

## **Minister's Message**

By Rev. Rebecca Froom

"Sometimes in the Spring when the frost has come out of the ground and before the rains have caused it to settle, there is a time when it is easier than any other time of the year to pull rocks out of the ground. It's a monolithic magic moment. The ground seems to pull away from the rocks and they sit loose. If you can get a bar under them or a chain around them, they can be eased out." –Rev. Reb McCall, Blue Hill, Maine

All around us Spring is bursting forth, from the small crocuses in full flower to the tiny leaves that are beginning to sprout from forsythia and maple trees. Daffodils are blooming abundantly outside our sanctuary windows, lifting their yellow faces towards the sun. There is an almost overwhelming beauty to these early spring days as the earth itself reminds us that renewal and new life is possible, is present, is powerful.

For all the colorful beauty of spring, this is also a messy, muddy time of the year – literally and metaphorically. Yes, hope and renewal can be found all around us, from the holy stories of Passover and Easter, to those triumphant daffodils, to the growing number of people who have been vaccinated. But we experience all this beauty and hope alongside the grief, fear, and suffering caused by Covid-19, racism, exploitative economies, and climate change. There are so many heavy rocks on our road to a just, compassionate, and healthy society. What will it take to move these rocks?

The last year has illuminated in new ways the structural inequalities and the oppressive violence that has been present in our society for generations. The ground upon which our country is built is scattered with the heavy rocks of injustice. In this muddy season, at the turning point of this pandemic, Spring reminds us that change, and transformation is possible, but it takes hard work. We are in a pivotal moment in our personal lives, our communities, and our church. As our society begins to reopen, how will we move forward in a values-based way? What choices will we make for how we spend our time and our money? As we re-enter our schools, our favorite restaurants, our sanctuaries, and the living rooms of our beloveds, how will we nourish kindness, inclusivity, justice, and compassion in our relationships and communities?

Here at United First Parish Church, we are creating a taskforce to create reopening plan as we begin to return to our building. The work of this taskforce will be twofold 1) to create policies that will allow for us to safely return to our building and 2) to make the shift to "multi-platform" ministry that is grounded in our covenant and furthers our mission and vision. Our experiences with remote church these last 13 months have shown that gathering online is an important tool for inclusive, accessible, engaging ministry. As we slowly return to our building, we know that we will continue to have an engaging and dynamic online presence, and we know that how we gather in-person will also be influenced by all that we learned doing remote church.

As spring continues to blossom before us, let us create space in our lives for joy, hope, and beauty, even while we continue to do the hard and messy work of easing rocks out of the muddy roads before us.

#### **REflections**

By Joan McDonald, DRE

"We need to do a better job of putting ourselves higher on our own 'to do' list." —Michelle Obama

Sometimes we are so driven by and preoccupied with duties, tasks, work and family obligations, just surviving that we forget about the commitment we have to ourselves. How can we maintain that drive to get all that stuff off our never-ending "to do list?" When do we take a moment to check in with ourselves? When do we really listen to what our bodies are telling us?

During the Q and A in a recent seminar for Human Resource Managers on the pandemic and the mental health impacts on our workforce, I mentioned that for months I was suffering from insomnia that had developed over the fall and was at its height in January—When I mentioned the insomnia to my doctor, they prescribed a medication that I would have had to take over a long period of time and then slowly wean off. All I was looking for was a solution to restart my normal sleep pattern. A simple change to a new PCP (who listens), a new prescription (and advice on how to use it safely) and the January 20th inauguration and my sleep pattern has returned to normal. Back to the seminar leader—she said there are three things we should pay attention for our own health and mental health. 1) Sleep - no less than 5 hours a day; 2) Exercise - at least 30 minutes a day; 3) Eating healthy - How much of our food intake comes from a bag, box or some other package? We so often pay attention to everyone else rather than ourselves and it can wear us down.

