

**MONTH/DATES -February 2-6 WEEK #1**

	<b>MONDAY 2</b>	<b>TUESDAY 3</b>	<b>WEDNESDAY 4</b>	<b>THURSDAY 5</b>	<b>FRIDAY 6</b>
<b>Breakfast</b>	 Whole Grain Pancake  w/  Maple Chicken Sandwich  Pears  Milk	 Whole Grain Cereal  Blueberries  Milk	 Whole Grain  Banana Bread  Peaches  Milk	 Whole Grain Waffles  Cheese Omelet  Cantaloupe  Milk	 Whole Grain French Toast  Pears  Chicken Sausage  Milk
<b>Lunch</b>	 Whole Grain  Popcorn Chicken  Strawberries  Carrots  Milk	 Whole Grain Toasted  Grilled Cheese  Pineapples  Tomato soup  Milk	 Whole Grain Breadstick  Orange Chicken  Apples  Rice/Broccoli  Milk	 Whole Grain Roll  Macaroni and Cheese  Pineapples  Corn/ Canadian Bacon  Milk	 Whole Grain Bun  Hamburger Patty  Blueberries  Fries  Milk
<b>Snack</b>	Graham Crackers (I,T,P) Sun Butter (I,T,P)	Ritz Crackers (I,T,P) Cheese Cubes (I,T,P)	Veggie Straws (I,T,P) Mandarin Oranges (I,T,P)	Goldfish (I,T,P) Bananas (I,T,P)	(I,T,P) Fig Newton (I.T.P) Strawberries



Grain



Protein



Fruit

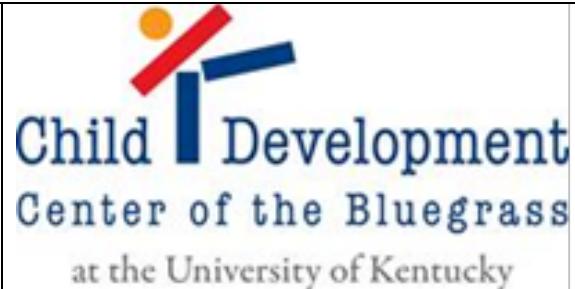


Vegetable



Milk/Dairy

I: Infant   T: Toddler   P: Preschool



MONTH/DATES- February 9-13      WEEK # 2

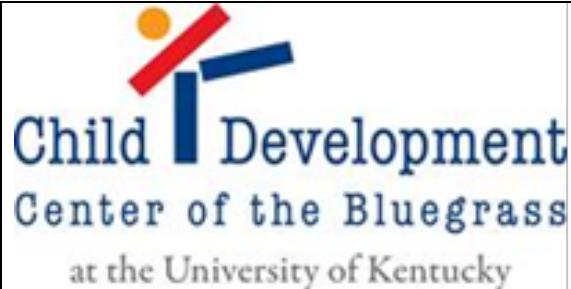
	MONDAY 9	TUESDAY 10	WEDNESDAY 11	THURSDAY 12	FRIDAY 13
<b>Breakfast</b>	Whole Grain Muffins Apples Milk	Whole Grain Bagel Bacon Pineapples Milk	Whole Grain Donut Holes Bananas Milk	Whole Grain Toast Chicken Sausage Cantaloupe Milk	Whole Grain Biscuit Sausage Gravy Mandarin Oranges Milk
<b>Lunch</b>	Whole Grain Bun Fish Pears Vegetarian Baked Beans Milk	Cheese Pizza Whole Grain Strawberries Cauliflower Milk	Whole Grain Roll Meatloaf Blueberries Mashed Potatoes Milk	Whole Grain Mini Chicken and Cheese Taco Apples Broccoli Milk	Whole Grain Chicken Fries Pineapples Tater Tots Milk
<b>Snack</b>	Bananas (I,T,P) Nutrigrain Bars (I,T,P)	Peaches (I,T,P) Pretzels (T,P) Club Crackers (I)	Mandarin Oranges (I,T,P) Veggie Straws (I,T,P)	Pears (I,T,P) Goldfish (I,T,P)	Blueberries (I,T,P) Sun Chips (T,P) Ritz Crackers (I)

Grain  
 Protein  
 Fruit  
 Vegetable  
 Milk  
 I: Infant   T: Toddler   P: Preschool



MONTH/DATES February 16-20 WEEK # 3

	MONDAY 16	TUESDAY 17	WEDNESDAY 18	THURSDAY 19	FRIDAY 20
<b>Breakfast</b>		 Whole Grain Pancakes  Maple Chicken Sausage Sandwich  Mandarin Oranges 	 Whole Grain banana bread   Blueberries 	 Whole grain Waffles   Strawberries 	 Whole Grain Muffins   Peaches 
<b>Lunch</b>		 Whole Grain Bun  Pulled Pork  Peaches  California Blend 	 <b>Whole grain</b>  Chicken and Dumplings  Pineapples  Peas 	 Whole grain  Bosco Sticks  Cantaloupe  Corn/Marinara 	 Whole Grain Roll  Chicken Cordon Bleu Bites  Apples  Green Beans 
<b>Snack</b>		Yogurt Bites (I,T,P) Strawberries (I,T,P)	(I,T,P)Cinnamon Crisps (I,T,P) Pears Club Crackers (I)	Ritz Crackers (I, T, P) Bananas (I,T,P)	Fig Newtons (I, T, P) Mandarin Orange (I, T, P)



MONTH/DAY February 23-27 Week #4

	MONDAY 23	TUESDAY 24	WEDNESDAY 25	THURSDAY 26	FRIDAY 27
<b>Breakfast</b>	Whole Grain Cereal Canadian Bacon Strawberries Milk	Whole Grain Bagel Pears Milk	Whole Gain Oatmeal Peaches Milk	Whole Grain French Toast Scrambled Eggs Cantaloupe Milk	Whole Grain Biscuit Pork Sausage Honeydew Milk
<b>Lunch</b>	Whole Grain Roll Salmon Patty Apples Vegetarian Baked Beans Milk	Whole Grain Bun Pulled BBQ Chicken Broccoli Pineapples Milk	Whole Grain Bean and Cheese Chalupa Corn Milk Mandarin Orange Milk	Whole Grain Bun Sloppy Joe Apples Green Beans Milk	Whole Grain Chicken Fries Pineapple Mashed Potatoes Milk
<b>Snack</b>	Bananas (I,T,P) Graham Crackers(I,T,P)	Blueberries (I,T,P) (I,T,P) Veggie Straws	Bananas (I,T,P) Pretzels (T,P) Fig Newton (I)	Pears(I,T,P) Goldfish (I,T,P)	(I,T,P) Blueberries (I)Ritz Crackers (T,P) SunChips