



Weekly Announcements

Sunday, March 3, 2024

Sunday Morning Meditation

Sundays, 9:00–9:45 am, in-person

Meditation is offered on Sunday mornings from 9:00am to 9:45 am. We meet in the parlor, and when weather permits, we meet outside in the garden. We begin with a poem by Thich Nhat Hahn to center our intentions, followed by a walking meditation, then silent meditation, and ending with sharing our thoughts and insights. Feel free to contact Marie-Louise at 857-526-2579 or marieljm1961@yahoo.com.

Worship Service

“Funding the Future of Our Faith”

Rebecca Froom and McKayla Hoffman

Sunday, March 3, 10:30 am, in-person and livestream

As we enter our Stewardship season, we reflect on the role we each have to play in supporting our congregation in Quincy and in supporting our Unitarian Universalist faith tradition. Our service features a special musical performance from “Tuned In” a musical trio of UFPC congregants Sharon Gamache, Lee Forest and Ann Marie Willer.

Join by computer: <https://us02web.zoom.us/j/82251479714>

Join by telephone: 1-646-558-8656, Meeting ID: 822 5147 9714

Spirit Circle

Sunday, March 3, 10:30 am, in-person

Welcome to families and children of all ages to our Spirit Circle. All families enter the sanctuary together and following the message for all ages the children will go to the lower level of the church where the children 3 years old and younger will go with the child carers Liela and Alex Schaareman to the nursery and the older children will go with our Art Instructor Max Olson to the dining area.

This Sunday Max Olson will have a discussion of how caterpillars transform into butterflies. The art project will actually be shown through art how the caterpillar (clothespin) transforms into a butterfly, with colorful wings. Children will be creating their own individual butterflies, which will be used during worship for the March 17th multigenerational service. Following the worship service the children will take their butterfly art home. The RE Helper this week will be Andrew Carleen.

Youth Group: There will be a service focused workshop led by Rev. Rebecca Froom and McKayla Hoffman following the worship service. They will meet in a place announced by the minister during the worship service. The group will begin at 12:00 pm and end promptly at 1:15 pm.

Writing Group

Sunday, March 3, 12:00 pm, in-person

Our UFPC Writing Group is meeting again this year. We meet the first Sunday of the month in-person in the parlor at 12:00 pm. There are no meetings in January or June. As in past years, we welcome everyone to join us in a free writing session and optional sharing of our words that pursue thinking on a theme. This is a non-critiqued, open minded, generous group that encourages self-expression in a supportive gathering. You can attend one or more sessions. No advance reservation is required. Groups tend to vary in size between 6 and 14 participants, and the session lasts for forty-five minutes to one hour. Contact facilitator Jim Petosa at jimjamespeto@aol.com or 301-442-3781.

Book Group

Thursday, March 7, 7:00 pm, on Zoom

The UFPC Book Group meets on the first Thursday of every month from 7:00 to 8:30 pm, with a gap in summer and in December. All members and friends of UFPC are welcome to join us. We meet on Zoom. We try to select a balance of styles. You can come even if you have not finished the book.

The book this month is *The Uncommon Reader* by Alan Bennett. When her corgis stray into a mobile library parked near Buckingham Palace, the Queen feels duty-bound to borrow a book. Discovering the joy of reading widely (from J. R. Ackerley, Jean Genet, and Ivy Compton-Burnett to the classics) and intelligently, she finds that her view of the world changes dramatically. Abetted in her newfound obsession by Norman, a young man from the royal kitchens, the Queen comes to question the prescribed order of the world and loses patience with the routines of her role as monarch. Her new passion for reading initially alarms the palace staff and soon leads to surprising and very funny consequences for the country at large.

Join by computer: <https://us02web.zoom.us/j/89427298331>

Join by telephone: 1-646-558-8656, Meeting ID: 894 2729 8331

Worship Service

“Keep Your Eyes on the Prize...Keep Plowing”

Reggie Harris, guest preacher and musician

Sunday, March 10, 10:30 am, in-person and livestream

We're pleased to welcome Reggie Harris back to our pulpit for him to share his music and wisdom. Reggie Harris is a passionate songwriter, storyteller, activist, recording artist and song leader, who travels worldwide using music and stories to bring hope, inclusion and empowerment to audiences of all backgrounds. For over 45 years, Reggie has been hosted as performer and lecturer at arts centers, universities, schools, music festivals and diverse places of worship throughout the United States, Canada and Europe. His repertoire of traditional and contemporary songs and stories, empowered by his accessibility, creative concerts and events that educate, inspire and entertain. Featured in the recently released film "Truth Tellers", Reggie is a 2021 FAI Spirit of Folk and WEB Du Bois Legacy Award winner, Reggie's recordings are chart topping examples of the power of song. <http://reggieharrismusic.com>.

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**Defending Freedom:
Honoring the Historic Link Between Quincy and Sierra Leone**
Sunday, March 10, 4:00–6:00 pm, in-person, United First Parish Church

United First Parish Church and the Adams National Historic Park will be hosting a special visit from Her Excellency, Dr. Fatima Maada Bio, the First Lady of the Republic of Sierra Leone who is making her first visit to Quincy. The program will commemorate the special connection between the people of Sierra Leone and President John Quincy Adams through his work defending the Mende people of Sierra Leone who were captured and transported on the slave ship “La Amistad.” It was President John Quincy Adams who argued their case before the Supreme Court gaining their freedom to return to their country as free people in 1841. Her Excellency Madam Fatima Maada Bio will offer keynote remarks reflecting on this connection as well as her current international humanitarian work to end sexual and gender-based violence. A reception will follow in the parish hall.

Kindred Spirits Discussion Group for Seniors
Friday, March 15, 10:00–11:30 am, in-person

Join us for a monthly discussion group, grounded in our UU values, where we reflect on current events and pressing social issues. This group is open to seniors aged 60+ and will meet on the third Friday of the month at our church in the parish hall. Coffee and tea are provided. Please contact Rev. Rebecca with any questions at rev.rebecca.froom@gmail.com or 617-803-1159. If you need to enter the building via the handicapped accessible entrance, please contact David Bousquin at 617-842-1706.

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Office Hours: Monday, Tuesday, Thursday and Friday 8:00 am–1:00 pm or by appointment