What gives you strength during the hard times? Especially when you are limited by the pandemic and its effects on your movements, your family, community, and world. When I create my children's chapels, I often lead a meditation on mindfulness. I ask the children to pay attention to their breathing, pay attention to their body in relation to their breathing and in relation to the space they are in and ultimately paying attention to our bodies when we are feeling happy, sad, angry, etc. Recently, Lea Morris, who creates a song and discussion for Soul Matters every month, used a saying attributed to the Buddha "The foot feels the foot when it feels the ground." Even children can wonder and understand this simple statement. From simply placing your foot on the floor—or touching the bottom of your foot—you can experience the concept. Moving beyond the foot—you can understand that this simple statement is asking you to pay attention to your body and even our nature when we are confronted with pressure, feeling or resistance. Making a commitment to whole yourself can start by being mindful of how you are eating, sleeping and moving—by paying attention to how our bodies and minds are responding to everyday activities and stresses, by being aware of how our whole selves are changed by the continued isolation we are experiencing in this pandemic. If you have a chance to listen to this Metta meditation (https://vimeo.com/415942091), I shared in one of my children's chapels put to music by Mark David Buckles who teaches, and leads, a version of the Buddhist Metta (lovingkindness) prayer.

May you be happy. May you be well. May you be safe. May you be peaceful and at ease.

## **Notes from the Board of Governors**

By Lisa Howe, President

The BOG is hard at work keeping things moving forward as we continue to meet remotely. It has been a year since we all started holing up in our homes and meeting on Zoom for our worship services. We have been through so much as a congregation, and I am amazed at our resilience and strength as a community. It is encouraging to know that there are vaccines being administered and there is a light at the end of the tunnel – even if we're not quite sure how long the tunnel is.

Members of the BOG are meeting monthly to discuss the UUA's report "Widening the Circle of Concern" that addresses racial inequity within our denomination. The report contains practical recommendations on how to make our congregation more welcoming to all. This is hard and important work that we are committed to. If you are interested in the report, or the work we are doing, please reach out to me or Rebecca for more information.

It's also important to remember the hard work that was done to make our church welcoming to members of the LGBTQ+ community. We continue to encourage people to name their pronouns when they introduce themselves, and when they name themselves in zoom meetings. We also want to remind everyone that this naming is a way to make our spaces safe and to ensure that everyone is welcome at UFPC.

It is good to remember that the language we use can be a bridge and an opening to widen our circle and create a community where we are all welcome.

## **Update from StandOut 4 Black Lives**

By Claire Fitzmaurice

Sharp-eyed readers will note that we are refining the name of our group. There was some confusion. While we are happy and fervent allies, we are not officially a member of BLM/Black Lives Matter. Our action is our StandOut. As a courtesy to the several Quincy groups that agitate for Social Justice and Equity, Mimi Balsamo, myself and several leaders thought it best to distinguish ourselves.

Our first StandOut was September 24<sup>th</sup>! My how the weeks and months have flown by! The vibe has fluctuated as the Election and post-Election seasons passed though it remained consistent: a lot of excitement, plenty of support and some opposition. We continue our non-violent peaceful witness for anti-racism and social justice. The winter weather has been bearable. The upside of global warming is that we were snowed out only once. So far. We are gratified by the new folks who stand out as their schedules allow. We meet new allies on Holidays and School vacation weeks. Thank you to All for coming out!

The Quincy City Council has voted to support the creation of a Dept of Social Justice and Equity. Mayor Koch has not committed to its creation. The following is from a letter that I wrote to Mayor Koch on January 30<sup>th</sup> urging him to support the establishment of this new Department: "Being a part of the weekly StandOut on the steps of United First Parish Church has been instructive, encouraging and sometimes worrying. The majority of folks (all kinds - white, black, Asian, young, old) who respond to us are positive and supportive. Those who oppose are few but are white, angry, defensive and occasionally volatile. Some are hopped up on drugs, most on white grievance and resentment. This week, one fellow shouted at us, "You should be ASHAMED of yourselves! ASHAMED OF YOURSELVES!" Imagine that. Standing on the steps of a church bearing witness for Jesus's commandment, "You shall Love your neighbor as yourselves" and we ought to be ashamed for betraying our White Tribe. These are our fellow Quincy residents. Please watch the testimonials of citizens during the January 19<sup>th</sup> Council meeting. Creating a Dept for Social Justice and Equity will be hard but necessary work. Be bold. Be brave. Find the money to make it happen."

