



FIRST AID & BLOODBORNE PATHOGENS

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Purpose

The purpose of this program is to define the minimum requirements for providing **First Aid** on a Validus Energy worksite and protecting Validus Energy employees from exposure to **Bloodborne Pathogens**.

Scope

This program applies to all employees and worksites operated by Validus Energy.

Process

Validus Energy employees are not expected to provide First Aid above their level of training.

Universal Precautions shall be always used while performing First Aid or cleaning blood and body fluids.

Adequate First Aid supplies shall be easily accessible where required.

If an employee performs first aid or is exposed to blood or bodily fluids, the Potential Exposure Form (Appendix 1) must be completed and submitted to EHS

Responsibilities

Leadership	Commit to, follow, and reinforce the requirements set forth in this program. Provide sufficient resources for implementation.
Supervisors	Ensure Validus employees have the knowledge and skills to follow this program. Ensure that employees know how to access Axiom or local first responders.
EHS	Provide guidance on First Aid and Bloodborne Pathogens. Facilitate training as necessary. Ensure First Aid supplies are accessible.
Validus Employees	Complete training and adhere to the requirements set forth in this program. Do not perform First Aid if you are not trained to do so. Treat all blood & body fluids with Universal Precautions .



Definitions

First Aid - help given to a sick or injured person until full medical treatment is available.

Bloodborne Pathogens or BBP- means pathogenic microorganisms that are present in human blood and can cause disease in humans. These pathogens include, but are not limited to, hepatitis B virus (HBV) and human immunodeficiency virus (HIV).

Contaminated- means the presence or the reasonably anticipated presence of blood or other potentially infectious materials on an item or surface.

Decontamination- the use of physical or chemical means to remove, inactivate, or destroy Bloodborne Pathogens on a surface or item to the point where they are no longer capable of transmitting infectious particles and the surface or item is rendered safe for handling, use, or disposal.

Occupational Exposure- reasonably anticipated skin, eye, mucous membrane, or parenteral contact with blood or other potentially infectious materials that may result from the performance of a Worker's duties.

Universal Precautions – Assuming all blood and/or body fluid is **Contaminated**.

Policies

First Aid

First Aid Kits shall be conspicuously marked, stocked regularly and equipped with protective gloves.

Care for minor First Aid cases (such as small wounds, including minor scrapes, burns and cuts) shall be self-rendered.

Emergency medical facilities located in Validus Energy's operating areas are noted on the Emergency Response tab of Validus.Energy.

Important Numbers

Validus Employees can call Axiom Medical 24 Hours a day to reach an on-call nurse that can help provide First Aid measures and discuss treatment options. The number is 1-877-502-9466 and can be found on the employee resources page of Validus.Energy.

The emergency response page of Validus.Energy has a list of local emergency numbers and first responders.



Eyewash Requirements

Where the eyes or body of any person may be exposed to injurious corrosive materials, a safety shower and/or eye wash or other suitable facilities shall be provided within the work area.

Note: If not plumbed, ensure water is sanitized and expiration dates are visible.

Bloodborne Pathogens

There is no anticipated **Occupational Exposure** to Bloodborne Pathogens.

No needles or sharps are provided for use in the normal course of business. All personal needles with valid prescriptions shall be disposed of properly.

Following any contact with bodily fluids, blood or any other infectious materials, employees shall wash their hands and any other exposed skin with soap and water as soon as possible.

All equipment or environmental surfaces shall be cleaned and decontaminated after contact with blood or other infectious materials.

Gloves must be worn whenever employees anticipate hand contact with potentially infectious materials or when handling or touching contaminated items or surfaces.

Cleaning Up of Blood/Body Fluid

The following is the protocol to clean up incidental blood/body fluid spills in the workplace:

- Block off the area so no other people are exposed.
- Put on gloves and other PPE.
- Wipe up as much of the fluid as possible with absorbent towels. Always work from the outside of the fluid and move inward to avoid any spread.
- Pour a 10% bleach mixture (1 part bleach to 9 parts water) over the affected area.
- Let the bleach sit for 20 minutes.
- Wearing gloves, use fresh paper towels to wipe up all the bleach and remaining spill.
- If there are any sharp objects that need to be picked up, do not use your hands. Use a broom and dustpan to safely remove anything that could cut your skin.
- Disposable clean-up materials including all PPE should go into a sealed container or plastic bag labeled as biohazard to warn anyone who encounters the bag that it contains human waste that could be hazardous or harmful. Double bag if necessary.
- Dispose of infectious waste in compliance with the local department of health guidelines.
- When you are finished, thoroughly wash your hands with soap and water.
- Exposure incidents shall be reported to the Validus Energy safety advisor and documented in the company incident notification system.

Training

Validus Energy employees will receive annual awareness training on First Aid and Bloodborne Pathogens

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Appendix 1

Potential Exposure Form



Potential Exposure Form

This form must be completed after a first aid incident where blood or other potentially infectious materials were present. Notify EHS upon completion.

An **exposure incident** is defined as a specific eye, mouth or other mucous membrane, non-intact skin, or parenteral contact with blood or other potentially infectious materials. Parenteral contact means piercing mucous membranes or the skin through needlesticks, human bites, cuts or abrasions.

Date of Incident: _____ Time: _____ AM or PM

Location of Incident: _____

Name(s) of Injured Person(s): _____

Name(s) First Aid Responders Who Rendered Assistance: _____

Briefly describe the first aid incident: _____

Did an exposure incident occur? Circle YES or NO. If yes, the list name(s) of exposed persons and describe the nature of the exposure (type and source of bloodborne pathogen, how contact occurred, extent of exposure, clean up of exposed area). _____

Do you want a medical evaluation, HBV vaccination and medical follow-up? Circle YES or NO.

Exposed Employee's Name: _____ Date: _____



Change Log

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