

[OPEN THE ATTACHMENT FOR ACTIVE LINKS]

Standout Quincy for Black Lives

Thursdays, 3:30-5:30 pm, in-person

UFPC is partnering with Quincy for Transformative Change for an initiative in support of Black Lives Matter. We meet on the church front steps weekly to bear peaceful witness and to advocate for justice and equity for our fellow citizens of color. You are invited to join our small but dedicated group. Kindly direct your questions to me at my cell 617-272-0274 or artclaire@comcast.net. Thank you, Claire Fitzmaurice.

Sunday Morning Meditation

Sundays [except July 3], 9:00 am, in-person

We will have meditation on Sunday mornings at 9:00 am outside in the garden, weather permitting, and in the church parlor (with masks) when it rains. Our practice includes guided, walking, and silent meditation. Feel free to contact Marie-Louise at marieljm1961@yahoo.com or 857-526-2579.

Chalice Circle

"Personal Reflections on Grace and Forgiveness"

Karl DeBisschop [presenter], Sharon Gamache [host] and Jamie Grassmann [tech support] Sunday, July 3, 10:30 am–12:00 pm, in-person and on Zoom

Grace and forgiveness are significant but loaded concepts in many major religions. Largely absent from Buddhist thought, "grace" is thought of God's mercy in the Judeo-Christian tradition, and in Christianity in particular, it relates to original sin and the question of whether a person can ever be worthy of salvation. Likewise, forgiveness in Buddhism is seen as a way to reduce suffering, whereas many Christians would describe it as a moral imperative. Due to that range of belief, different people may relate to the ideas of grace and forgiveness in distinct and divergent ways. In our short topic, we will dig a bit deeper into religious sources on grace and forgiveness. After the topic, we will spend the better part of Chalice Circle soliciting thoughts from the group on topics we'd like to discuss in the rest of the summer sessions and developing our schedule.

Each summer we gather on Sunday mornings for Chalice Circles rather than worship. Chalice Circles are a form of small group ministry which invites deep listening, reflection, and sharing on a thoughtful topic. Each Sunday a congregant leads that week's Chalice Circle, presenting the topic for reflection and discussion. The presenter is paired with a "host" from our Chalice Circle leadership team.

Join by computer: https://uso2web.zoom.us/j/82251479714
Join by telephone: 1-646-558-8656, Meeting ID: 822 5147 9714

John Quincy Adams Presidential Birthday Wreath Laying

Monday, July 11, 12:00 pm, in-person

On Monday July 11th at 12:00 noon, United First Parish Church will celebrate the 255th birthday of our own John Quincy Adams. This will be the 55th year that we have had this celebration, which dates back to the presidency of Lyndon Johnson. On the birthday of every deceased President there is a wreath placed at the burial site in the name of the current President. With the Adams' presidencies the Navy always represents the President because John Adams was President when the Navy was officially formed. A Navy honor guard presents the wreath, and President Biden is the 11th President to so honor John Quincy Adams. Incidentally, Reverend Rebecca is the 7th minister to represent United First Parish Church and take part in this ceremony. This year along with the usual speakers we welcome back the Quincy Choral Society, who had to miss the last two years because of the pandemic. The ceremony is open to the public, and this year the Navy is going to video it.

UFPC Gardeners

The UFPC Gardeners are ready to get back outside now that our spring weather is passing. We do need volunteers and <u>welcome</u> folks with little or no experience. We are happy to meet you and share our garden "wisdom". Schedule to TBD. Please contact Claire Fitzmaurice, garden coordinator at 617-272-0274 or <u>artclaire@comcast.net</u>. Thank you.

Medical Supplies for Ukraine Forward

Our medical supplies drive for Ukraine Forward has ended. You can learn more about the organization and ways to support their work at https://www.ukraineforward.org/.

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Summer Office Hours: Tuesday–Friday 8:00 am–12:00 pm or by appointment.