If you agree that it will be useful for the City of Quincy to have a designated and dedicated Department of Social Justice and Equity, please contact your Ward Councilor and Mayor Koch. Their email addresses, phone numbers and snail mail addresses are all available at <a href="www.quincyma.gov">www.quincyma.gov</a>. You will know which medium works best for you. Believe that your voice matters because it does! Thank you.

**ANNOUNCEMENTS** 

## **StandOut Quincy 4 Black Lives**

Thursdays, 3:30–5:30 pm, church front steps

UFPC is partnering with Quincy for Transformative Change for an initiative in support of Black Lives Matter. We meet on the church front steps weekly to bear peaceful witness and to advocate for justice and equity for our fellow citizens of color. You are invited to join our small but dedicated group. Kindly direct your questions to me at my cell 617-272-0274 or <a href="mailto:artclaire@comcast.net">artclaire@comcast.net</a>. Thank you, Claire Fitzmaurice.

#### **Fledgling Tales: UFPC Storytime**

Thursday, April 1 and 15, 7:00-7:30 pm, on Zoom

Every first and third Thursday at 7:00 pm—cozy up in your jammies, with your favorite stuffed animal, blanket and caring adult and join DRE Joan McDonald for a time of ritual and sharing for preschool and elementary school age children. We will share a chalice lighting, Joan will read a story, everyone will check in and a family or guest will share a favorite story. What is better than a couple of stories shared in community? **For everyone's safety a Zoom link will be emailed to our UFPC families weekly and new families may sign up to receive the link.** Joan can be reached at dre@ufpc.org.

## **Book Group**

Thursday, April 1, 7:00–8:30 pm, on Zoom

The UFPC Book Group meets on the first Thursday of every month from 7:00 to 8:30 pm, with a gap in summer and in December. All members and friends of UFPC are welcome to join us. We will meet on Zoom during the pandemic. We try to select a balance of styles, and this year we ended up with 4 non-fiction works and 5 works of fiction. You are welcome to come if you have not quite finished the book. Over the years we have had some practice at avoiding spoilers and it is always fun to have new voices.

Our April book selection is *Wayfinding: The Science and Mystery of How Humans Navigate the World* by M. R. O'Connor. In this compelling narrative, O'Connor seeks out neuroscientists, anthropologists and master navigators to understand how navigation ultimately gave us our humanity. Biologists have been trying to solve the mystery of how organisms have the ability to migrate and orient with such precision—especially since our own adventurous ancestors spread across the world without maps or instruments. O'Connor goes to the Arctic, the Australian bush and the South Pacific to talk to masters of their environment who seek to preserve their traditions at a time when anyone can use a GPS to navigate.

Join by computer: <a href="https://uso2web.zoom.us/j/86564868177">https://uso2web.zoom.us/j/86564868177</a>
Join by telephone: 1-646-558-8656, Meeting ID: 865 6486 8177

#### **UFPC Easter Egg Hunt and Family Social**

Saturday, April 3, 10:00–11:30 am, church garden

Please join DRE Joan McDonald for a Socially Distanced Easter Egg Hunt in the church garden area. All the treats, edible and non-edible, will be packed in the plastic eggs by Joan and all candy will be in prepackaged bags.

We will be limiting attendance to about 25 people at any time—but there is plenty of outdoor space to spread out—sit in the city park and on the church steps. Using the Commonwealth's guidance, masks are required for all adults, youth and children over 5 (children between age 2 and 5, the wearing of a face covering or mask is at the discretion of the child's parent or guardian) and children under 2 should not wear a face covering or mask.

