



# STRESS-FREE TRAVEL PACKING LIST



## CARRY-ON ESSENTIALS

- PASSPORT/VISAS
- TRAVEL DOCS/ITINERARY
- WALLET
- CASH, CREDIT CARDS
- SNACK
- GUM
- HEAD PHONES (noise cancel)
- neck PILLOW
- EYE MASK
- JACKET
- MOISTURIZER
- LIP BALM
- SANITIZING WIPES/TISSUES
- REFILLABLE WATER BOTTLE
- CAMERA/BATTERIES/CHARGERS
- LAPTOP
- SMARTPHONE
- CHARGERS/CABLES
- POWER BANK
- GLASSES/CONTACTS/SUNGLASSES
- CHANGE OF CLOTHES
- BOOK/MAGAZINE/PEN



## PACK IN SUITCASE FOR DAY TRIPS

- DAY BAG/BACKPACK
- LARGE TOTE (FOR TOWELS/SHOES)
- LAUNDRY BAG
- UNDERWATER CAMERA  
(LITHIUM BATTERIES STAY IN CARRY-ON)
- SELFIE STICK/TRIPOD
- WATERPROOF PHONE CASE
- WATER SHOES
- SNORKEL GEAR
- INFLATABLE FLOAT TOYS
- UMBRELLA
- RAINCOAT
- HATS
- SCARF
- GLOVES



## EXTRAS

- AIR TAG
- PRE TSA/GLOBAL ENTRY
- TRAVEL INSURANCE
- TRAVEL PLUG ADAPTER
- EXTENSION CORD



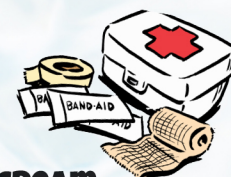
## CLOTHES-SUITCASE PACKING

- T-SHIRTS
- FLANNEL SHIRT
- SWEATSHIRT/HOODY
- DRESS SHIRT
- SWEATER
- JACKET
- CASUAL/HIKING PANTS
- SWEAT PANTS
- DRESS PANTS/BELT
- SHORTS
- DRESSES
- SWIMSUITS
- PAJAMAS
- FLIP FLOPS/SANDALS
- SNEAKERS
- WATERPROOF HIKING BOOTS
- DRESS SHOES
- THERMAL LAYERS
- UNDERWEAR
- SOCKS
- BRAS



## HEALTH/FIRST AID

- AIRBORNE
- ASPIRIN
- BAND-AIDS/ANTIBACTERIAL CREAM
- BUG SPRAY
- COLD/FLU TABLETS
- COUGH DROPS
- FEMININE PRODUCTS
- HYDRATION POWDER
- IMODIUM
- NAIL FILE
- PRESCRIPTION DRUGS
- SEA SICK MEDS
- SUN BLOCK/LIP SUNBLOCK TOO
- VITAMINS



## TOILETRIES

- TOOTH BRUSH/TOOTH PASTE/FLOSS
- DEODORANT
- BRUSH/COMB/STYLING PRODUCTS
- RAZOR
- MOISTURIZER/LOTION (TRAVEL SIZE)
- SHAMPOO/CONDITIONER/SPRAY/GEL
- MAKE-UP/REMOVER WIPES
- EAR PLUGS

