

IMPORTANT DATES AT NEUTRAL GROUNDS

Summer Kids' Morning Classes & Summer Schedule

WHEN: 6/16/22-08/15/22

No Gi Training

4-8 yr olds Mon- Wed 9am-10am

9-13 yr olds Tues & Thurs 9am-10am

(evening classes will remain the same)

Friday Classes Same as current Sat Schedule & NO SATURDAY CLASSES

First Friday of the month- Youth Competition Class at 5pm

(For students interested in Competition)

Weekend Adult Open Mat-Please confirm with coaches

(be in group text, ask Coaches)

BELT CEREMONY SAT 8/6/22 AT 11AM-1PM No Regular Classes

COACH JOE'S ADVANCE WRESTLING CAMP focusing on 'LegRiding':

7/25/22-8/12/22

(more info on website: ngbjj.com)

