milk/Dairy **I: Infant T: Toddler P: Preschool**

	MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5
Breakfast	 Whole Grain Biscuit  Sausage Gravy  Apple slices  Milk	 Whole Grain French Toast Sticks  Fruit Cocktail Bananas (I)  Milk	 Whole Grain Toast  Egg and Cheese Omelet  Cantaloupe  Milk	 Whole Grain Cereal  Bananas  Milk	NO SCHOOL
Lunch	 Whole Grain Roll, Macaroni and Cheese  Ham  Banana  Broccoli  Milk	 Whole Grain Toasted Turkey and Cheese Melts  Pineapples  Brussel Sprouts  Milk	 Whole Grain Bun  Hamburger Patty  Peaches  Tater Tots  Milk	 Whole Grain Cheese Calzones  Honey Dew  Mixed Vegetables  Milk	NO SCHOOL
Snack	(I, T, P) Pears (I, T, P) Goldfish	(I,T, P) Soft Pretzels (I,T, P) Cheese Sauce	(I,T, P) Goldfish (I, T, P) Pears	(I,T,P) Ritz Bits (I,T,P) Apple Slices	NO SCHOOL

	MONDAY 8	TUESDAY 9	WEDNESDAY 10	THURSDAY 11	FRIDAY 12
Breakfast	 Oatmeal  Pineapples  Milk	 Whole Grain Biscuit  Pork Sausage  Apple Slices, Apple Sauce (I)  Milk	 Whole Grain Muffins  Bananas  Milk	 Whole Grain Toast  Hard Boiled Egg  Honey Dew  Milk	 Whole Grain Pancakes  Egg Patty  Mandarin Oranges  Milk
Lunch	 Whole Grain Bun  Sloppy Joe  Cantaloupe  Green Beans  Milk	 Whole Grain  Toasted Grilled Cheese  Pears  Tomato Soup  Milk	 Whole Grain Bun  Breaded Chicken  Carrots  Fruit Cocktail, Peaches (I)  Milk	 Whole Grain Breadstick  Spaghetti with Meat Sauce  Pineapples  Cauliflower  Milk	 Whole Grain  Cheese Pizza  Apple Slices, Apple Sauce (I)  Corn  Milk
Snack	(T,P) Pretzels (I) Vanilla Wafers (I,T,P) Mandarin Oranges	(T,P) Rice Krispy Treat (I) Club Crackers (I,T,P) Peaches	(I,T,P) Club Crackers (T,P) Cheese Cubes (I) Cheese Slices	(I,T,P) Goldfish (I,T,P) Peaches	(T,P) Rice Crisps (I) Graham Crackers (I,T,P) Bananas

	MONDAY 15	TUESDAY 16	WEDNESDAY 17	THURSDAY 18	FRIDAY 19
Breakfast	 Whole Grain Cereal  Pears  Milk	 Whole Grain Biscuit  Bacon  Banana  Milk	 Whole Grain Banana Bread  Mandarin Oranges  Milk	 Whole Grain Toast  Scrambled Eggs  Fruit Cocktail, Peaches (I)  Milk	 Whole Grain Waffles  Turkey Sausage  Honey Dew  Milk
Lunch	 Whole Grain Roll  Turkey Roast  Fruit Cocktail, Applesauce (I)  Mashed Potatoes  Milk	 Whole Grain Breadstick  Chicken and Dumplings  Pineapples  Peas  Milk	 Whole Grain Rolls  Meatloaf  Apple Slices, Pears (I)  California Veggie Blend  Milk	 Whole Grain Ravioli with Marinara Sauce  Cantaloupe  Asparagus  Milk	 Whole Grain Bun  Pulled Pork  Pineapples  French Fries  Milk
Snack	(I,T,P) Soft Pretzels (I,T,P) Cheese Sauce	(I,T,P) Ritz (I,T,P) Peaches	(I,T,P) Graham Crackers (I,T,P) Pears	(I,T,P) Vanilla Wafers (I,T,P) Bananas	(I,T,P) Goldfish (I,T,P) Peaches