

United First Parish Church

Order of Service

As Unitarian Universalists we value Generosity. We cultivate a spirit of gratitude and hope. We covenant to freely and compassionately share our faith, presence, and resources. Our generosity connects us to one another in relationships of interdependence and mutuality.

PRELUDE *Andante; Allegro* George Frideric Handel (1685-1759)

WELCOME AND OPENING WORDS Rev. Rebecca Froom

CHALICE LIGHTING Nan Moore

*COVENANT

As a free fellowship of this historic church,
We unite to lift our hearts and open our minds to a larger reality;
To accept, support, and encourage one another;
To seek the wisdom in all religions;
To cherish and sustain the web of life;
And to strive for justice, compassion, and peace.

*GREET YOUR NEIGHBORS

*HYMN #1048 *Ubi Caritas*

MESSAGE FOR ALL AGES *Loaves and Fishes* McKayala Hoffman

*CHILDREN'S RECESSIONAL *As You Go* By John Ruben Piirainen

As you go, may joy surround you,
As you go, go in peace.
Know our love is with you always,
as you go, as you go.

(Children are invited to leave for their Spirit Circle programs)

JOYS AND SORROWS

MEDITATION AND PRAYER Rev. Rebecca Froom

REFLECTIVE HYMN *Loosen, Loosen* By Aly Tharp

Loosen, loosen, baby
You don't have to carry
The weight of the world in your muscles and bones

*Please Stand as you are able.

"Church of the Presidents"

Sunday, November 19, 2023

Let go, let go, let go

Holy breath and holy name
Will you ease, will you ease this pain

READING *Generosity* By Pema Chödrön

MUSICAL INTERLUDE *Praeludium* Johann Sebastian Bach (1685-1750)

SERMON *Practicing Generosity* Rev. Rebecca Froom

*HYMN #299 *Make Channels for the Streams of Love*

OFFERING INVITATION Rev. Rebecca Froom
Donations can be placed in the offering plates or can be made at www.ufpc.org

OFFERTORY *Adagio* George Frideric Handel (1685-1759)

ANNOUNCEMENTS

*BENEDICTION

*EXTINGUISHING THE CHALICE By Patricia Yates and Harold Brown
Carry the flame of peace and love until we meet again.

POSTLUDE *Allegro* George Frideric Handel (1685-1759)

SERVICE PARTICIPANTS

Organ and piano: Norman Corey

Violins: Jagan Nath Khalsa, Ingrid Yen

Greeter: Andrew Kerivan

Ushers: Bill Westland, Christine Grundy

Hospitality: Leslie Simpson

Livestream: Karl DeBisschop, Jamie Grassman

Flowers arranged by Claire Fitzmaurice, Pat Artis, Elizabeth Black

Please join us for social hour in the parish hall following the worship service.

Childcare is provided.

ABOUT UNITED FIRST PARISH CHURCH (UFPC)

We are a Unitarian Universalist congregation where thoughtful and caring people from many faith backgrounds gather for spiritual growth and learning, to build community, and to live our values of love and compassion in the wider world. Here you will find companions for the journey. Bring your questions, your hopes, and your ideals.

Sunday worship is at 10:30 AM in-person and over zoom, followed by an in-person social hour for continued conversation. Children participate in worship and in our Spirit Circle religious education program where they learn about mindfulness, the arts, and caring for the earth.

United First Parish Church has roots in two congregations who merged in 1958: First Parish Church founded in 1639 and Wollaston Unitarian Society founded in 1888. This magnificent building was designed by Alexander Parris; it is the fourth meeting house of the Church and was completed in 1828. John Adams and John Quincy Adams, the second and sixth Presidents of the United States, were life-long members of the Church and are entombed along with their wives First Ladies Abigail Adams and Louisa Catherine Adams in the Church's crypt. The church operates a History and Visitors Program from mid-April to mid-November, giving tours of the Presidential Crypt and our historic sanctuary.

UFPC provides a home for The Prison Book Program, a social justice literacy program in residence. You can learn more about them and their meaningful work at <https://prisonbookprogram.org>.

Board of Governors: Fiona Sankey (President), Jacqueline Rodriguez (Vice-President), Clyde Cortright (Treasurer), Erwin Schaareman (Assistant Treasurer), Patricia Sullivan (Clerk), Karl DeBisschop (Stewardship), Claire Fitzmaurice (Social Justice Action), Jamie Grassmann (Communications), Marie-Louise Jackson-Miller (Congregational Life), Peter Kovach and Andrew Carleen (Religious Education)

Staff: Rev. Rebecca Froom (Lead Minister), Rev. Dr. Sheldon Bennett (Minister Emeritus), Nan Moore (Affiliate Lay Community Minister and Director of Family Ministry), McKayla Hoffman (Ministerial Intern), David Bousquin (Office and Property Manager), Norman Corey (Music Director)



United First Parish Church

Unitarian Universalist



“Practicing Generosity”

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