



**Flower Girls
14-Day Fasting & Prayer Guide
Deliverance & Breakthrough**

**April 27 – May 10
Fasting Time: 7:00 AM – 5:00 PM**

This 14-day fasting and prayer guide is designed to strengthen women through fasting (7am–5pm), prayer, and declarations. Each day focuses on a scripture, prayer point, and declaration to empower women for deliverance and breakthrough.

Matthew 17:21 (NLT) - "But this kind of demon won't leave except by prayer and fasting."

Day 1 – April 27 – RENEWAL OF THE MIND

Scripture (Romans 12:2, NLT): Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think.

Declaration: I declare that my mind is renewed by the power of God and I think like Christ. Every negative thought is cast down and replaced with truth and victory.

Day 2 – April 28 – FREEDOM FROM BONDAGE

Scripture (Galatians 5:1, NLT): So Christ has truly set us free. Now make sure that you stay free.

Declaration: I declare that every chain is broken and I walk in total freedom in Jesus' name. Bondage has no hold over my life and I live delivered.

Day 3 – April 29 – HEALING & WHOLENESS

Scripture (Isaiah 53:5, NLT): He was pierced for our rebellion, crushed for our sins. He was beaten so we could be whole.

Declaration: I declare that I am healed in my body, mind, and emotions. I walk in complete wholeness and restoration by the power of God.

Day 4 – April 30 – STRENGTH & ENDURANCE

Scripture (Isaiah 40:31, NLT): Those who trust in the Lord will find new strength. They will soar high on wings like eagles.

Declaration: I declare that I have supernatural strength and I will not grow weary. I am empowered to endure and finish strong.

Day 5 – May 1 – BREAKING GENERATIONAL CURSES

Scripture (Galatians 3:13, NLT): Christ has rescued us from the curse pronounced by the law.

Declaration: I declare that every generational curse is broken off my life and bloodline. Generational blessings flow freely through me.

Day 6 – May 2 – OVERCOMING FEAR

Scripture (2 Timothy 1:7, NLT): God has not given us a spirit of fear and timidity, but of power, love, and self-discipline.

Declaration: I declare that fear has no place in me and I walk in boldness. I am filled with power, love, and a sound mind.

Day 7 – May 3 – BREAKTHROUGH IN PRAYER

Scripture (Mark 11:24, NLT): I tell you, you can pray for anything, and if you believe that you've received it, it will be yours.

Declaration: I declare that my prayers are powerful and effective. Heaven responds to my faith and I receive what I pray for.

Day 8 – May 4 – SPIRITUAL AUTHORITY

Scripture (Luke 10:19, NLT): I have given you authority over all the power of the enemy.

Declaration: I declare that I walk in divine authority over the enemy. Nothing shall harm me and I tread on every attack.

Day 9 – May 5 – RESTORATION OF JOY

Scripture (Psalm 51:12, NLT): Restore to me the joy of your salvation, and make me willing to obey you.

Declaration: I declare that my joy is restored and overflowing. I will rejoice and remain strong in the Lord.

Day 10 – May 6 – FINANCIAL BREAKTHROUGH

Scripture (Philippians 4:19, NLT): God will supply all your needs from His glorious riches.

Declaration: I declare that God supplies all my needs and I lack nothing. I walk in abundance and overflow in every area.

Day 11 – May 7 – FAMILY & RELATIONSHIPS

Scripture (Joshua 24:15, NLT): As for me and my family, we will serve the Lord.

Declaration: I declare that my family is united and aligned with God. My household serves the Lord in peace and love.

Day 12 – May 8 – PURPOSE & DESTINY

Scripture (Jeremiah 29:11, NLT): I know the plans I have for you... plans for good and not for disaster.

Declaration: I declare that I walk boldly in my purpose and destiny. God's plan for my life will manifest fully.

Day 13 – May 9 – PROTECTION & COVERING

Scripture (Psalm 91:1-2, NLT): Those who live in the shelter of the Most High will find rest in the shadow of the Almighty.

Declaration: I declare that I am covered and protected by God. No weapon formed against me shall prosper.

Day 14 – May 10 – VICTORY & CELEBRATION

Scripture (1 Corinthians 15:57, NLT): Thank God! He gives us victory over sin and death through our Lord Jesus Christ.

Declaration: I declare that I have victory in every area of my life. I celebrate the goodness and power of God working in me.