

# Worship Service "New Beginnings"

Ann Parsley, worship leader Megan Henderson, guest musician Sunday, September 21, 10:30 am, in-person and livestream

The night of Monday, Sept. 22, is the beginning of Rosh Hashanah, the Jewish New Year. In Jewish tradition, Rosh Hashanah is a time to reflect on lessons learned in the past year and possibilities for change and growth in the coming year. Change and growth can be challenging, even if we are optimistically working to create change for the better, and especially when our lives unexpectedly change in unfortunate ways. In this service, we reflect on our Unitarian Universalist shared value of Transformation, and how it can inspire and support us when we are wrestling with changes and trying to grow. Our guest musician today is Megan Henderson. She is a pianist, educator, choral director, composer and long-time resident of Boston.

Join by computer: <a href="https://uso2web.zoom.us/j/82251479714">https://uso2web.zoom.us/j/82251479714</a>
Join by telephone: 1-646-558-8656, Meeting ID: 822 5147 9714

## **Spirit Circle**

Sunday, September 21, 10:30 am, in-person

This week in Spirit Circle (ages 5 to 5<sup>th</sup> grade), we'll be having a game day with Marie-Louise! Nursery care (3 months to age 4) will be available after the Message for All Ages, led by Alex and Sol.

#### **UFPC Committee Fair**

Sunday, September 21, social hour, in-person

The Board of Governors invites you to this year's Committee Fair! The Fair will happen on Sunday, September 21 during coffee hour. As a democratically run organization, a majority of the work of the church is volunteer led. The work of the committees can sometimes feel mysterious to those new to the church or not currently tied into church work. This Fair is an opportunity for people in the congregation to learn more about what the committees at UFPC do and to find a way to become more involved in the life of the church. Volunteer opportunities vary in terms of commitment from a one-time effort to a limited focus on a topic or task, to joining an ongoing committee for monthly meetings. We hope you will join us to learn more about the important work of our church volunteers and opportunities to become involved. If you have any questions please contact Church President, Marie-Louise Jackson-Miller at <a href="mailto:marieljm1961@yahoo.com">marieljm1961@yahoo.com</a>.

Worship Service "The Power of Friendship"

Rev. Rebecca Froom Sunday, September 28, 10:30 am, in-person and livestream

We sometimes describe our community as a place where we gather as "Friends on the Journey." Many faith traditions speak of the power of Friendship and the ways in which community can provide refuge. In this service

we reflect on the power of friendship both as a spiritual practice and as a solidarity practice of mutual aid and care. In these increasingly authoritarian times, we can be a refuge to one another. Music for this service will be led by a group of "UFPC Musical Friends" including Ann Marie Willer, Chris Jackson, David Downs, Lee Forest, and Sharon Gamache.

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#### **Meet UFPC Newcomer Orientation**

Sunday, September 28, 12:15 pm, in-person

Are you new to UFPC? Do you have questions about the congregation, Unitarian Universalism, or how you can become more connected to the community at United First Parish Church? This newcomer orientation, facilitated by Rev. Rebecca and a member of the Board of Governors, is an opportunity for participants to share their spiritual journeys, learn about Unitarian Universalist history and heritage, and hear more about the path to membership at UFPC. Snacks will be provided, and childcare may be available with one week's advance notice. Please RSVP on the signup sheet in the parish hall or by contacting Rev. Rebecca Froom at <a href="rev.rebecca.froom@gmail.com">rev.rebecca.froom@gmail.com</a>.

#### **Book Group**

Thursday, October 2, 7:00 pm, on Zoom

The Book Group meets on the first Thursday of the month from 7:00 to 8:30 pm, with a gap in summer and in December. All members and friends are welcome to join us. We will conduct our meetings via Zoom. Each year, we choose a variety of genres and forms. You are welcome to come even if you have not finished the book. For more information visit: www.ufpc.org/book-group.

The book this month is <u>Isaac's Storm: A Man, A Time, and the Deadliest Hurricane in History</u> by Erik Larson. This book is a non-fiction account of the catastrophic 1900 Galveston hurricane, focusing on the fatal miscalculations of Isaac Cline, the United States Weather Bureau's chief meteorologist for Galveston, and the storm's devastating impact on the city. The book uses Cline's own records and survivor testimonies to chronicle the storm's approach, the devastating loss of life, the tragic death of Cline's wife, Cora, and the profound, lasting impact of the disaster.

