

Summer Schedule

MON & WED KIDS' MORNING JIU-JITSU

9AM: 10-13 yr olds

10AM: TEENS

TUES & THURS KIDS' MORNING JIU-JITSU

8AM: TEENS

9AM: 4-9 yr olds

NOTE: Summer Schedule will start on Mon, 7/5/21-Until school starts.

No regular Sat classes during summer. Saturday will be reserved for Adult Open Mat, Tournaments & possible camps.

Active students are welcome to mornings and evening classes. Afternoon/Evening class hours will remain the same

FRIDAY JIU-JITSU KIDS & ADULTS

9AM: 4-9yr olds

10AM: 10-13 yr olds

11am- Teens & Adults

FRIDAY MUAY THAI

10AM: TEENS & ADULTS

11AM: 7-13 yr olds