

Caregiver Pediatric Behavioral Snapshot – 8 items (CP-BSA-8™)

You help take care of a child who has a health condition requiring regular treatment, such as medications or a care routine. We want to know about your experience in the past week. There are no right or wrong answers, please respond honestly. Your answers provide a snapshot of how you manage pediatric care responsibilities.

1. Missed Care

In the past week, have there been times when you forgot to give your child their medication or follow their care routine?

☐ No ☐ Yes, once ☐ Yes, more than once

2. Planned but Missed Care

In the past week, were there days when you intended to give care or medication but didn't follow through?

☐ No ☐ Yes, once ☐ Yes, more than once

3. Symptom-Driven Adjustment

Have you ever skipped a dose or changed your child's care plan because they felt worse or resisted, without consulting a healthcare provider?

☐ No ☐ Yes, once ☐ Yes, more than once

4. Contextual Lapse

When routines were disrupted by school, travel, or other events, did you sometimes forget to provide your child's care or medication?

☐ No ☐ Yes, once ☐ Yes, more than once

5. Recent Compliance

For the last scheduled care instance or medication dose, did you provide it as planned?

☐ No ☐ Yes, once ☐ Yes, more than once

6. Intentional Reduction

When your child seemed to be doing better, did you sometimes reduce care or skip doses without professional guidance?

☐ No ☐ Yes, once ☐ Yes, more than once

7. Burden Perception

Did you feel stressed, overwhelmed, or tired by keeping up with your child's daily care needs?

☐ No ☐ Yes, once ☐ Yes, more than once

8. Consistency / Memory

In the past week, did you have trouble remembering or keeping track of your child's treatment plan or care schedule?

☐ No ☐ Yes, once ☐ Yes, more than once

Please speak with your healthcare provider if you have questions about your medications or if there are things making it difficult to take them as prescribed. Adherence is a journey, not a test—your answers help illuminate the path.