

Agreement between Naturally Her Nutrition, LLC "(NHN, LLC)" and {clientFull}(Client) whereby Tiffany Gonzalez (Coach) agrees to provide Coaching Services focused on helping the Client discover ways to make improvements in specific areas of life that lead to satisfying Client goals.

Coach Name

First Name Last Name

Client Name

First Name Last Name

Client Full Name *

First Name Last Name

Client Email: *

example@example.com

Date *

Month Day Year

RESPONSIBILITIES

1. Coach agrees to maintain the ethics and standards of behavior set by the Association for Coaching " (AC)" global code of ethics.

<http://www.associationforcoaching.com/page/AboutCodeEthics>

2. Client is responsible for creating and implementing his/her own physical, mental and emotional well-being, decisions, choices, actions and results. As such, the Client agrees that the Coach is not and will not be liable for any actions or inaction, or for any direct or indirect result of any services provided by the Coach. Client understands coaching is not therapy and does not substitute for therapy if needed, and does not prevent, cure, or treat any mental disorder or medical disease.

If the Client is under the care of another counselor, therapist, psychologist, psychotherapist or mental health professional, please let the Coach know the nature of the work being done. It would also be advised that the Client lets this mental health care provider understand the nature and extent of the coaching relationship agreed upon by the Client and Coach.

3. The Client acknowledges that coaching is a comprehensive process that may involve different areas of his or her life, including work, finances, health, relationships, education and recreation. The Client agrees that deciding how to handle these issues, incorporate coaching principles into those areas and implementing choices is exclusively the Client's responsibility.

4. Client understands that coaching is not to be used as a substitute for professional advice by legal, mental, medical or other qualified professionals and will seek independent professional guidance for such matters. If Client is currently under the care of a mental health professional, Coach will recommend that Client inform the mental health care provider.

5. Client agrees to communicate honestly, be open to feedback and assistance, and create the time and energy to participate fully in the program.

6. Client acknowledges that he/she may terminate or discontinue the coaching relationship at anytime. Payment will still be owed in full.

SERVICES

This agreement, between Naturally Her Nutrition, LLC and the above-named client, will begin on date signed until terminated date of coaching package.

SCHEDULE AND FEES

Client agrees to pay Naturally Her Nutrition, LLC all fees and payment for services.

The calls/meetings shall be 45-60 minutes in length. If rates change before this agreement has been signed and dated, the prevailing rates will apply.

PROCEDURE

The time of the coaching meetings and/or location will be determined by Coach and Client based on a mutually agreed upon time. The Coach will initiate all scheduled calls and will call the Client at the following number for all scheduled meetings:

Phone Number

Area Code

Phone Number

If the Client will be at any other number for a scheduled call, Client agrees to notify coach prior to the scheduled appointment time.

Calls that are more than 10 minutes late will be considered missed/cancelled and will be subject to the cancellation policy.

CONFIDENTIALITY

This coaching relationship, as well as all information (documented or verbal) that the Client shares with Naturally Her Nutrition, LLC as part of this relationship, is bound to confidentiality by the AC code of ethics but is not considered a legally confidential relationship (as in Medicine or Law). Naturally Her Nutrition, LLC agrees not to disclose any information pertaining to the Client without the Client’s written consent. NHN, LLC will not disclose the Client’s name as a reference without the Client’s consent. Confidential information does not include information that: (a) was in Coach’s possession prior to its being furnished by the Client; (b) is generally known to the public or in the Client’s industry; (c) is obtained by Coach from a third party, without breach of any obligation to the Client; (d) is independently developed by Coach without use of or reference to the Client’s confidential information; or (e) that Coach is required by law to disclose.

The coach might request to post on social media to track your progress and highlight your hard work. This will only be done with consent from client. Signature will be required.

SPONSORSHIP:

If primary payment comes from a party other than Client, or Client is a minor, Client agrees that Coach may discuss coaching sessions, billing information, and other information regarding the coaching agreement with the client’s sponsor(s), listed below. Client reserves the right to request that certain information shall not be disclosed and Coach agrees to operate in good faith by consulting the Client before discussing sensitive information.

Sponsor / Parent Name

Sponsor / Parent Name

In the event of the Client divulging information deemed to be a risk to him/herself and/or others, Coach may be legally responsible to notify a professional mental health caretaker and/or other appropriate personnel.

Do you agree?

- YES
- NO

Please Initial: *

Client Refuses (please initial): *

RELEASE OF INFORMATION

The Coach engages in training and continuing education pursuing and/or maintaining AC Credentials. That process requires the names and contact information of all Clients for possible verification by the AC. By signing this agreement, you agree to have only your name, contact information and start and end dates of coaching shared with AC staff members and/or other parties involved in this process for the sole purpose of verifying the coaching relationship, no personal notes will be shared.

Do you agree?

- YES
- NO

Please Initial: *

Client Refuses (Please initial): *

According to the ethics of our profession, topics may be anonymously and hypothetically shared with other coaching professionals for training, supervision, mentoring, evaluation, further coach professional development and/or consultation purposes.

CANCELLATION POLICY

Client agrees that it is the Client's responsibility to notify the Coach 48 hours in advance of the scheduled calls/meetings. Naturally Her Nutrition, LLC reserves the right to bill Client for a missed meeting. Coach will attempt in good faith to reschedule the missed meeting.

After 2 no shows or cancellations, the Coach reserves the right to add cancellation and/or no show fees to the client's bill. This will be a maximum of \$75 per missed visit in addition to payment for the services rendered.

TERMINATION

Either the Client or Coach may terminate this agreement at any time with two (2) weeks written notice. Payment for services will still be collected in full regardless of the termination of services.

LIMITED LIABILITY

Except as expressly provided in this agreement, Naturally Her Nutrition, LLC makes no guarantees or warranties, express or implied. In no event will Naturally Her Nutrition, LLC be liable to the Client for consequential or special damages. Notwithstanding any damages that the Client may incur, Naturally Her Nutrition, LLC entire liability under this agreement, and the Client's exclusive remedy, will be limited to the amount paid by the Client to Naturally Her Nutrition, LLC under this agreement for all services rendered up until the termination date.

This is the entire agreement of the parties, and reflects a complete understanding of the parties with respect to the subject matter. This agreement supersedes all prior written agreements, oral representations, discussions, or understandings.

If a dispute arises out of this agreement that cannot be resolved by mutual consent, the Client and Coach agree to attempt to mediate in good faith for up to thirty (30) days after notice given. If the dispute is not resolved, and in the event of legal action, the prevailing party shall be entitled to recover attorney's fees and court costs from the other party.

Client, Sponsor (if applicable), and Coach each sign the Client Agreement on or before their first coaching appointment; each party retains a copy for their records and submits an electronic copy to Naturally Her Nutrition, LLC

Client:

First Name Last Name

Client Sponsor Name:

First Name Last Name

Coach Name

First Name Last Name

Signature
