

Osteoporosis MMAS (O-MMAS-8™)

Preface

You indicated that you are taking medication for your osteoporosis. Individuals have identified several issues regarding their medication taking behavior and we are interested in your experiences. There is no right or wrong answer. Please answer each question based on your personal experience. Please answer each question below by checking the box that best describes your response.

1. Do you sometimes forget to take your prescription osteoporosis medication (i.e. other than calcium and vitamin D)?

☐ Yes ☐ No

2. People sometimes miss taking their medication for reasons other than forgetting. Thinking over the past 2 weeks, were there any times when you did not take your osteoporosis medication?

☐ Yes ☐ No

3. Have you ever cut back or stopped taking your osteoporosis medication without telling your doctor, because you felt worse when you took it?

☐ Yes ☐ No

4. When you travel or leave home, do you sometimes forget to bring along your osteoporosis medication?

☐ Yes ☐ No

5. Did you take your osteoporosis medication the last time you were supposed to?

☐ Yes ☐ No

6. If you feel that your osteoporosis medication is not working, do you sometimes stop taking your medication?

☐ Yes ☐ No

7. Taking medication exactly as prescribed is a real inconvenience for some people. Do you ever feel hassled about sticking to your osteoporosis treatment plan?

☐ Yes ☐ No

8. How often do you have difficulty remembering to take all your medications?

☐ Never ☐ Rarely ☐ Sometimes ☐ Often ☐ Always