



MAIN MENU 2023 - ALLERGEN MATRIX

| DOES IT CONTAIN? | | | | | | | | | | | | | | | | | Dietary Choices | | Comments |
|--|--------|------------|-----|------|------------|----------|------|-----------|--------|--------|---------|--------|--------------------|-------|--------------------------|---------------------|--|--|----------|
| ALLERGENS | | | | | | | | | | | | | | | | | | | |
| PRODUCTS INDEX | Gluten | Milk/Dairy | Egg | Fish | Crustacean | Molluscs | Soya | Sulphites | Sesame | Celery | Mustard | Peanut | Tree Nuts Products | Lupin | Suitable for Vegetarians | Suitable for Vegans | | | |
| | | | | | | | | | | | | | | | | | | | |
| SOUPS AND STARTERS | | | | | | | | | | | | | | | | | | | |
| Lentil & Carrot Soup | ✓ | ✓ | | | | | ✓ | | | | | | | | YES | NO | Available GF without Garlic Bread, Soy (Baguette Bread) | | |
| Cream of Chicken Soup | ✓ | ✓ | | | | | ✓ | | | ✓ | | | | | NO | NO | Soy (Baguette Bread) | | |
| Burrata & Pomodoro Bruschetta | ✓ | ✓ | | | | | ✓ | | | | | | ✓ | | YES | NO | Nuts (Pesto genovese), Soy (Baguette Bread) | | |
| Loaded Potato Dippers | | ✓ | ✓ | | | | | MCT | | | ✓ | | | | NO | NO | Egg, Mustard & Might Contain Traces of Sulphites (Chipotle Mayo) | | |
| Potato Dippers | | ✓ | | | | | | | | | | | | | YES | NO | | | |
| Dough Balls PizzaExpress with Garlic Butter | ✓ | ✓ | | | | | MCT | | | | | | | | YES | NO | | | |
| King Prawn Supremi | | | | | 0 | | | | | | | | | | NO | NO | | | |
| Calamari with Pesto Mayo | ✓ | ✓ | ✓ | MCT | MCT | ✓ | MCT | | | MCT | ✓ | | ✓ | | NO | NO | Nuts & Mustard (PestoMayo) | | |
| Garlic Bread Cheese Trio | ✓ | ✓ | | | | | MCT | | | | | | | | YES | NO | | | |
| Hot Honey Doughballs | ✓ | | | | | | MCT | | | | | | | | YES | NO | Not suitable for Vegans as it contains Honey | | |
| Spicy Chicken Wings | | | | | | | ✓ | | | | | | | | NO | NO | | | |
| Barbeque Chicken Wings | | ✓ | | | | | ✓ | | | ✓ | | | | | NO | NO | | | |
| Honey Chilli Basil Chicken Wings | | | | | | | ✓ | | | | | | | | NO | NO | | | |
| Share the Flair Platter | ✓ | ✓ | ✓ | | | ✓ | | | | | ✓ | | ✓ | | NO | NO | | | |
| Doppio Dough Balls (with Pesto Rosso0, Pesto Genovese & Garlic Butter) | ✓ | ✓ | | | | | MCT | | | | | | ✓ | | YES | NO | Pine nuts (Pesto Genovese), Walnuts (Pesto Rosso) | | |
| SALADS | | | | | | | | | | | | | | | | | | | |
| Pollo Milanese | ✓ | ✓ | | | | | | | | | | | ✓ | | NO | NO | Nuts (Pesto Genovese) | | |
| Beetroot Buddha Bowl | | | | | | | | ✓ | ✓ | | | | | | YES | YES | Sesame (Hummus), Sulphites (Balsamic) | | |
| Grand Chicken Caesar | ✓ | ✓ | ✓ | | | | MCT | | | | ✓ | | | | NO | NO | Mustard & Egg (HouseDressing), Gluten & Soy (Croutons) | | |
| Superboost | | | ✓ | | | | | | | | ✓ | | | | NO | NO | Egg & Mustard (House Dressing) | | |
