



Weekly Announcements

Sunday, March 31, 2024

Sunday Morning Meditation

Sundays, 9:00–9:45 am, in-person

Meditation is offered on Sunday mornings from 9:00am to 9:45 am. We meet in the parlor, and when weather permits, we meet outside in the garden. We begin with a poem by Thich Nhat Hahn to center our intentions, followed by a walking meditation, then silent meditation, and ending with sharing our thoughts and insights. Feel free to contact Marie-Louise at 857-526-2579 or mariejm1961@yahoo.com.

Worship Service

“He is Risen”

Rev. Rebecca Froom and Shiloh Hoffman

Sunday, March 31, 10:30 am, in-person and livestream

This morning, we gather to reflect on the messages the Christian holiday of Easter holds for us this year. How might Jesus’ message of revolutionary love continue to rise in our hearts and our world? Our service includes music from our UFPC choir, David Rufino on French Horn, and our Music Director Norman Corey. Following the service you are invited to take home a flowering plant.

Join by computer: <https://us02web.zoom.us/j/82251479714>

Join by telephone: 1-646-558-8656, Meeting ID: 822 5147 971

Spirit Circle Easter Sunday

Sunday, March 31, 10:30 am, in-person

WELCOME to children and families! All children go to the lower level of the church following the Message for All Ages. Parents with nursery age children please go with your child(ren) to get them settled in with our child carers Sol and Lily Selinger-Batista. What will be different is all the children will leave the sanctuary and go into the Spirit Circle classroom with a song led by our Music instructor, Olga Popova who is a student at Berklee School of Music. Liela and Alex Schaareman will also go to the lower level with Marie-Louise Jackson-Miller to help prepare the eggs for the Easter Egg hunt.

Spirit Circle this Sunday will be led by our Music Instructor Olga Popova, and RE Helper Mariah Maines. Olga and Mariah will tell the story of Rechenka’s Egg and have time for some singing and movement following the story. At the end of the class the children will meet their parents in the parish hall and families will go outside together for their Easter Egg hunt. We have color coordinated eggs and bags for the children to find their egg treasures creating fairness as the children help one another find their egg treasures.

At the end of the music class the younger children will then join Mariah and Olga for a little movement time at the end of the class. Parents, please promptly pick up your child(ren) when the service ends and before social hour.

Book Group

Thursday, April 4, 7:00 pm, on Zoom

The book this month is [Apeirogon](#) by Colum McCann. An epic novel rooted in the unlikely real-life friendship between two fathers—one Palestinian, one Israeli, both connected by grief and working together for peace. They inhabit a world of conflict that colors every aspect of their lives, from the roads they are allowed to drive on to the schools their children attend to the checkpoints, both physical and emotional, they must negotiate. Both men have lost children to the violence. They recognize the loss that connects them. Together they attempt to use their grief as a weapon for peace.

Join by computer: <https://us02web.zoom.us/j/89427298331>

Join by telephone: 1-646-558-8656, Meeting ID: 894 2729 8331

Hindu Temple Field Trip and Holi Celebration

Saturday, April 6, 12:00–2:00 pm, in-person

Join us for the next interfaith multigenerational field trip to Braj Mandir in Holbrook for their annual Holi Celebration. The celebration will be held on Saturday, April 6 from 12:00-2:00 pm. Attendees will experience Hindu worship, eat delicious food, and toss washable colored powder in the spirit of the arrival of spring.

All are encouraged to sign up in the parish hall following worship this Easter Sunday, so we can coordinate travel and other details for this exciting event. For more information about the celebration of Holi, Braj Mandir, and what to expect, click [here](#) or visit the sign up table.

Worship Service

“Interdependent Web of UFPC”

Rev. Rebecca Fromm

Sunday, April 7, 10:30 am, in-person and livestream

Throughout the month of April, we will reflect on “The Gift of Interdependence.” On this Sunday, as we welcome new members to our congregation, we reflect on the gifts we give and receive within the congregation.

Join by computer: <https://us02web.zoom.us/j/82251479714>

Join by telephone: 1-646-558-8656, Meeting ID: 822 5147 9714

Celebrating Our 2024-2025 Pledge Drive

Sunday, April 7, during social hour, in-person

The Stewardship Committee invites you to a special celebratory social hour on April 7th as our annual pledge drive draws to an official close. During the month of March we’ve been reflecting on the theme, “Everything Possible: Funding the Future of Our Faith.” Members and friends who turn in their pledge intention forms for the 2024-2025 fiscal year by April 7th will receive a small gift and will also be entered into a drawing for a special prize. Pledge packets have been mailed to congregants and are also available at the Stewardship Table in the parish hall. Thank you all for your generosity as we fund the future of United First Parish Church!

Writing Group

Sunday, April 7, 12:00 pm, in-person

Our UFPC Writing Group is meeting again this year. We meet the first Sunday of the month in-person in the parlor at 12:00 pm. There are no meetings in January or June. As in past years, we welcome everyone to join us in a free writing session and optional sharing of our words that pursue thinking on a theme. This is a non-critiqued, open minded, generous group that encourages self-expression in a supportive gathering. You can attend one or more sessions. No advance reservation is required. Groups tend to vary in size between 6 and 14

participants, and the session lasts for forty-five minutes to one hour. Contact facilitator Jim Petosa at jimjamespeto@aol.com or 301-442-3781.

Spirit Circle Caricature Workshop

Sunday, April 7, 1:00–3:00 pm, in-person

There will be an adult education workshop for adults and teens led by art instructor Max Olsen teaching the group how to create caricatures using each other as a model. Creating caricatures is a great way to learn together and do fun art. These art skills can be used in the future to draw fun caricatures of family members and friends! This is a unique and creative opportunity to see your art partner in a fun and creative way while building community through the arts simultaneously. [Consider bringing a lunch snack for yourself to eat during social hour.]

Sign up Easter Sunday in the parish hall or send an email to: nanmoore5@gmail.com. There are six spots open.

Kindred Spirits Discussion Group for Seniors

Friday, April 19, 10:00–11:30 am, in-person

Join us for a monthly discussion group, grounded in our UU values, where we reflect on current events and pressing social issues. This group is open to seniors aged 60+ and will meet on the third Friday of the month at our church in the parish hall. Coffee and tea are provided. Please contact Rev. Rebecca Froom with any questions at rev.rebecca.froom@gmail.com or 617-803-1159. If you need to enter the building via the handicapped accessible entrance, please contact David Bousquin at 617-842-1706.

Plant Based Potluck Dinner

Saturday, April 20, 6:00–8:00 pm, in-person

The Social Justice Action Committee will coordinate with the Congregational Life Committee to host a Plant Based Potluck Dinner on Saturday, April 20 from 6:00-8:00 pm. We will have a speaker, Sara Sezun, who is the Chair of the Sierra Club's sub-committee on Plant-based Diets. Sara is a friend of Standout Quincy for Black Lives, who used to join us monthly and came to Quincy from Somerville. If you have a favorite dish, please prepare it and bring copies of the recipe to share.

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Office Hours: Monday, Tuesday, Thursday and Friday 8:00 am–1:00 pm or by appointment