

MONTH/DATES -January 5-9 WEEK #1

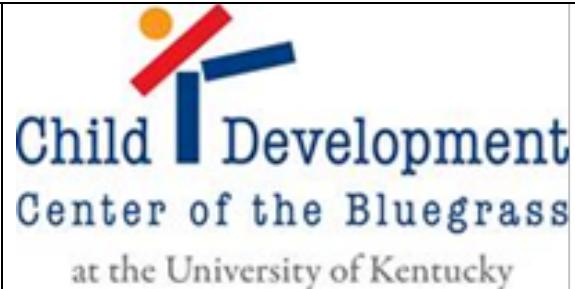
	MONDAY 5	TUESDAY 6	WEDNESDAY 7	THURSDAY 8	FRIDAY 9
Breakfast	 Whole Grain Granola  Yogurt  Mixed Berries 	 Whole Grain Biscuit  Chicken Patty  Blueberries 	 Whole Grain  Banana Bread  Peaches 	 Whole Grain Pancakes  Pork Sausage  Cantaloupe 	 Whole Grain Muffins  Pears 
Lunch	 Whole Grain  Popcorn Chicken  Strawberries  Carrots 	 Whole Grain Toasted  Grilled Cheese  Pineapples  Tomato soup 	 Whole Grain Roll  Chili Mac  Apples  Corn 	 Whole Grain  Bosco Sticks  Pineapples  Marinara/Green Beans 	 Whole Grain Bun  Hamburger Patty  Blueberries  Fries 
Snack	Graham Crackers (I,T,P) Sun Butter (I,T,P)	Ritz Crackers (I,T,P) Cheese Cubes (I,T,P)	Veggie Straws (I,T,P) Mandarin Oranges (I,T,P)	Goldfish (I,T,P) Bananas (I,T,P)	(I,T,P) Fig Newton (I,T,P) Strawberries



MONTH/DATES- January 12-16 WEEK # 2

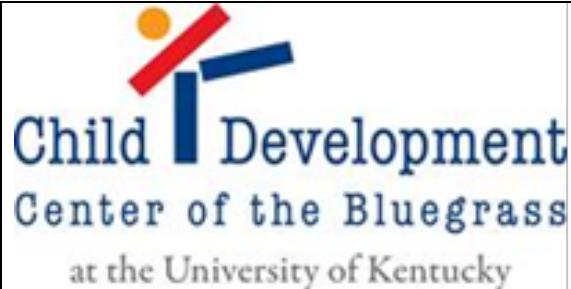
	MONDAY 12	TUESDAY 13	WEDNESDAY 14	THURSDAY 15	FRIDAY 16
Breakfast	Whole Grain Cereal Apples Milk	Whole Grain Bagel Bacon Pineapples Milk	Whole Grain Oatmeal Bananas Milk	Whole Grain Toast Chicken Sausage Cantaloupe Milk	Whole Grain Biscuit Sausage Gravy Honey Dew Milk
Lunch	Whole Grain Bun Fish Pears Vegetarian Baked Beans Milk	Cheese Pizza Whole Grain Strawberries Corn Milk	Whole Grain Roll Meatloaf Blueberries Mashed Potatoes Milk	Whole Grain Breadstick Meat Lasagna Apples Broccoli Milk	Whole Grain Chicken Fries Pineapples Tater Tots Milk
Snack	Bananas (I,T,P) Nutrigrain Bars (I,T,P)	Peaches (I,T,P) Pretzels (T,P) Club Crackers (I)	Mandarin Oranges (I,T,P) Veggie Straws (I,T,P)	Pears (I,T,P) Goldfish (I,T,P)	Blueberries (I,T,P) Sun Chips (T,P) Ritz Crackers (I)

Grain
 Protein
 Fruit
 Vegetable
 Milk
 I: Infant T: Toddler P: Preschool



MONTH/DATES January 19-23 WEEK # 3

	MONDAY 19	TUESDAY 20	WEDNESDAY 21	THURSDAY 22	FRIDAY 23
Breakfast		 Whole Grain Pancakes  Scrambled Eggs  Mandarin Oranges  Milk	 Whole Grain banana bread  Blueberries  Milk	 Whole grain Waffles  Egg Patty  Strawberries  Milk	 Whole Grain Muffins  Peaches  Milk
Lunch		 Whole Grain Bun  Pulled Pork  Peaches  Peas  Milk	 Whole grain  Taco Pizza  Pineapples  California Blend  Milk	 Whole grain  Bosco Sticks  Cantaloupe  Corn/Marinara  Milk	 Whole Grain bun  Grilled Chicken  Apples  Green Beans  Milk
Snack		Yogurt Bites (I,T,P) Strawberries (I,T,P)	(I,T,P)Cinnamon Crisps (I,T,P) Pears Club Crackers (I)	Ritz Crackers (I, T, P) Bananas (I,T,P)	Fig Newtons (I, T, P) Mandarin Orange (I, T, P)



MONTH/DAY January 26-30 WEEK #4

	MONDAY 26	TUESDAY 27	WEDNESDAY 28	THURSDAY 29	FRIDAY 30
Breakfast	Whole Grain Cereal Canadian Bacon Strawberries Milk	Whole Grain Bagel Pears Milk	Whole Gain Oatmeal Peaches Milk	Whole Grain French Toast Pork Sausage Patty Cantaloupe Milk	Whole Grain Biscuit Pork Sausage Honeydew Milk
Lunch	Whole Grain Roll Salmon Patty Apples Vegetarian Baked Beans Milk	Whole Grain Roll Macaroni and Cheese Ham Broccoli Pineapples Milk	Whole Grain Turkey and Cheese Melt Fries Milk Mandarin Orange	Whole Grain Breadstick Spaghetti With Meat Sauce Apples Green Beans Milk	Whole Grain Chicken Fries Pineapple Mashed Potatoes Milk
Snack	Bananas (I,T,P) Graham Crackers(I,T,P)	Blueberries (,I T,P) (I,T,P) Veggie Straws	Bananas (I,T,P) Pretzels (T,P) Fig Newton (I)	Pears(I,T,P) Goldfish (I,T,P)	(I,T,P) Blueberries (I)Ritz Crackers (T,P) SunChips