

Caregiver Pediatric MMAS-8 (CP-MMAS-8™)

Preface

You help take care of a child who has a health condition that needs regular treatment, like taking medicine or following a care routine. We'd like to know how it's been going for you. There are no right or wrong answers — just your honest experience over the past 2 weeks.

1. Do you sometimes forget to give your child their medicine or follow their care routine?
☐ Yes ☐ No
2. People sometimes miss giving care for reasons other than forgetting. In the past 2 weeks, were there any days you didn't give your child their medication or skipped their care?
☐ Yes ☐ No
3. Have you ever skipped a dose or changed your child's care plan without telling the doctor because your child felt worse when they took it?
☐ Yes ☐ No
4. When things get busy or routines change (like school, travel, etc.), do you sometimes forget to give your child their medicine or care?
☐ Yes ☐ No
5. Did you give your child their treatment the last time you were supposed to?
☐ Yes ☐ No
6. When your child seems to be doing better, do you sometimes stop the treatment or give it less often?
☐ Yes ☐ No
7. Some caregivers feel stressed or tired about keeping up with a child's care every day. Do you ever feel this way?
☐ Yes ☐ No
8. How often do you have trouble remembering or managing your child's treatment plan?
☐ Never ☐ Rarely ☐ Sometimes ☐ Often ☐ Always

Please speak with your healthcare provider if you have questions about your medications or if there are things making it difficult to take them as prescribed. Adherence is a journey, not a test—your answers help illuminate the path.