

VALUES

I have put the long list of over 200 values into categories. Please take these as suggestions, you may find that you would put them into a different category based on your individual perspective.

This list is also not complete or exhaustive by any means.

Please know that when you decide to narrow down your list of values it doesn't mean you don't find all the values you circled important. Everything you feel is important actually IS important, but it's good to know what your top value is.

Consider rewriting the core values as actions. So instead of fun, write it as "having fun" or "feeling a sense of fun".

Start by circling any value that resonates.

See if you can group values into categories that make sense to you.

Narrow down your values into top 10, possibly top 5 remembering that values are fluid and flexible.

Integrity	Feelings, cont.	Achievement, Cont.
Accountability	Grace	
Candor	Gratitude	Achievement
Commitment	Happiness	Accomplishment
Dependability	Hope	Capable
Dignity	Inspiring	Challenge
Honesty	Irreverent	Competence
Honor	Joy	Credibility
Responsibility	Kindness	Determination
Sincerity	Love	Development
Transparency	Optimism	Drive
Trust	Passion	Effectiveness
Trustworthy	Peace	Empowerment
Truth	Poise	Endurance
	Respect	Excellence
Feelings	Reverence	Famous
Acceptance	Satisfaction	Greatness
Comfort	Serenity	Growth
Compassion	Thankful	Hard Work
Contentment	Tranquility	Improvement
Empathy	Welcoming	Influence

Intensity	Clever	Giving
Leadership	Common Sense	Goodness
Mastery	Decisiveness	Harmony
Motivation	Foresight	Humility
Performance	Genius	Loyalty
Persistence	Insightful	Maturity
Potential	Knowledge	Meaning
Power	Learning	Selfless
Productivity	Logic	Sensitivity
Professionalism	Openness	Service
Prosperity	Realistic	Sharing
Recognition	Reason	Spirit
Results-Oriented	Reflective	Stewardship
Risk	Smart	Support
Significance	Thoughtful	Sustainability
Status	Understanding	Teamwork
Success	Vision	Tolerance
Talent	Wisdom	Unity
Victory		
Wealth	Spirituality	Strength
Winning	Adaptability	Ambition
Creativity	Altruism	Assertiveness
Creation	Balance	Boldness
Curiosity	Charity	Confidence
Discovery	Communication	Dedication
Exploration	Community	Discipline
Expressive	Connection	Ferociousness
Imagination	Consciousness	Fortitude
Innovation	Contribution	Persistence
Inquisitive	Cooperation	Power
Intuitive	Courtesy	Restraint
Openness	Devotion	Rigor
Originality	Equality	Self-reliance
Uniqueness	Ethical	Temperance
Wonder	Fairness	Toughness
Intelligence	Family	Vigor
Brilliance	Fidelity	Will
	Friendship	Freedom
	Generosity	

Independence
Individuality
Liberty

Surprise

Courage
Bravery
Conviction
Gearless
Valor

Order
Accuracy
Careful

Order, cont.

Certainty
Cleanliness
Consistency
Control
Decisive
Economy
Justice
Lawful
Moderation
Organization
Security
Structure
Thorough
Timeliness

Presence

Alertness
Attentive
Awareness
Beauty
Calm
Clear
Concentration
Focus
Silence
Simplicity
Solitude

Health

Energy
Fitness
Physical strength
Vitality

Enjoyment

Amusement
Enthusiasm
Experience
Fun
Playfulness
Recreation
Spontaneous