

Insulin MMAS (I-MMAS-8™)

Preface

You indicated that you are taking medication for your diabetes. Individuals have identified several issues regarding their medication taking behavior and we are interested in your experiences. There is no right or wrong answer. Please answer each question based on your personal experience. Please answer each question below by checking the box that best describes your response.

1. Do you sometimes forget to take your insulin?

☐ Yes ☐ No

2. People sometimes miss taking their insulin or take less than prescribed for reasons other than forgetting. Thinking over the past 2 weeks, were there any times when you did not take your prescribed insulin?

☐ Yes ☐ No

3. Have you ever cut back or took less of your insulin without telling your doctor, because you felt worse when you took it or wanted to avoid other negative consequences of taking insulin?

☐ Yes ☐ No

4. When you travel or leave home, do you sometimes forget to bring along your insulin?

☐ Yes ☐ No

5. Did you take all your as prescribed the last time you were supposed to?

☐ Yes ☐ No

6. When you feel like your diabetes is under control, do you sometimes take less of your insulin than prescribed?

☐ Yes ☐ No

7. Taking insulin every day is a real inconvenience for some people. Do you ever feel hassled about sticking to your insulin regimen?

☐ Yes ☐ No

8. How often do you have difficulty remembering to take all your insulin?

☐ Never ☐ Rarely ☐ Sometimes ☐ Often ☐ Always