

# the GENESIS PROCESS

APRIL 26- 29, 2021

with Alan and Amy Muia

## CONTACT US

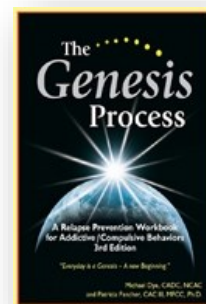
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Register for this course at:  
[www.NERRecovery.org/events](http://www.NERRecovery.org/events)



## CONFERENCE LOCATION

This is a full Genesis Counselor Training conducted live via Zoom. Registrants must install the Zoom app prior to the training start. Login information and instructions will be sent to participants upon registration.



For more information on the Genesis Process,  
visit [www.genesisprocess.org](http://www.genesisprocess.org)

Join Genesis Associates Alan and Amy Muia for a live, four-day intensive Genesis Training via Zoom, Monday—Thursday April 26—29, 2021.

We'll explore the roots of destructive patterns that keep others—and ourselves—trapped in cycles of bondage: workaholism, food, anxiety, codependency, sex, shopping, alcohol, porn, substances, and other self-comforts.



We'll tackle questions like: How do addictions and compulsions function in the brain? Why is it so hard to get free, despite our promises and resolve? How do false beliefs contribute to our stuck behaviors? How do destructive patterns get started? What's the role of trusting relationships in healing? How can we get free? And how can we best help those who are struggling, without enabling?

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## THE GENESIS PROCESS

THE GENESIS PROCESS provides a functional and neurochemical understanding of what's broken—what causes self-destruction and self-sabotage. If we don't first understand what's broken, how can we devise a recovery plan that works? The goal of The Genesis Process and Programs, through relapse prevention best practices, principles of neurochemistry, life skills, and emotional healing, is to make possible the successful restoration of broken lives.

The Genesis Process Workbook, when facilitated by a certified Genesis Process counselor, has proven successful in diverse settings. While the main focus of the Genesis Process is to serve those suffering from substance use disorder, it is easily adaptable to other self-destructive behaviors. Grounded in Biblical understandings, the process is also sensitive to each client's personal spiritual journey.

## COURSE CONTENT

- Neurochemistry's impact on pervasive and unconscious relapse
- Uncovering and challenging faulty beliefs that drive destructive behavior
- Turning mistakes into opportunities for growth—including relapses
- Addressing root causes of behavior
- Predicting relapse with the FASTER scale: understanding and interrupting "dry relapse" patterns
- Assessing the client's willingness and capacity to change
- Developing a sustainable, successful relapse prevention lifestyle
- Administering spiritual and emotional healing
- Promoting client ownership of recovery through self-discovery questions
- From isolation to community: the importance of trust, safe connections, and accountability

## WHO CAN BENEFIT?

This training is designed for lay persons, pastors, or agency/ministry workers who want to guide individuals through the one-on-one Genesis process. It is also open to those who want to explore their own addictions or stuck places; family members or friends who want to gain a greater understanding of why their loved ones are struggling; and anyone who wants to better understand how addiction works.

## WHAT TO EXPECT

This is a four-day intensive, interactive Zoom seminar that includes individual and partner exercises. The training runs 8 hours per day, with extensive evening homework. Participants will be assigned same-gender partners in virtual breakout rooms for partner exercises.

Each participant brings a "stuck area" that he or she desires to work on during the week. We are most effective as helpers when we practice vulnerability and are actively seeking healing for our own issues.

In the training, you'll learn effective problem-solving techniques built around a comprehensive, ten-process client workbook and step-by-step counselor's guide. You will also become eligible for the Genesis Process Certification, after completing two client case studies.

## PRESENTERS

Genesis Associates **Alan and Amy Muia** worked for many years as chaplains in their local county jail with struggling and addicted individuals. For the past ten years, they have served as the founders and directors of New Earth Recovery, a residential recovery program in Mount Vernon, WA, where they oversee three homes utilizing Genesis tools. Holding advanced degrees in education and years of pastoral experience, they enjoy teaching the Genesis principles in congregations, agencies, and community groups. They are passionate about helping others gain freedom from shame, isolation, and addictions of all kinds. For more information, visit [www.NERRecovery.org](http://www.NERRecovery.org).

## REGISTRATION

### Course fees:

- \$450/early registration (on or before April 19, 2021)
- \$500/late registration (after April 19, 2021)
- \$250 Alumni rate (certificate of completion required)
- \$50 cancellation fee

Register online and pay for the course at:

[www.NERRecovery.org/events](http://www.NERRecovery.org/events)

You may also register by sending a check (made payable to Muia Consulting):

New Earth Recovery  
PO Box 1473  
Mount Vernon, WA 98273

### Schedule:

- Check-in begins 8:00 am (Pacific Time) on Monday, April 26.
- Course runs Monday-Thursday, 8:30 am—5:30 pm (PST).
- Fellowship and Q & A every morning @ 8:00 am
- We'll enjoy breaks for coffee and an hour lunch break each day.