Please RSVP to Joan at <u>dre@ufpc.org</u> or call/text 774-994-2310 with kids/youth names and ages and cell number (to text you in case I need to cancel due to weather).

#### "Sacred Reading: Holy Week and Easter"

Saturday, April 3, 4:00–5:00 pm, on Zoom

Join Rev. Rebecca on Zoom for an hour of contemplative reflection on poems, scripture, and prose about the Christian holidays of Holy Week and Easter. In our time together we listen for the insights we find in this holiday season that are meaningful to us at this moment in our lives.

Join by computer: <a href="https://uso2web.zoom.us/j/83147169427">https://uso2web.zoom.us/j/83147169427</a>
Join by telephone: 1-646-558-8656, Meeting ID: 831 4716 9427

### Children's Chapel

Thursday, April 8 and 22, church website

DRE Joan McDonald posts a new children's chapel video for our preschool to early elementary age children on the second and fourth Thursday of the month. The video is posted on the Religious Education page on our website: <a href="https://ufpc.org/religious-education">https://ufpc.org/religious-education</a>. The theme focus for this month is Becoming.

#### **Anti-Racism Book Group**

Thursday, April 8, 6:30-7:30 pm, on Zoom

The Anti-Racism Book Group is finishing up *Breathe: A Letter to My Sons* by Imani Perry on Thursday, April 8 from 6:30 to 7:30 pm. Please let Joan McDonald know if you are attending at <a href="mailto:dre@ufpc.org">dre@ufpc.org</a>.

Join by computer: <a href="https://us02web.zoom.us/j/84188051078">https://us02web.zoom.us/j/84188051078</a>
Join by telephone: 1-646-558-8656, Meeting ID: 841 8805 1078

# "Stand Up, Speak Out! Pan-Asian Solidarity Rally"

Saturday, April 10, 1:00 pm, Hancock-Adams Common

Quincy for Transformative Change will be holding a rally to lift the voices of our Asian community members and stand together to end anti-Asian racism and violence. This will take place in front of Quincy City Hall on Saturday, April 10 starting at 1:00 pm. We will have a lineup of speakers, including Quincy residents and community members who wish to share their personal experiences and stories.

## **Writing Group**

Sunday, April 11, 12:00 pm, on Zoom

Our UFPC Writing Group meets the first Sunday of the month [except in April] at noon. We will use Zoom links to gather online during the pandemic. As in the past, we welcome everyone to join us in a free writing session and optional sharing of our words that pursue thinking on a theme. This is a non-critiqued, open minded, generous group that encourages self-expression in a supportive gathering. You can attend one or more sessions. No advance reservation is required. Groups tend to vary in size between 6 and 14 participants, and the session lasts for 45 minutes to an hour. If you have any questions, do not hesitate to contact facilitator Jim Petosa at <a href="mailto:jimjamespeto@aol.com">jimjamespeto@aol.com</a> or at 301-442-3781.

Join by computer: <a href="https://uso2web.zoom.us/j/86170075449">https://uso2web.zoom.us/j/86170075449</a>
Join by telephone: 1-646-558-8656, Meeting ID: 861 7007 5449

## 2021 UU Advocacy Day

Tuesday, April 13, 11:00 am-4:00 pm, on Zoom

Community gathering at 11:00 am - 12:00 pm, meetings with legislators in the afternoon. Representatives at 1:00 pm, Senators at 2:30 pm [some meetings times may vary].

Join UU Mass Action for our annual UU Advocacy Day to live out our values by taking action! Crucial changes are needed in Massachusetts. Let's put our faith into action as we fight for Immigrant Justice, Climate and Environmental Justice, Economic Justice, Indigenous Justice and Decarceration and Ending Solitary Confinement. We'll have a community gathering to kick us off, and then participants will have virtual meetings with their Reps and Senators.

