

MONTH/DATES May 5-9 **WEEK #1**

	MONDAY 5	TUESDAY 6	WEDNESDAY 7	THURSDAY 8	FRIDAY 9
Breakfast	Whole Grain French Toast Pears Milk	Whole Grain Pancakes Cheese Omelet Pineapples Milk	Whole Grain Banana Bread Blueberries Milk	Whole Grain Waffles Egg Patty Strawberries Milk	Whole Grain Biscuit Peaches Turkey Sausage Milk
Lunch	Whole Grain Roll Country Fried Steak Apples Peas Milk	Whole Grain Bun Pulled Pork Strawberries Cauliflower Milk	Whole Grain Taco Pizza Pears California Blend Milk	Whole Grain Bun Chicken Patty Bananas Broccoli Milk	Whole Grain Roll Chicken Nuggets Honeydew Tater Tots Milk
Snack	Graham Crackers (I,T,P) Bananas (I,T,P)	Pretzels (T,P) Club Crackers (I) Peaches (I,T,P)	Cheez Its (I,T,P) Mandarin Oranges(I,T,P)	Goldfish (I,T,P) (I, T P)Cantaloupe	Pineapples (I,T,P) Fig Newton (I,T,P)













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MONTH/DATES May 12-16 WEEK # 2

	MONDAY 12	TUESDAY 13	WEDNESDAY 14	THURSDAY 15	FRIDAY 16
Breakfast	Whole Grain Cereal Strawberries Milk	Whole Grain Bagel Canadian Bacon Pears Milk	Whole Grain Muffins Apples Milk	Whole Grain Biscuits Pork Sausage Gravy Honeydew Milk	Whole Grain Toast Cheese Omelet Cantaloupe Milk
Lunch	Whole Grain Roll Turkey Meatballs Blueberries Vegetarian Baked Beans Milk	Fettuccine Alredo wih Chicken Whole Grain Breadstick Pineapples Peas Milk	Whole Grain Bread Meatloaf Peaches Mashed Potatoes Milk	Whole Grain Bread Turkey and Cheese Melt Pineapple California Blend Milk	Grilled Chicken Patty Whole Grain Bun Bananas Carrots Milk
Snack	Veggie Straws (I,T,P) Bananas (I,T,P)	Vanilla Wafers(,T,P)I) Sun Butter (I,T,P)	(I.T, P)Cheese Its (I, T, P) Mandarin Oranges	(I, T, P)Nutrigrain Bar (I, T, P)Apples	(I,T,P) Pirates Booty (I,T,P) Mandarin Oranges



at the University of Kentucky

MONTH	/DATES	May	19-23	WEEK # 3
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	MONDAY 19	TUESDAY 20	WEDNESDAY 21	THURSDAY 22	FRIDAY 23
Breakfast	Whole Grain Biscuit Bacon Pears Milk	Whole Grain Pancakes Pork Sausage Pineapples Milk	Whole Grain Banana Bread Blueberries Milk	Whole Grain Waffles Egg Patty Strawberries Milk	Whole Grain Biscuit Turkey Sausage, Hash Browns Peaches Milk
Lunch	Whole Grain Bun Sloppy Joe Apples Tater Tots Milk	Whole Grain Roll Macaroni and Cheese with Ham Peaches Peas Milk	Bosco Sticks with Cheese Marinara Sauce Fruit of the day Milk	Whole Grain Roll Fish Sticks Corn Pineapples Milk	Whole Grain Bun Hamburger Patty Honeydew Mixed Vegetables Milk
Snack	Graham Crackers (I,T,P) Bananas (I,T,P)	Pretzels (T,P) Club Crackers (I) Strawberries	Cheez its (I,T,P) Mandarin Oranges (I,T,P)	Goldfish (I,T,P) Cantaloupe (T,P) Applesauce (I)	Fig Newtons (I,T,P) P Pineapples (I,T,P)



at the University of Kentucky

MONTH/DAY May 26-30 WEEK #4

	MONDAY 26	TUESDAY 27	WEDNESDAY 28	THURSDAY 29	FRIDAY 30
Breakfast	Whole Grain Cereal Apples Milk	Whole Grain Bagel Pork Sausage Pineapples Milk	Whole Grain Oatmeal Watermelon Milk	Whole Grain Toast Chicken Sausage Patty Cantaloupe Milk	Whole Grain Granola Yogurt Peaches Milk
Lunch	Whole Grain Tortillas Taco Meat/Chicken Bananas Refried Beans Milk	Whole Grain Breadstick Lasagna Roasted Vegetables Strawberries Milk	Whole Grain Cheese Pizza Cauliflower Pears Milk	Whole Grain Chicken and Dumplings Bananas Broccoli Milk	Whole Grain Breadstick Chicken Tenders Honeydew Green Beans Milk
Snack	Pears (I,T,P) Nutrigrain Bars (I,T,P)	Peaches(I,T,P) Pretzels (T,P) Club Crackers (i)	Mandarin Oranges(I,T,P) Veggie Straws (I,T,P)	Blueberries(I,T,P) Goldfish (I,T,P)	Pineapples (I,T,P) Fig Newton (I,T,P)