



LITTLE PLANTS FAMILY DAYCARE FOOD MENU

11/3-11/7

MONDAY 11/3

Breakfast: Mini Pancakes with Strawberries

AM Snack: Rice Cakes

Lunch: Egg Salad Sandwich on Joseph Wrap with Carrots and Hummus

TUESDAY 11/4

Breakfast: Scrambled Eggs with Whole Wheat Toast and Kiwi

AM Snack: Granola Bars

Lunch: Turkey and Cheese Wrap with Cucumber and Cherry Tomatoes

WEDNESDAY 11/5

Breakfast: Oatmeal with Blueberries

AM Snack: Yogurt

Lunch: Pasta with Olive Oil and Parmigiana Cheese with Green Beans and Carrots

THURSDAY 11/6

Breakfast: Cheerios with Bananas

AM Snack: Clementines

Lunch: Chicken Nuggets with Broccoli Florets, Apple Sauce with Wheat Bread

FRIDAY 11/7

Breakfast: Bagel with Jelly and Apple Slices

AM Snack: Wheat Thins

Lunch: Ham and Potato soup with Corn and Oyster Crackers