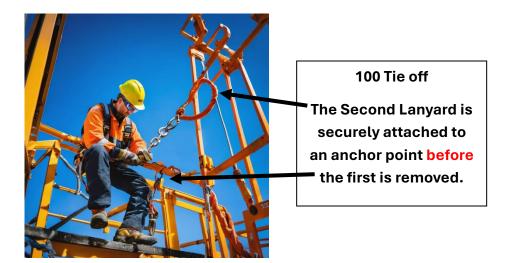


Fall Protection - 100% tie off

March 3, 2025

A worker was working out of a manlift and as he was climbing out of the basket to secure another anchor point, he slipped and fell. He was securely anchored to the basket and only fell a minimal distance and was able to climb back into the basket.



100% tie off

100% tie off means that the fall protection user is continuously connected to an approved anchorage point while working at heights. This uninterrupted connection ensures that if a fall were to occur, the fall arrest system would activate, preventing the user from hitting the ground or any lower-level obstructions.

Always maintain one tie-off:

Connect only one leg of the lanyard to an anchor point at a time while moving between anchor points.

Transitioning between anchors:

When moving to a new anchor point, attach the new leg before detaching the old one.

Secure the unused leg:

When not in use, properly clip the unused leg of the lanyard to a designated attachment point on your harness.

In the case above a potentially life-altering event was prevented because the worker was wearing fall protection and using 100% tie off as required.