



## Weekly Announcements

Sunday, May 4, 2025

Worship Service

### “Eight Hours”

Rev. Rebecca Froom and Elizabeth Foster

Sunday, May 4, 10:30 am, in-person and livestream

In this service we reflect on the legacy of May Day and International Workers Day. Decades ago laborers campaigned for a rhythm of life with “Eight hours for work, eight hours for rest, and eight hours for what you will.” How can we embody and advocate for healthy rhythms of work and rest in our own lives and larger society? This multigenerational service reflects on these themes through stories, songs, and reflection questions.

Join by computer: <https://uso2web.zoom.us/j/82251479714>

Join by telephone: 1-646-558-8656, Meeting ID: 822 5147 9714

### Writing Group

Sunday, May 4, 12:00 pm, in-person

We welcome everyone to join us in a free writing session and optional sharing of our words that pursue thinking on a theme. This is a non-critiqued, open minded, generous group that encourages self-expression in a supportive gathering. You can attend one or more sessions. No reservation is required. Groups tend to vary in size between 6 and 14 participants, and the session lasts for forty-five minutes to one hour. Our Writing Group usually meets in person on the first Sunday of the month in the parlor at 12:00 pm. There are no meetings in January or June. Contact facilitator Leslie Simpson at 617-448-9645.

### Minns Lectures

April 30, May 8, May 14, in-person and online

Register today for the 2025 Minns Lectures. This April-June, Minns is excited to host several vibrant conversations with prominent UU ministers and innovative thinkers to tell new stories about UU history, from the Civil War to today.

- A three-lecture series: Deconstructing Mythologies of Unitarian Anti-Racism: Rev. Dr. Wayne Arnason, April 30, St. Paul, MN; Rev. Lisa Friedman, May 8, Rochester, NY; and Rev. Dr. Mark Morrison-Reed, May 14, Boston, MA.
- A two-part discussion and clip screening of the feature documentary “Why Are You You” about Young Religious Unitarian Universalists (YRUU) with filmmakers from Linden Tree Productions, June 14, Boston, MA, and at General Assembly in Baltimore, MD.

Find out more and RSVP to join online by Zoom or in-person at: [minnslectures.org/upcoming-lectures](https://minnslectures.org/upcoming-lectures)

### Save the Date: Chili and Trivia

Saturday, May 10, 6:00–9:00 pm, in-person

The Stewardship Committee invites you to a chili cook-off, and trivia night fundraiser on Saturday May 10<sup>th</sup>. Match your wits and your culinary skills with the UFPC community while we share some fun and raise some funds for our congregation. UFPC’s own Stephen DeBisschop will serve as our Quizmaster for the evening. Tickets will be \$10-\$20 sliding scale donation (children free) and will come with five tickets for the raffle items.

A cash bar of upscale sodas will be available. Tickets will go on sale April 27<sup>th</sup> along with a sign-up for the chili cook-off (and cornbread bake-off). If you are interested in volunteering for the event or contributing a raffle item, please contact Karl DeBisschop at [kdebisschop@gmail.com](mailto:kdebisschop@gmail.com).

### **Poetry Group**

Tuesday, May 13, 7:00 pm, in-person

Poetry can speak to our deepest feelings and thoughts. It can give us an Ah Ha moment. At times, beautiful images transport us to a different place. The Poetry Group meets each month in person on the second Tuesday from 7:00 pm - 8:30 pm in the Parish Hall. Bring a poem or two you would like to share with the group. Each participant will read a poem out loud. Then the members will discuss their personal responses. Coffee and tea will be provided. For more information, email Albert Vaughn at [vaughn.albert@icloud.com](mailto:vaughn.albert@icloud.com).

### **Save the Date: Annual Meeting**

Sunday, May 18, 12:15 pm, in-person and online

The Board of Governors invites members and pledging friends to attend United First Parish Church's Annual Meeting on Sunday, May 18<sup>th</sup> at 12:15 pm. In this meeting we will hear updates on important projects, vote on our budget for the coming year, and elect new members to our Board of Governors, Committee on Ministry, and Nominating Committee. Childcare will be provided.

### **Kindred Spirits Discussion Group for Seniors**

Tuesday, May 20, 10:30 am–12:00 pm, in-person

Join us for a monthly discussion group, grounded in our UU values, where we reflect on current events and pressing social issues. This group is open to seniors aged 60+ and will meet on the third Tuesday of the month at our church. We will meet in the parish hall. Coffee and tea are provided. Please contact Rev. Rebecca Froom at [rev.rebecca.froom@gmail.com](mailto:rev.rebecca.froom@gmail.com) or 617-803-1159.

### **Book Group**

Thursday, June 5, 7:00 pm, on Zoom

The Book Group meets on the first Thursday of the month from 7:00 to 8:30 pm, with a gap in December and in summer. All members and friends are welcome to join us. We will conduct our meetings via Zoom. Each year, we choose a variety of genres and forms. You are welcome to come even if you have not finished the book. For the complete list of books for this year, visit our website: <https://ufpc.org/book-group>.

The book this month is "American Rambles: A Walk of Memory and Renewal" by Neil King. A stunning, revelatory memoir about a 330-mile walk from Washington, DC to New York City—an unforgettable pilgrimage to the heart of America across some of our oldest common ground. Determined to rediscover what matters in life and to see our national story with new eyes, King turned north with one mission in mind: To pay close attention to the land he crossed and the people he met. The journey travels deep into America's past and present, uncovering forgotten pockets and overlooked people.

Join by computer: <https://uso2web.zoom.us/j/83582134326>

Join by telephone: 1-646-558-8656, Meeting ID: 835 8213 4326

### **History and Visitors Program**

Our History and Visitors program officially started the 2025 tour season on Monday, April 21. They are open seven days a week until Tuesday, November 11 and then close for the winter. The hours are 11:00 am to 4:00 pm, Monday through Saturday and 12:00 pm to 4:00 pm on Sunday. We have fifteen docents this season, mostly

volunteers, from inside and outside of the congregation. Drop by for a tour of our historic church, if you have not already done so [or even if you have].

### **Turn in Your Pledge Forms**

In this year's stewardship campaign, we reflected on the financial future of our congregation and what we find meaningful about our congregation through the theme "Sharing the Good News of UFPC." You can still turn in your Pledge Intention Form (for July 2025-June 2026) by putting your form in the Stewardship Box in the church office or mailing it to the church at the below address.

United First Parish Church, Unitarian Universalist  
1306 Hancock Street, Quincy, Massachusetts 02169, 617-773-1290  
[office@ufpc.org](mailto:office@ufpc.org), [www.ufpc.org](http://www.ufpc.org), [www.facebook.com/ufpc/uu](https://www.facebook.com/ufpc/uu)

Office Hours: Monday, Tuesday, Thursday and Friday 8:00 am–1:00 pm or by appointment.