



Weekly Announcements

Sunday, February 5, 2023

Sunday Morning Meditation

Sundays, 9:00 am, in-person

We will have meditation on Sunday mornings at 9:00 am outside in the garden, weather permitting, and in the church parlor (with masks) when it rains. Our practice includes guided, walking, and silent meditation. Feel free to contact Marie-Louise at marieljm1961@yahoo.com or 857-526-2579.

Worship Service

“Love Has Overflowing Streams”

Rev. Rebecca Froom

Sunday, February 5, 10:30 am, in-person and livestream

As we begin our month exploring the theme of Love, we turn our hearts and minds to Howard Thurman’s teachings on love. Thurman was a 20th century African American theologian, Christian mystic, Baptist preacher, early Civil Rights leader, poet, and teacher. Together we reflect on what we can learn from Howard Thurman’s “love ethic” as we strive to create the Beloved Community. Our Ministerial Intern, McKayla Hoffman, leads the Message for All Ages. Music on piano and organ is played by Norman Corey, our Music Director.

Join by computer: <https://us02web.zoom.us/j/82251479714>

Join by telephone: 1-646-558-8656, Meeting ID: 822 5147 9714

Spirit Circle

Sunday, February 5, 10:30 am, in-person

Spirit Circle Earth Carers is scheduled for this week with Jon Belber from Holly Hill Farm. Jon always has an interesting lesson for the children that is experiential and hands on. All children enter the sanctuary together with their families and following the Message for All Ages RE HOST McKayla Hoffman will join Jon for the morning.

There is a Youth Group activity Sunday afternoon with youth advisors McKayla Hoffman and Peter Kovach. The teens are asked to meet in the Parish Hall at 12:30. The activity will be either bowling or pool. Also at this time the youth will choose their monthly community service project which they will participate in later this month.

Writing Group

Sunday, February 5, 12:00 pm, in-person

Our UFPC Writing Group will be meeting again this year. We will meet the first Sunday of the month in-person in the parlor at 12:00 pm. There are no meetings in January or June. As in past years, we welcome everyone to join us in a free writing session and optional sharing of our words that pursue thinking on a theme. This is a non-critiqued, open minded, generous group that encourages self-expression in a supportive gathering. You can attend one or more sessions. No advance reservation is required. Groups tend to vary in size between 6 and 14

participants, and the session lasts for forty-five minutes to one hour. Contact facilitator Jim Petosa at jimjamespeto@aol.com or 301-442-3781.

Standout Quincy for Black Lives

Thursdays, 3:00–4:30 pm, in-person

UFPC partners with Quincy for Transformative Change for an initiative in support of Black Lives Matter. We stand on the church front steps to bear peaceful witness and to advocate for justice and equity for our fellow citizens of color. You are invited to join our small but dedicated group. Kindly contact Claire Fitzmaurice at 617-272-0274 or artclaire@comcast.net. Please check out our Facebook page: StandOutQuincy4BlackLives managed by our co-leader Mimi Balsamo who can be reached at mimibalsamo@gmail.com.

Worship Service

“Lovingkindness”

Rev. Rebecca Froom, Nan Moore, and Peter Kovach
Sunday, February 12, 10:30 am, in-person and livestream

In this multigenerational service we reflect on the ways we give and receive lovingkindness.

Join by computer: <https://us02web.zoom.us/j/82251479714>

Join by telephone: 1-646-558-8656, Meeting ID: 822 5147 9714

Light Our Fire Luncheon/Chocolate Celebration

Sunday, February 12, 11:45 am, in-person

Come join us for a “Light Our Fire” Luncheon after the service on Sunday, February 12th. The event will feature:

- Pot Luck Lunch: Bring a favorite dish to share with the congregation.
- Chocolate Celebration: Bid on donated chocolate items made by members of the congregation. Bring a favorite chocolate treat of your own for the auction, and help support the church.
- Chili Cookoff: Make a chili dish to be judged against your peers. Win pride of place and the respect of the congregation. Or just come to enjoy a super bowl of hearty food.

“Light Our Fire” combines FUN and FUND-raising. This is a great chance to enjoy some time with other in the congregation, celebrate the love that is at the heart of our faith, and begin to think about how we support the church community that supports us. This program is jointly sponsored by the committees on Congregational Life, Stewardship, and Religious Education.

Contact Marie-Louise Jackson-Miller to sign-up for chili items: mariejm1961@yahoo.com or 857-526-2579.

Contact Kim Dangora to sign-up for chocolate items: aimee222@comcast.net or 508-472-9754.

Kindred Spirits Discussion Group for Seniors

Friday, February 17, 10:00–11:30 am, in-person

Join Rev. Rebecca for a monthly discussion group, grounded in our UU values, where we reflect on current events and pressing social issues. This group is open to seniors aged 60+ and will meet on the third Friday of the month at our church in the parish hall. Coffee and tea are provided! Please contact Rev. Rebecca with any questions at rev.rebecca.froom@gmail.com or 617-803-1159. If you need to enter the building via the handicapped accessible entrance, please contact David Bousquin at 617-842-1706.

Mid-Year Congregational Meeting
Sunday, February 26, 12:00 pm, in-person

The Board of Governors and ministerial staff invite you to attend a congregational meeting in the parish hall immediately following social hour. This meeting will include time for reflection and sharing on our Congregational Mission and Vision Statements, which were written in 2016 looking ahead to 2023. We will also hear updates about church programs, and initiatives from the Unitarian Universalist Association.

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Office Hours: Monday, Tuesday, Thursday, Friday 8:00 am–1:00 pm or by
appointment