



Weekly Announcements

Sunday, October 17, 2021

Worship Service

“As a Free Fellowship”

Rev. Rebecca Froom, Paul Valencius and Erwin Schaaremann
Sunday, October 17, 10:30 am, in-person or live stream

In 1639 our congregation was founded when our original members wrote a covenant together. In 1991 our congregation wrote a new covenant, which we continue to read every Sunday morning. As we celebrate the 30th anniversary of our church covenant, Rev. Rebecca will reflect on the Unitarian Universalist tradition of covenant and two congregants will share reflections on what our UFPC Covenant means to them.

Join by computer: <https://us02web.zoom.us/j/85369171483>

Join by telephone: 1-646-558-8656, Webinar ID: 853 6917 1483

This Week in Religious Education

Rebecca Morris and April Bargout will be leading Religious Education today. They will explore the concept of rules—what are they for—what happens when we don’t have any or don’t follow them. They will play some games, and practice a calming mindfulness exercise.

There are no youth social justice activities on October 17th. We will meet for pizza and conversation on October 24th at noon.

We will hold a mini-congregational meeting to elect Kim Dangora to the Stewardship chair position on Sunday, October 17 directly after the worship service.

StandOut Quincy 4 Black Lives

Thursdays, 3:30–5:30 pm, in-person

UFPC is partnering with Quincy for Transformative Change for an initiative in support of Black Lives Matter. We meet on the church front steps weekly to bear peaceful witness and to advocate for justice and equity for our fellow citizens of color. You are invited to join our small but dedicated group. Kindly direct your questions to me at my cell 617-272-0274 or artclaire@comcast.net. Thank you, Claire Fitzmaurice.

Worship Service

“Embodied Love”

Rev. Rebecca Froom and Joan McDonald
Sunday, October 24, 10:30 am, in-person or live stream

Join us for a multigenerational worship service, inspired by a meditation written by Rev. Sean Parker Dennison—*Prayer for Bodies* in their book: *Breaking and Blessing*. Join us as we explore the connections we have with ourselves and reflect on and celebrate “all the parts of us—one Body, connected by covenant, which is embodied love.”

Join by computer: <https://us02web.zoom.us/j/85369171483>
Join by telephone: 1-646-558-8656, Webinar ID: 853 6917 1483

Sunday Morning Meditation

Sundays [starting October 24], 9:00 am, in-person

On Sunday morning, October 24th, I will be glad to restart our meditation practice at 9:00 am. If the weather is warm enough, we will meet in the church garden. For cooler temperatures we can meet in the parlor with a window open and wear our masks. Our meditation typically begins with the shared reading of our guiding principles, followed by a reading from Thich Nhat Hanh, then a period for silent reflection, and closing with a sharing of our insights. Let me know if you'd like to participate.

–Marie-Louise, mariejm1961@yahoo.com, 857-526-2579

Cupcakes for a Cause

Sunday, October 24, coffee hour, in-person

YUM! When you buy a cupcake and bite into it at coffee hour on Sunday, October 24, know that you are supporting an organization hard at work for a social cause. You might even buy a half dozen to take home for family or friends to enjoy! Where will the money go?! You have a vote. There will be three organizations to choose from!

Calling all bakers! Donate your delicious cupcakes at the parish hall before the service on Sunday, October 24. (Both homemade and store-bought cupcakes are accepted.) And yes, you will also get a vote! Contact Florence Noonan at flnoonan@gmail.com with any questions.

Fledgling Tales: UFPC Storytime

Tuesday, October 26, 7:00 pm, on Zoom

A Zoom story half hour will be on the second and fourth Tuesday of the month at 7:00 pm. Cozy up in your jammies, with your favorite stuffed animal, blanket and caring adult and join DRE Joan McDonald for a time of ritual and sharing for preschool and elementary school age children. We will share a chalice lighting, Joan will read a story, everyone will check in and a family or guest will share a favorite story. Please make sure the name on your zoom account is recognizable, so Joan can let you in.

Join by computer: <https://us02web.zoom.us/j/82507685947>
Join by telephone: 1-646-558-8656, Meeting ID: 825 0768 5947

Save the Date: The John Adams Presidential Wreath Laying Ceremony is on Friday, October 29 at 12:00 pm.

Conversations on Celebrating Life by Knowing Death

Sunday, October 31, 12:15 pm, in-person

Nan Moore, Affiliate Lay Community Minister for UFPC is offering an open group conversation on the topic of Celebrating Life, by Knowing Death. Memorial services for long time members Jane Mudge, Kirt Switzer, and Louise Reilly have been held from mid-September to mid-October. The hope of this offering is to provide some conversation and support for church members who may have inquiry related to the quality of their own life, while knowing one day we ALL will experience our own transition from life to whatever comes next. This discussion will be focalised by Nan and this is a drop-in group. You do not need to sign up, just show up. Conversations will be held at 12:15 pm in the parish hall and will last for 90 minutes.

Kindred Spirits Discussion Group for Seniors
Wednesday, November 10, 10:00–11:30 am, in-person
United First Parish Church, parish hall

Join Rev. Rebecca for a monthly discussion group, grounded in our UU values, where we reflect on current events and pressing social issues. This group is open to seniors age 60+ and will meet on the first Wednesday of the month. This will be our first meeting since February 2020; note that the group will now be meeting at the church (during this time no snacks or coffee will be provided). Please contact Rev. Rebecca with any questions at rev.rebecca.froom@gmail.com or 617-803-1159. If you need to enter the building via the handicapped accessible entrance, please contact David Bousquin at 617-842-1706.

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Office Hours: Monday–Friday 8:00 am–12:00 pm or by appointment