



PIZZAEXPRESS UAE MENU ALLERGEN MATRIX

DOES IT CONTAIN?

ALLERGENS															Dietary Choices		Comments
PRODUCTS INDEX	Gluten	Dairy	Egg	Fish	Crustacean	Molluscs	Soya	Sulphites	Sesame	Celery	Mustard	Peanut	Tree Nuts Products	Lupin	Suitable for Vegetarians	Suitable for Vegans	
SOUP AND STARTER																	
Lentil & Carrot Soup	✓	✓					✓								YES	NO	Available GF without Garlic Baguette
Burrata & Pomodoro Bruschetta	✓	✓					✓						✓		YES	NO	Soy & Nuts (Pesto Genovese)
Loaded Potato Dippers	✓	✓	✓												NO	NO	Egg (Chicken Tenders)
Classic Potato Dippers	MCT	✓													YES	NO	Might Contain Traces of Gluten as same oil is used for frying gluten-containing food.
Truffle & Chicken Potato Dippers	✓	✓	✓												NO	NO	Egg (Chicken Tenders)
Crispy Sweet Potato Fries	MCT	✓	✓				✓				✓				YES	NO	Might Contain Traces of Gluten as same oil is used for frying gluten-containing food.
"PizzaExpress" Dynamite Prawns	✓	✓	✓		✓		✓		✓	✓	✓				NO	NO	Sesame (Dynamite Sauce)
DoughBalls "PizzaExpress"	✓	✓					✓								YES	NO	
Chicken Wings - Barbeque Sauce	✓	✓					✓	✓			✓				NO	NO	Dairy & Soy (Butter)
Chicken Wings - Lemon & Herb	✓		✓								✓				NO	NO	
Chicken Wings - Spicy Toasted Garlic & Rosemary	✓														NO	NO	
Chicken Wings - Buffalo	✓	✓					✓								NO	NO	Dairy & Soy (Butter)
Calamari with Pesto Mayo	✓	✓	✓			✓	✓				✓		✓		NO	NO	Dairy, Egg, Soy, Mustard & Cashew Nuts (PestoMayo)
Roasted Plum & Burrata Salad		✓						✓					✓		YES	NO	
Cheese Poppers	✓	✓													YES	NO	
Hawaiian Hot Dough Balls	✓	✓					✓								NO	NO	
Garlic Bread with Mozzarella	✓	✓					✓								YES	NO	
SHARING STARTER																	
La Grande Platter	✓	✓	✓			✓	✓				✓		✓		NO	NO	
Doppio Dough Balls (with Pesto Ross0, Pesto Genovese & Garlic Butter)	✓	✓					✓						✓		YES	NO	Soy (Butter), Cashew (Pesto Genovese), Walnuts (Pesto Rosso)
Chicken Wings Platter	✓	✓	✓				✓	✓			✓				NO	NO	Dips: Rosemary Chilli Garlic (No Allergen), Italian Tomato Dip & Buffalo Sauce (Dairy & Soy), Barbeque Sauce (Dairy, Soy, Mustard & Sulphites); Honey Mustard (Gluten, Mustard, Sulphites) Lemon & Herb (Egg, Mustard)
SALAD																	
Grand Chicken Caesar	✓	✓	✓								✓				NO	NO	Mustard & Egg (House Dressing), Gluten & Soy (Croutons)
Avocado & Quinoa Salad	✓							✓			✓				YES	NO	Gluten, Mustard, Sulphites (Honey Mustard Dressing). Contains Honey, hence not suitable for Vegan.
Beetroot & Feta Salad		✓											✓		YES	NO	Nuts (Walnuts)
Superboost			✓								✓				NO	NO	Egg & Mustard (House Dressing)

