

Irritable Bowel Disease MMAS (IBD-MMAS-8™)

Preface

You indicated that you are taking medication for your diabetes. Individuals have identified several issues regarding their medication taking behavior and we are interested in your experiences. There is no right or wrong answer. Please answer each question based on your personal experience. Please answer each question below by checking the box that best describes your response.

1. Do you sometimes forget to take your IBD pills?

☐ Yes ☐ No

2. People sometimes miss taking their insulin or take less than prescribed for reasons other than forgetting. Thinking over the past 2 weeks, were there any times when you did not take your medication?

☐ Yes ☐ No

3. Have you ever cut back or stopped taking your medication without telling your doctor, because you felt worse when you took it?

☐ Yes ☐ No

4. When you travel or leave home, do you sometimes forget to bring along your IBD medication?

☐ Yes ☐ No

5. Did you take your IBD medicine yesterday?

☐ Yes ☐ No

6. When you feel like your IBD symptoms are under control, do you sometimes stop taking your medication?

☐ Yes ☐ No

7. Taking medication every day is a real inconvenience for some people. Do you ever feel hassled about sticking to your IBD treatment plan?

☐ Yes ☐ No

8. How often do you have difficulty remembering to take your IBD medications?

☐ Rarely/Never ☐ Once in a while ☐ Sometimes ☐ Usually ☐ Always