

The Kingdom Covenant Church

MANIFEST 2025

7 Days of Fasting and Praying

Monday September 8th – Sunday, September 14th

- Pray for 7 Minutes when you wake up, 7 Minutes for lunch, and 7 minutes at bedtime
- Fast for 12 hours each from 6:00AM-6:00PM (WATER & FRUITS/VEGETABLES ONLY!)
- Join Pastor J Each Morning at 7am on FACEBOOK Live & You Tube @KingdomCovenantDetroit
- Follow Revival Daily Devotional Plan with Pastor J

Monday, September 8th – Day 1

- **Devotional Focus** – Defining Revival
- **Prayer Focus** – Family Unity, Reconciliation, and Forgiveness, Mental and Emotional Stability.

Tuesday, September 9th – Day 2

- **Devotional Focus** – Preparing for Revival
- **Prayer Focus** – Our Children, Parents, and Educators in preparation for this school year. Career Advancement, Educational Aspirations, Business Plans

Wednesday, September 10th – Day 3

- **Devotional Focus** – Receiving Revival
- **Prayer Focus** - Personal Vision, Spiritual Growth and Maturity, Dreams Manifested

Thursday, September 11th – Day 4

- **Devotional Focus** – Surrendering in Preparation for Revival
- **Prayer Focus** – The Kingdom Covenant Church, Tiers of Leadership, and Souls to added to the Kingdom. The Refresh Revival, Guest Preaching voices and safe arrivals of Pastors A. J. Harris and Tolan Morgan.

Friday, September 12th – Day 5

- **Devotional Focus** – Believing God for Revival
- **Prayer Focus** – Pastor J, Lady Kimya, and the First Family

Saturday, September 13th – Day 6

- **Devotional Focus** – Spreading the Word about Revival
- **Prayer Focus** – Health in Our Bodies, Healing for Our Emotions, Freedom in Our Finances, financial increase for Kingdom Covenant Church.

Sunday, September 14th – Day 7

- **Prayer Focus** – Kick-Off Sunday, That God will speak to us, specifically, and confirm the next season of growth and development for KCC.

PLEASE NOTE: Pastor David A. Johnson II advises all members and participants of this consecration to consider their personal health needs and to consult their personal physician prior to beginning this fast. Therefore, we specifically disclaim any responsibility from any physical reaction from this fast.

“THE POWER OF ONE” PRAYER: Begin each morning with time in God’s presence, seeking first the Kingdom of God and His righteousness (Matthew 6:33). Worship, prayer and increased time in the Word of God are essential for a fruitful fast. As you commune with the King of Kings, you will gain greater intimacy with Him, and receive strategic instructions on how to reign and rule in all of your Kingdom assignments. Pray not only for yourself and your family, but also for Pastor J, First Lady Kimya, our First Family, our Church Family, the Body of Christ, government, community, families, the unsaved, as well as anything the Holy Spirit places on your heart.

At 7am (Thursday), join Pastor J on the Morning Prayer Call ***via Facebook LIVE & You Tube @KingdomCovenantDetroit***

Every evening, end the day in the Lord’s Presence. Pray together with your family, giving God thanks for who He is, and all He has done. Before you retire, get alone for an uninterrupted time of "seeking His Face" so you can be One with Christ.

For maximum spiritual benefit, set aside ample time to be alone with the Lord. Listen for His leading. The more time you spend with Him, the more meaningful your fast will be. Prayer and fasting is defined as voluntarily going without food in order to focus on prayer and fellowship with God. Prayer and fasting often go hand in hand, but this is not always the case. You can pray without fasting, and fast without praying. It is when these two activities are combined and dedicated to God's glory that they reach their full effectiveness. Having a dedicated time of prayer and fasting is not a way of manipulating God into doing what you desire. Rather, it is simply forcing yourself to focus and rely on God for the strength, provision and wisdom you need.

Prayer and Fasting - Required or Recommended? The Word of God does not specifically command believers to spend time in prayer and fasting. Far too often, the focus of prayer and fasting is on abstaining from food. Instead, the purpose of Christian fasting should be to take our eyes off the things of this world and focus our thoughts on God. Fasting should always be limited to a set time because not eating for extended periods can be damaging to the body. Fasting is not a method of punishing our bodies and it is not to be used as a "dieting method" either. We are not to spend time in prayer and fasting in order to lose weight, but rather to gain a deeper fellowship with God. By taking our eyes off the things of this world through prayer and Biblical fasting, we can focus better on Christ.

Prayer and Fasting - What Does it Accomplish? Spending time in prayer and fasting is not automatically effective in accomplishing the desires of those who fast. Fasting or no fasting, God only promises to answer our prayers when we ask according to His Will. **1 John 5:14-15** tells us, ***"This is the confidence we have in approaching God: that if we ask anything according to His will, He hears us. And if we know that He hears us - whatever we ask - we know that we have what we asked of him."*** In the prophet Isaiah's time, the people grumbled that they had fasted, yet God did not answer in the way they wanted (Isaiah 58:3-4). Isaiah responded by proclaiming that the external show of fasting and prayer, without the proper heart attitude, was futile (Isaiah 58:5-9).

How can you know if you are praying and fasting according to God's Will? Are you praying and fasting for things that honor and glorify God? Does the Bible clearly reveal that it is God's will for you? If we are asking for something that is not honoring God or not God's will for our lives, God will not give what we ask, whether we fast or not. How can we know God's will? God promises to give us wisdom when we ask. **James 1:5** tells us, ***"If any of you lacks wisdom, he should ask God, who gives generously to all without finding fault, and it will be given to him."***

Fasting will help you recover your passion, recapture your dreams, and restore your joy, thereby, propelling you to walk in the authority of God, as a king and priest - being fruitful, multiplying, replenishing, subduing and having dominion in the earth spiritually, physically and financially. Go forth in JESUS' name. Fasting is a principle that God intended for everyone to practice. It is not a punishment; it is a privilege! God Bless each of you as you embark upon this incredible journey with us! 7 Days begins on Monday, September 8th!