There are also two optional training opportunities to help you prepare for UU Advocacy Day: Wednesday, April 7, 6:00 pm - 7:30 pm or Thursday, April 8, 1:00 pm - 2:30 pm.

You can register for UU Advocacy Day and find out more about the event at <a href="https://www.uumassaction.org/newevents">https://www.uumassaction.org/newevents</a>. There is a lot of training and preparation that goes into UU Advocacy Day! We ask that you help the organizers by registering early! **Deadline to Register: April 6.** 

Note: We will have a live captioner for April 13. Please email Tali at <u>tsmookler@uumassaction.org</u> if you have other accessibility questions.

#### **Spring Staff Hours**

For the last 13 months our staff has been largely working from home out of respect for personal and public health. As Covid-19 case numbers decline and vaccinations increase some of our staff will be working from the building more consistently, though most staff will continue to work from home at least some of the time.

Our church office will be open on Mondays - Fridays from 8:00 am to 12:00 pm. David Bousquin, our Office and Property Manager, is available at additional times by appointment. David will work the remainder of his hours from home. You can reach David at office@ufpc.org or on his cell phone at 617-842-1706.

Rev. Rebecca Froom will be working from the church most Tuesdays, Thursdays, and Sundays with variable hours. She is available for in-person appointments on those days (masked and practicing social distancing). She is available by phone and Zoom Tuesdays, Wednesdays, Thursdays, and Sundays. You can schedule an appointment with Rev. Rebecca at <a href="https://calendly.com/rev-rebecca-froom">https://calendly.com/rev-rebecca-froom</a> or reach out to her by email at rev.rebecca.froom@gmail.com or on her cell phone at 617-803-1159.

Our Director of Religious Education, Joan McDonald, and our Music Director, Norman Corey, will continue to work the majority of their hours remotely.

## Join Our UFPC Zoom Worship Team

Every Sunday morning our online services are created by a team of staff and volunteers, serving in a variety of artistic and logistical roles. We'd love to expand our team! If you are interested in learning more about any of the following roles, please contact Jamie Grassmann, Chair of the Worship Committee, or Rev. Rebecca at <a href="rev.rebecca.froom@gmail.com">rev.rebecca.froom@gmail.com</a>. Some of the roles include:

- serving as a Digital Ushers who manages the Zoom waiting room and facilitates sharing during Joys and Sorrows
- running our slides and any multimedia through the screen share function on Zoom
- giving a chalice lighting reading
- providing music to be recorded ahead of time
- taking or sharing pictures of our UFPC building and grounds to be used in our worship slides
- editing audio or video files ahead of or following worship services

## **Chalice Lighters Wanted**

Rev. Rebecca and I would like to invite members and friends to volunteer to read a chalice lighting during our Sunday services. The theme for April is Becoming. Please let Joan McDonald know if you are interested at <a href="mailto:dre@ufpc.org">dre@ufpc.org</a>.

# Visitor Program Vignettes

By Bill Westland

Over the years the members of United First Parish Church have been fortunate to be able to listen to Norman skillfully play our historic Hook and Hastings organ every Sunday morning. Our 1666 Stone Meeting House and our 1732 Hancock Meeting House did not have organs. Church pipe organs were very expensive plus to some of our early Puritan church members pipe organs reminded them of those evil Catholic cathedrals. We did have a church choir and a group of church members playing stringed instruments in the Hancock Meeting House. One of the Quincy family wives complained that the string players always played off key. In fact, there was a double stringed bass listed in the inventory of the Hancock Meeting House. In 1828 when our current Stone Temple opened, there was not an organ and the double stringed bass was still listed in the church inventory. Finally, in 1837 the double bass was sold and a new pipe organ purchased and installed. The total cost in 1837 was \$1232.77, \$500 for the organ, and the remainder to pay the three men who installed it, the three men who painted and gilded it and the salaries of both the organist and the bellows blower. Mrs. Groves was hired to play the organ and Joseph Adams III to blow the air to the pipes through the bellows. Incidentally, the bellows blower got paid

more than the organist. I suppose it was considered to be more strenuous work, or perhaps having the Adams name made the difference. We will never know.