| Burrata & Rocket Salad | | ✓ | | | | | | ✓ | | | | | | | YES | NO | Sulphites (Balsamic) | | |
| CLASSIC PIZZAS | | | | | | | | | | | | | | | | | | | |
| Meat Lovers | ✓ | ✓ | | | | | ✓ | | | | ✓ | | | | NO | NO | | | |
| American | ✓ | ✓ | | | | | ✓ | | | | ✓ | | | | NO | NO | Soy (Carlo & Pepperoni) & Mustard (Pepperoni) | | |
| Arabizza | ✓ | ✓ | | | | | ✓ | | | | | | | | NO | NO | | | |
| Apollo | ✓ | ✓ | | | | | | | | | ✓ | | | | NO | NO | Mustard (Tandoori Chicken) | | |
| Burrata | ✓ | ✓ | | | | | ✓ | | | | | | | | YES | NO | | | |
| Carbonara | ✓ | ✓ | ✓ | | | | ✓ | | | | | | | | NO | NO | Egg (Cage-Free Egg & Carbonara Sauce) | | |
| Quatro Formaggi | ✓ | ✓ | | | | | ✓ | | | | | | | | YES | NO | | | |
| Giardiniera | ✓ | ✓ | | | | | | | | | | | | | YES | NO | | | |
| Margherita | ✓ | ✓ | | | | | ✓ | | | | | | | | YES | NO | Can be prepared "Vegan" By using "Vegan Mozzarella" | | |
| VEGAN PIZZAS | | | | | | | | | | | | | | | | | | | |
| American Jack | ✓ | | | | | | ✓ | | | | | | ✓ | | YES | YES | | | |
| Giardiniera | ✓ | | | | | | ✓ | | | | | | ✓ | | YES | YES | | | |
| Margherita | ✓ | | | | | | | | | | | | ✓ | | YES | YES | | | |
| Porcini & Truffle | ✓ | | | | | | ✓ | MCT | | | | | ✓ | | YES | YES | Might contain allergen traces are from Truffle Cream | | |
| ROMANA PIZZAS | | | | | | | | | | | | | | | | | | | |
| American Hottest | ✓ | ✓ | | | | | ✓ | | | | ✓ | | | | NO | NO | Mustard (Pepperoni) | | |
| Diavolo | ✓ | ✓ | | | | | ✓ | | | | ✓ | | | | NO | NO | Mustard (Pepperoni) | | |
| Pescatore | ✓ | ✓ | | | ✓ | ✓ | ✓ | | | | | | | | NO | NO | | | |
| Hawaii-not? | ✓ | ✓ | | | | | ✓ | | | | | | | | NO | NO | | | |
| Pollo Forza | ✓ | ✓ | | | | | ✓ | | | | | | | | NO | NO | | | |
| Porcini & Truffle | ✓ | ✓ | | | | | | MCT | | | | | MCT | | YES | NO | Might contain allergen traces are from Truffle Cream | | |
| Paneer Tikka | ✓ | ✓ | | | | | ✓ | | | | ✓ | | | | YES | NO | Mustard (Paneer Tikka) | | |
| Triple Chilli Cheese | ✓ | ✓ | | | | | ✓ | | | | | | | | YES | NO | | | |
| Margherita Bufala | ✓ | ✓ | | | | | ✓ | | | | | | | | YES | NO | | | |
| LEGGERA PIZZAS | | | | | | | | | | | | | | | | | | | |
| Mare e Monti | ✓ | ✓ | | | ✓ | | ✓ | ✓ | | | | | | | NO | NO | Sulphites (Balsamic) | | |
| Pomodoro Pesto | ✓ | ✓ | | | | | ✓ | ✓ | | | | | ✓ | | YES | NO | | | |
| Pollo Forza | ✓ | ✓ | | | | | ✓ | ✓ | | | | | | | NO | NO | | | |
| SPECIALITY PIZZA | | | | | | | | | | | | | | | | | | | |
| Calabrese | ✓ | ✓ | | | | | ✓ | | | MCT | | MCT | ✓ | | NO | NO | Nuts (Pesto Genovese) | | |
| PASTA | | | | | | | | | | | | | | | | | | | |
| Contadina | ✓ | ✓ | | | | | | | | | | | | | NO | NO | | | |
