

BREAKFAST MENU ALLERGEN INFORMATION

DOES IT CONTAIN?																	
PRODUCTS INDEX	ALLERGENS													Dietary Choices		Comments	
	Gluten	Milk/Dairy	Egg	Fish	Crustacean	Molluscs	Soya	Sulphites/ Sulphur dioxide	Sesame	Celery	Mustard	Peanut	Tree Nuts Products	Lupin	Suitable for Vegetarians		Suitable for Vegans
EGGS YOUR WAY (Sunny Side Up, Scrambled or Omelette)																	
EGGS YOUR WAY (Sunny Side Up, Scrambled or Omelette)	✓	✓	✓				MCT		✓				MCT		YES	NO	Gluten, Sesame, MCT (Soya, Nuts) from Multigrain Bread
Multi Grain Toasted Bread	✓	MCT	MCT				MCT		✓				MCT		YES	NO	
Spinach Omelette																	
Spinach Omelette	✓	✓	✓				MCT		✓				MCT		YES	NO	Gluten, Sesame, MCT (Egg, Soya, Nuts) from Multigrain Bread
Shakshuka	✓	✓	✓				MCT								YES	NO	Gluten (Bread)
Gondola PizzaExpress	✓	✓	✓				MCT								NO	NO	Not vegetarian because of Veal Bacon
Avo on Toast	✓	MCT	MCT				MCT		✓				MCT		YES	YES	Gluten, Sesame, MCT (Egg, Soya, Nuts) from Multigrain Bread
French Toast with Nutella	✓	✓	✓				✓		MCT				✓		YES	NO	Soy (Nutella), Sesame MCT from Brioche Bread

NOTE: Dishes might contain traces of Dairy & Sesame coming from Oregano and Black Pepper

Your safety is of the utmost importance to us. Our allergen menu details information on our ingredients and dishes.

Although, appropriate controls have been implemented, unfortunately, as all the products are produced in an environment that handles Nuts & Gluten, it is not possible for us to guarantee our busy kitchens are 100% allergen/contamination free.

Approved By: QA Manager

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