This organ did not have a sub bass and to add one would cost \$1400, so it was sold and another pipe organ purchased in 1851 to replace it. It is not clear whether a new organ was purchased or if it was bought second hand from Trinity Church in Boston. At any rate it probably was a Hook and Hook organ because there was a bill from them for organ repairs in 1851. I am not sure what the organ cost, but it was insured for \$1500. At that time Hook and Hook was considered one of the best organ manufacturers in the United States. The company was founded by Elias and George Hook in 1827 and located on Tremont Street in Boston. Frank Hastings left his family farm in Weston, apprenticed with the Hooks and became a full partner in 1855. The name of the company was then changed to Hook and Hastings. Hook and Hastings became one of the world's most famous organ builders. After the Hook brothers died, Hastings took over the company and built a new factory on the old family farm in Weston. In the late 1800's and early 1900's Hook and Hastings started to experiment with electricity to power its organs. Incidentally, one of its major competitors in using electrical power for organs was a company in New York City run by Hilborne and Franklin Roosevelt, first cousins of President Theodore Roosevelt.

There was much talk of replacing our old pipe organ in the early 1900's as it was starting to need major repairs. In 1901 the Ladies Society of the church began a campaign to raise funds for a new organ and raised \$250 which was deposited into an Organ Fund. In 1909 the estate of Amanda Reed contributed another \$2000 to be used for the purchase of a new organ, and our current Hook and Hastings organ was bought for \$5,1634.10. There was actually about \$1100. left in the organ fund after the purchase was made so the Ladies Society was pretty successful in its fundraising campaign. The organ was completely rebuilt in the 1940's, again in the 1980's and is now serviced every year, and is considered to be irreplaceable, a rare example of the workmanship and quality of Hook and Hastings. Organists are always impressed with it, envious of the quality of its sound and amazed that it is still being used. Back in the 80's the man who tuned the organ and the pianos was blind, took the subway out from Boston and found his own way over to the church, an amazing accomplishment.

There are not many Hook and Hastings organs left. The company was liquidated in 1936, a victim of the Depression and the shrinking market for church pipe organs. It tried to build theatre organs in the 1920's but couldn't compete with Wurlitzer, and then the Hammond electric organ came along which made it even more difficult to compete. Hook and Hastings built 2,614 pipe organs in the life of the company, the largest still in use being built in 1875 for the Cathedral of the Holy Cross in Boston. It built another famous organ in 1869 for the Peace Jubilee concerts in Boston. Believe it or not, these concerts featured a chorus of 10,000 and an orchestra of 1000. A temporary building was erected in Copley Square that would seat 50,000. Pat Gilmore, a popular band director, organized the event. The jubilee ran for five days, every concert was sold out and it made a \$10,000 profit. The theme was a celebration of the end of the Civil War and the hope for world peace. Among the celebrities to attend were President Grant and Admiral Farragut. Unfortunately, even though the event was successful, the next year the Franco-Prussian War broke out, a precursor of World War I.

Organs date back to the heyday of the Roman Empire and were used for special celebrations, gladiator contests and circuses. It is said that Emperor Nero played the organ and might have been playing it when Rome burned as the violin hadn't been invented yet. It wasn't until the 15<sup>th</sup> century that organs were built in churches. I guess that we could say that circus organs predated church organs. Perhaps circuses predated churches as well. Today, musicians bemoan the fact that keyboard synthesizers are replacing them in pit bands and recording orchestras. In the 20's Wurlitzer theatre organs could replicate the sounds of most brass instruments. I wonder if brass players thought of this as a potential threat to their livelihood back then. We will never know as there are not any brass players left from the 20's. The theatre organs were used to accompany the silent movies in larger movie houses and pianos used in the smaller movie houses. When talking films came along, the days of the theatre organs were over, the end of an era. It is unfortunate that not many church pipe organs are being built today because of the prohibitive cost. United First Parish Church is indeed fortunate to have such a magnificent instrument as our 1909 Hook and Hastings pipe organ, a true historic treasure.