| King Prawns Piccante | ✓ | ✓ | | | ✓ | | | | | | | | | | NO | NO | | | |
| Frutti di Mare | ✓ | | | | ✓ | ✓ | | | | | | | | | NO | NO | | | |
| Porcini & Truffle | ✓ | ✓ | | | | | | | | | | | | | YES | NO | | | |
| Arrabbiata con Bocconcini | ✓ | ✓ | | | | | | | | | | | | | YES | NO | | | |
| Creamy Cajun Chicken | ✓ | ✓ | | | | | | | | | | | | | NO | NO | | | |
| Pollo Piccante | ✓ | ✓ | | | | | | | | | | | | | NO | NO | | | |
| Carbonara | ✓ | ✓ | ✓ | | | | MCT | | | | | | | | NO | NO | | | |
| Bolognese | ✓ | ✓ | | | | | ✓ | | | | ✓ | | | | NO | NO | Soy & Celery (Bolognese Sauce) | | |
| BeefLasagna | ✓ | ✓ | | | | | ✓ | | | | ✓ | | | | NO | NO | | | |
| DESSERTS | | | | | | | | | | | | | | | | | | | |
| Basque Burnt Cheesecake | ✓ | ✓ | ✓ | | | | | | | | | | MCT | | YES | NO | | | |
| Tiramisu | ✓ | ✓ | ✓ | | | | | | | | | | MCT | | YES | NO | | | |
| Honeycomb Cheesecake | ✓ | ✓ | ✓ | | | | | | | | | | MCT | | YES | NO | | | |
| Dough Balls with Nutella | ✓ | ✓ | | | | | ✓ | | | | | | ✓ | | YES | NO | Hazelnut (Nutella) | | |
| Chocolate Fondant | ✓ | ✓ | ✓ | | | | ✓ | | | | | | ✓ | | YES | NO | | | |
| Chocolate Fudge Cake | ✓ | ✓ | ✓ | | | | | | | | | | MCT | | YES | NO | | | |
| Vanilla Ice Cream | | ✓ | | | | | | | | | | | | | YES | NO | | | |
| Belgian Chocolate Ice Cream | | ✓ | | | | | | | | | | | | | YES | NO | | | |
| REFRESHERS | | | | | | | | | | | | | | | | | | | |
| Passion Fruit Virgin Mojito | | | | | | | | | | | | | | | YES | YES | | | |
| Cucu-Mint Cooler | | | | | | | | | | | | | | | YES | YES | | | |
| Blue Pea Mojito | | | | | | | | | | | | | | | YES | YES | | | |
| Watermelon Punch | | | | | | | | | | | | | | | YES | YES | | | |
| Tropicana Kick | | | | | | | | | | | | | | | YES | YES | | | |
| Fresh Juices | | | | | | | | | | | | | | | YES | YES | | | |

Vegetarian: (Lacto-Ovo): Avoid meat, fish and poultry or products containing these foods; but do consume dairy and egg products.
MCT = May Contain Traces

NOTE: All Vegan Cheeses contain Coconut Oil.
Dishes might contain traces of Dairy & Sesame coming from Oregano and Black Pepper.
Our Pasta might contain traces of Soy.

Your safety is of the utmost importance to us. Our allergen menu details information on our ingredients and dishes.
Although, appropriate controls have been implemented, unfortunately, as all the products are produced in an environment that handles **Nuts & Gluten**, it is not possible for us to guarantee our busy kitchens are 100% allergen/contamination free.

| Approved By: Head of QA & FS | | | | Page Sequence |
|------------------------------|-----------------|----------------|--|---------------|
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| PE-DOC-AM- AC | 1 | July, 2023 | | 2 of 2 |