CLASSIC PIZZA																		
Margherita	✓	✓					✓								YES	NO	Can be prepared "Vegan" By using "Vegan Mozzarella"	
American	✓	✓					✓			✓	✓				NO	NO	Soy (Carlo, Pepperoni) & Mustard (Pepperoni), Celery (Chicken Pepperoni)	
Giardiniera	✓	✓					✓								YES	NO		
Meat Lovers	✓	✓					✓		✓		✓				NO	NO	Sesame (Italian Beef Sausage), Mustard (Italian Beef Sausage, Pepperoni)	
Chicken Tandoori	✓	✓					✓				✓				NO	NO	Mustard (Tandoori Chicken)	
Arabizza	✓	✓					✓								NO	NO		
Burrata	✓	✓					✓								YES	NO		
Sloppy Giuseppe	✓	✓					✓		✓		✓				NO	NO	Sesame, Mustard (Italian Beef Sausage)	
Carbonara	✓	✓	✓				✓								NO	NO		
ROMANA PIZZA																		
Smokey BBQ Chicken	✓	✓					✓	✓			✓				NO	NO	Mustard & Sulphites (Barbecue Sauce)	
Garlic Prawns Pizza	✓	✓			✓		✓								NO	NO		
Diavolo	✓	✓					✓		✓		✓				NO	NO	Sesame (Italian Beef Sausage), Mustard (Pepperoni, Italian Beef Sausage)	
Porcini & Truffle	✓	✓					✓								YES	NO	Truffle Cream contains Gluten	
Paneer Tikka Pizza	✓	✓					✓				✓				YES	NO		
Margherita Bufala	✓	✓					✓								YES	NO		
Four Season Speciale	✓	✓		✓			✓				✓		✓		NO	NO	Mustard (Pepperoni), Cashew (Pesto Genovese)	
BBQ Burnt End	✓	✓	✓				✓	✓			✓				NO	NO	Sulphites (Barbecue Sauce)	
Pollo Forza	✓	✓					✓								NO	NO		
Hawaii-not?	✓	✓					✓								NO	NO	Bechamel Sauce contains Gluten	
SPECIALITY PIZZA																		
Calabrese	✓	✓					✓						✓		NO	NO	Cashew Nuts (Pesto Genovese), Dairy also present in Spicy Beef Salami	
PASTA & RISOTTO																		
King Prawns Piccante	✓	✓			✓										NO	NO		
Porcini & Truffle	✓	✓					✓								YES	NO	Truffle Cream also contains Gluten, Soy (Butter)	
Contadina	✓	✓					✓								NO	NO	Soy (Butter)	
Arrabbiata con Buffala	✓	✓													YES	NO		
Bolognese	✓	✓					✓			✓					NO	NO	Soy & Celery (Bolognese Sauce)	
Pollo Piccante	✓	✓					✓								NO	NO		
Creamy Cajun Chicken	✓	✓					✓								NO	NO	Soy (Butter)	
Chicken & Pesto	✓	✓					✓						✓		NO	NO	Treenuts (Cashew)	
Carbonara	✓	✓	✓				✓								NO	NO		
Pollo é Pesto Risotto		✓					✓			✓			✓		NO	NO	Celery (Risotto), Treenuts (Walnuts & Cashew)	
Truffle Mushroom Risotto	✓	✓					✓			✓					YES	NO	Gluten (Mushroom Sauce), Celery (Risotto)	
Beef Lasagna	✓	✓					✓			✓					NO	NO		

DESSERTS																		
Dough Balls with Nutella	✓	✓	✓				✓						✓		YES	NO	Hazelnut (Nutella)	
Chocolate Fudge Cake	✓	✓	✓												YES	NO		
Vanilla Cheesecake	✓	✓	✓				✓								YES	NO		
Mango Glazed Cheesecake	✓	✓	✓				✓								YES	NO		
Tiramisu	✓	✓	✓												YES	NO		
Pistachio Brownie Overload	✓	✓	✓				✓	✓					✓		YES	NO	Nuts (Pistachio, Almond, Coconut)	
Speculoos Molten Cake	✓	✓	✓				✓						✓		YES	NO	Nuts (Pistachio, Almond, Coconut)	
Belgian Vanilla Ice Cream		✓	✓												YES	NO		
Belgian Chocolate Ice Cream		✓	✓				✓								YES	NO		
Pistachio Ice Cream		✓	✓										✓		YES	NO	Nuts (Pistachio, Almond, Coconut)	
REFRESHERS																		
Tropical Trio		✓													YES	NO		
Raspberry Mojito															YES	YES		
Basil & Ginger Lemonade															YES	YES		
PizzaExpress Punch															YES	YES		
Mango Passion Sparkle															YES	YES		
Strawberry Mojito															YES	YES		
Passion Fruit Virgin Mojito															YES	YES		
Fresh Juices															YES	YES		

Vegetarian: (Lacto-Ovo): Avoid meat, fish and poultry or products containing these foods; but do consume dairy and egg products.

MCT: Might Contain Traces

NOTE:

Your safety is of the utmost importance to us. Our allergen menu details information on our ingredients and dishes. Please let the team know if you have any allergen or dietary requirements.

Although, appropriate controls have been implemented while handling and preparing food, unfortunately as our suppliers handle numerous ingredients and allergens, and our dishes are handmade in busy kitchens, it is not possible for us to guarantee that they are 100% allergens/contaminants free.

Non-veg food (Chicken & Seafood) is fried in same fryer that can potentially lead to seafood cross-contamination.

Vegan Cheese contain Coconut Oil. Allergen Labeling and Consumer Protection Act (FALCPA) recognizes coconut as a tree nut.