Sunday morning worship services are held at 10:30 am on Zoom. An email will be sent to the congregation on Saturday with the order of service and the link to the Zoom worship. The link is also posted on Facebook and our website.

Sunday, April 4, 10:30 am "Alleluia!"

Rev. Rebecca Froom, Joan McDonald and Norman Corey

Join us for our joyful Easter service as we celebrate renewal and hope in the face of suffering and death. This music filled service includes a choral anthem performed by our Virtual Choir and two guest horn players Hazel Dean Davis and Nick Auer. You are invited to wear an Easter bonnet or festive hat during our virtual social hour.

Sunday, April 11, 10:30 am

"Close Encounters of the Infinite Kind"

Rev. Dr. Sheldon Bennett, Minister Emeritus

Each Sunday we gather "to lift our hearts and open our minds to a larger reality." What is the source of our intuition of there being such a reality beyond ordinary experience? Is it only wishful delusion? Or, does it arise through entirely natural and ever more well understood biological activity and evolutionary and cultural processes? Or, is something even more amazing going on in the universe that seems altogether beyond the realm of science and reason alone? In worship we dare to affirm and open ourselves to this larger reality we sense as quite beyond ourselves and even the stars, and yet as active at the core of our being. In those rare but powerful moments when we do experience direct encounter, new truth, new love, and new justice break through to change our lives and world for real. This is the heart of religion. It's why we do church.

Rev. Bennett served as Minister of United First Parish Church from 1986 to 2012, with a prior background in physics and business management. As Minister Emeritus, Sheldon continues to serve the larger community as a member of the City of Quincy Affordable Housing Trust Committee, a board member and treasurer of Quincy Community Action Programs, Inc., and a director of Friends of Butler's Pond. He also serves on a number of denominational boards and is a student in classical piano at the South Shore Conservatory. He and Molly attend First Church in Boston.

Sunday April 18, 10:30 am Rev. Rebecca Froom

Sunday, April 25, 10:30 am Rev. Rebecca Froom and Jim Petosa

## **Church Staff and Lay Leaders**

Staff: Rev. Rebecca Froom (Senior Minister), Rev. Dr. Sheldon Bennett (Minister Emeritus), Rev. Dr. Michelle Walsh (Affiliate Community Minister), Nan Moore (Affiliate Lay Community Minister), Joan McDonald (Religious Education Director), David Bousquin (Office and Property Manager), Norman Corey (Music Director).

Board of Governors: Lisa Howe (President), Jim Petosa (Vice-President), Erwin Schaareman (Treasurer), Clyde Cortright (Assistant Treasurer), April Bargout (Clerk), Jamie Grassmann (Worship), Marie-Louise Jackson-Miller (Religious Education), Susan Curran and Sarah Belfort (Social Justice Action), Elizabeth Black (Communications), Brenda Reed (Congregational Life)

Committee on Ministry: Kate Hurley (Chair), David Downs, Frances Spillane

Nominating Committee: Marie-Louise Jackson-Miller (Chair), Jacqueline Rodriguez, Fiona Sankey

#### **Contact Us**

Minister [Rev. Rebecca Froom]: <a href="rev.rebecca.froom@gmai.com">rev.rebecca.froom@gmai.com</a>
Religious Education Director [Joan McDonald]: <a href="dreufpc@gmail.com">dreufpc@gmail.com</a>
Office and Property Manager [David Bousquin]: <a href="mailto:office@ufpc.org">office@ufpc.org</a>
Music Director [Norman Corey]: <a href="mailto:norman">norijo@earthlink.net</a>

United First Parish Church, Unitarian Universalist, 1306 Hancock Street, Quincy, Massachusetts 02169 617-773-1290, <a href="https://www.ufpc.org">www.ufpc.org</a>, <a href="https://www