

Sunday Morning Meditation

Sundays, 9:00 am, in-person

We will have meditation on Sunday mornings at 9:00 am outside in the garden, weather permitting, and in the church parlor (with masks) when it rains. Our practice includes guided, walking, and silent meditation. Feel free to contact Marie-Louise at <u>marieljm1961@yahoo.com</u> or 857-526-2579.

Church Choir

Sundays, 9:30-10:00 am, in-person

The choir welcomes new members! This year, instead of anthems, we are working on hymns to support congregational singing, particularly hymns that are unfamiliar or less familiar. And rehearsals are half an hour, rather than 45 minutes—from 9:30 to 10:00 am every Sunday. Talk to Norman or a choir member, or just show up. Thank you.

Worship Service **"Practicing Awe"** Rev. Rebecca Froom Sunday, December 4, 10:30 am, in-person and livestream

The experience of awe can remind us that we are part of an interdependent and wondrous world. On this Sunday we reflect on the ways we can cultivate awe and wonder in our everyday lives. The service will end with our annual tradition of "Decoration Sunday" where the children will lead us from the sanctuary to the parish hall to decorate our Christmas Tree.

Join by computer: <u>https://us02web.zoom.us/j/82251479714</u> Join by telephone: 1-646-558-8656, Meeting ID: 822 5147 9714

Spirit Circle

Sunday, December 4, 10:30 am, in-person

Following the message for all ages, the children will be meeting with Nan in the downstairs dining area to make holiday cards for their family, friends, teacher etc. The RE Hosts will be Albert Vaughn and Kendra Dupiton. During this class the children will also choose the part they would like to be for the holiday pageant on December 18th. Kendra will be sorting out children's costumes for fits. NEXT Sunday, DECEMBER 11th, the children will pick up their costumes after their Mindfulness class. At the end of the Spirit Circle time the children will go upstairs to join in Deck the Halls, as they place swags on the pews for a UFPC traditional time of welcoming this holiday season.

Youth Group Social Event

Sunday, December 4, 1:00 pm, in-person

McKayla Hoffman and Peter Kovach are the advisors taking the teens for a social time. Originally we planned to go bowling, but the alleys are reserved all day so there is a change in plan. The group will be going to IHOP at 1:00 pm and then going back to the church to plan for their next project.

Writing Group

Sunday, December 4, 12:00 pm, in-person

Our UFPC Writing Group will be meeting again this year. We will meet the first Sunday of the month in-person in the parlor at 12:00 pm. There are no meetings in January or June. As in past years, we welcome everyone to join us in a free writing session and optional sharing of our words that pursue thinking on a theme. This is a non-critiqued, open minded, generous group that encourages self-expression in a supportive gathering. You can attend one or more sessions. No advance reservation is required. Groups tend to vary in size between 6 and 14 participants, and the session lasts for 45 minutes to 1 hour. Contact facilitator Jim Petosa at jimjamespeto@aol.com or 301-442-3781.

Worship Service **"Blue December: Honoring our Sorrows in a Season of Joy"** Rev. Rebecca Froom and McKayla Hoffman Sunday, December 11, 10:30 am, in-person and livestream

In the midst of the winter holiday season that joyously celebrates love, hope, and peace, we take time to acknowledge and honor the sorrows, losses, and struggles we carry with us in this festive season.

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Kindred Spirits Discussion Group for Seniors

Friday, December 16, 10:00–11:30 am, in-person

Join Rev. Rebecca for a monthly discussion group, grounded in our UU values, where we reflect on current events and pressing social issues. This group is open to seniors aged 60+ and will meet on the third Friday of the month at our church in the parish hall. Coffee and tea are provided! Please contact Rev. Rebecca with any questions at <u>rev.rebecca.froom@gmail.com</u> or 617-803-1159. If you need to enter the building via the handicapped accessible entrance, please contact David Bousquin at 617-842-1706.

Childrens' Book Drive for Interfaith Social Services

During the month of December, the SJAC will coordinate with the RE Committee to collect Children's Books to be distributed by the Interfaith Social Services whose statement of purpose is, "Our food pantry aims to nourish the mind as well as the body. Just the mere presence of books in the home impacts childrens' academic success, vocabulary development and future job attainment. When available, each food pantry client receives a bag of age-appropriate books for their children on each visit. From board books for infants to chapter books for young adults, we aim to get books in the homes of all our young clients." Please place your gently used or new books in the green donation bins in the foyer and Parish Hall. Please no books with torn or missing pages or that have been written or colored in. Thank you, Claire Fitzmaurice Chair of the Social Justice Action Committee

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Office Hours: Monday-Friday 8:00 am-12:00 pm or by appointment