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Join by telephone: 1-646-558-8656, Meeting ID: 835 8213 4326

# Longevity and Aging with Nan Moore

Saturday, October 4, 2:00–4:00 pm, in-person

Please join Nan Moore, UFPC Lay Community Minister, for the continuation of our yearly workshops offered on the topic of Aging and Sageing. This session we will focus on what you have learned about your own limitations and new abilities; what inquiry you have around aging and retirements; and reflection on age prejudice. You are asked to watch the Netflix documentary "The Blue Zone" focused on longevity. There is a new experience this year. So, friends are welcome who have taken the last workshop and new friends are invited to join us. Please send a note to <a href="mailto:nammoore5@gmail.com">nammoore5@gmail.com</a> if you will be joining the class.

#### **Writing Group**

Sunday, October 5, 12:00 pm, in-person

We welcome everyone to join us in a free writing session and optional sharing of our words that pursue thinking on a theme. This is a non-critiqued, open minded, generous group that encourages self-expression in a supportive

gathering. You can attend one or more sessions. No reservation is required. Groups tend to vary in size between 6 and 14 participants, and the session lasts for forty-five minutes to one hour. Our Writing Group meets in person on the first Sunday of the month in the parlor at 12:00 pm. There are no meetings in January or June. Contact facilitator Leslie Simpson at 617-448-9645.

# **Poetry Group**

Tuesday, October 14, 7:00 pm, in-person

The Poetry Group meets on the second Tuesday of each month in-person from 7:00 - 8:30 pm in the parish hall. Bring a poem or two you would like to share with the group. Each participant has an opportunity to read their poem out loud. It can be a poem by someone else or one you wrote. Then, in turn the members discuss their thoughts on it. Contact Albert Vaughn at <a href="mailto:vaughn.albert@icloud.com">vaughn.albert@icloud.com</a>.

## **Cupcakes for a Cause**

Sunday, October 19, social hour, in-person

Bakers: Warm up those ovens! Non-Bakers: Donate those goodies! Enjoy a yummy cupcake on Sunday, October 19 after the service at Coffee Hour. Buy one or purchase a dozen to take home and enjoy with the family. Your contribution will be sent to Greater Boston PFLAG, an organization that supports the LBGTQIA+ community as well as their families and friends. This organization provides support groups and resources. PFLAG also works on initiatives in the fight for LBGTQIA+ equality. Our congregation voted to support three causes this year; (1.) LBGTQIA+ Rights groups, (2.) Immigration and (3.) Climate/Environment. Fundraisers will be held later in the year for the other two causes. Donations can be brought to the Parish Hall before the service on October 19. Payment can be made with cash or check or on the UFPC website link for donations. Contact: Florence Noonan, flonoonan@gmail.com.

# "Out of Ashes, Joy" The Ordination of Shiloh Hoffman

Saturday, November 1, 3:00 pm, in-person and on Zoom

All are welcome to attend the ordination of Shiloh Hoffman, our former ministerial intern. We will join First Parish Unitarian Universalist Church of Bridgewater in ordaining Shiloh to Unitarian Universalist ministry at our church. Please RSVP here: <a href="https://tinyurl.com/shilohordinationrsvp">https://tinyurl.com/shilohordinationrsvp</a>.

If you'd like to support the ordination with a monetary donation, you can give here (input your donation on the Shiloh Hoffman ordination line): <a href="https://tinyurl.com/ordinationdonation">https://tinyurl.com/ordinationdonation</a>.

While food will be provided, donations of food for the reception will be accepted. If you would like to donate a food item for the reception, and/or assist with set-up/clean-up, please contact Marie-Louise Jackson-Miller at marieljm1961@yahoo.com or 857-526-2579.

Save the Date: Celebrating Norman Corey's Music Ministry – Sunday, October 26, 10:30 am–1:00 pm, in-person

United First Parish Church, Unitarian Universalist 1306 Hancock Street, Quincy, Massachusetts 02169, 617-773-1290 office@ufpc.org, www.ufpc.org, www.facebook.com/ufpc/uu

Office Hours: Monday, Tuesday, Thursday and Friday 8:00 am-1:00 pm or by appointment.