

Mud and Worms

Ingredients

3 cups flour

1 cup cocoa powder

1 cup brown sugar

1 cup white sugar

$\frac{1}{4}$ cup chocolate syrup
(optional)

3 cups water

Noodles boiled in
water and black food
colouring

Gummy worms

Equipment

Pie trays

Method

1. Mix together all the ingredients.
2. If the mixture seems too thick, add more water.
3. Add the 'worms' to the mud.
4. Children can make their own mud pies using the pie trays.

