

Ask us about our Infrared Sauna Dry Heat products for preparation to maximize the effectiveness of your treatment.



Our LED mat has obtained FDA Class 2 medical device certification, ensuring safety, speed, and effectiveness. Your safety is our top priority.

From head to toe, it covers every inch of your skin, delivering complete rejuvenation, anti-aging, reducing muscle ache, relieves stress, weight loss, body detox.



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# INFRARED DRY HEAT SAUNA

Ask about products to maximize results

### **Alleviate Body Pain**

Infrared Saunas Dry Heat reduces pain by penetrating tissues, soothing muscles, and decreasing nerve sensitivity.

### **Reduce Inflammation**

Target inflammation at the source, reduce swelling and promoting healing in affected areas.

## **Boost skin health**

Enhances skin tone and texture, reduces signs of aging by stimulating collagen production.

### **Accelerate body recovery**

Speeds up the body natural healing process, aids in quicker recovery from physical exertion.

## Promote brain health

Improves cognitive function and mental clarity by increasing blood flow and reducing oxidative stress in the brain

## **Improve Athletic Results**

Enhances athletic performance by reducing muscle fatigue and improving overall physical endurance.

Warnings: do not use these products over open and bleeding wounds or new tattoos.

## **LED LIGHT THERAPY MASK**

The LUMA light therapy mask is the use of photodynamic theory which activates in the deep cells and improves metabolism. After the light is absorbed by the skin, the light can be converted into energy within the cells.

## FULL BODY INFRARED DRY HEAT SAUNA

Infrared Sauna Dry Heat is like a skin refreshment, working on the surface to help with wrinkles and giving you a younger look. Infrared therapy goes deeper, like a light-based massage for your muscles and joints, helping with detox, pain relief, relaxation, and better sleep. Combining both offers a full wellness package, treating everything from the inside to the outside.

## Consult your physician:

- Suspect you may be or are planning to become pregnant
- If you have cancer or cancerous lesions
- If you had symptoms related to epilepsy when exposed to flashing lights
- Take steroid medication
- Under the care of a physician for a preexisting health condition
- Have recently had surgery, LASIK or PRK eye surgery

#### **PRICING**

## **Infrared Dry Sauna**

15 minutes \$22.50

20 mins \$25.00

30 mins \$30.00

## **Therapy Mask**

\$5 for 10 minutes

We recommend using Infrared Sauna dry heat 3-4 times a week during the first month to kick start the results. Then followed by 2-4 sessions per week until desired results are achieved.

Because the success of Sauna Infrared dry heat sauna depends on the frequency that it is used it is important to maintain a consistent treatment schedule for additional results and upkeep.



Using any one of our approved products inside the sauna will help tighten/tone skin, reduces fine lines/wrinkles/cellulite, along with vitamin C facial serum.