



Weekly Announcements

Sunday, November 24, 2024

Sunday Meditation

Sundays, 9:00–9:45 am, in-person

Sunday meditation will be offered from 9:00-9:45 am in the parlor or in the garden (weather permitting). We start with a guided meditation, followed by a walking meditation, then silent meditation, and we will close by sharing thoughts and insights. Marie-Louise Jackson-Miller: marieljm1961@yahoo.com.

Worship Service

“Listening to the Land”

Rev. Rebecca Froom

Jagan Nath Khalsa, guest musician

Sunday, November 24, 10:30 am, in-person and livestream

Thanksgiving is a complicated season where we are invited and challenged to express our gratitude in trying times, to reckon with the origins of the Thanksgiving story, and to strive to make loving connections with the friends and family we see (or miss) around the table. In this service we reflect on how we can listen to the land, as well as one another, as we look honestly at the brokenness of our world and the possibilities for repair. The choir will sing

Join by computer: <https://us02web.zoom.us/j/82251479714>

Join by telephone: 1-646-558-8656, Meeting ID: 822 5147 9714

Spirit Circle

Sunday, November 24, 10:30 am, in-person

This week in Spirit Circle, we'll have our second installment of exploring the Undivided Isle, our UU values escape room-style curriculum, with Elizabeth and Marie-Louise.

Next week, we'll be preparing for our Solstice-themed holiday pageant! If you're excited about either having a small speaking role (no memorizing required!) in the pageant, or making backdrop art, please plan to attend!

Also, please save the date for the all-ages pageant itself during the service on December 8th, and our upcoming holiday potluck on December 15th.

“Sweetsgiving” Dessert Auction

Sunday, November 24, 11:45 am, in-person

Please join us for “Sweetsgiving” after the service on Sunday, November 24th. We'll share a light lunch and a dessert auction fundraiser to help support the church. If you want to save some dessert prep time for Thanksgiving, we've got you covered. Or, if you're making dessert anyway, double up and donate a dessert to the auction. If you can donate a dessert, signups will be available in the parish hall after the service.

Worship Service
“Transitions: Stages of Ageing”

Nan Moore

Sunday, December 1, 10:30 am, in-person and livestream

Nan Moore, Affiliate Lay Community Minister for United First Parish Church will be leading worship on the Stages of Aging. Early in November Nan led two workshops, one on Retirement and another on Age-ing and Sage-ing, which inspired the thought for this worship experience. Before reaching our 60's we are children, teenagers, young adults, adults and elders. Whatever generation you were born into, and wherever you are on the aging trajectory, there are always gifts and challenges along the way. This Sunday you will have an opportunity to review age-ing times from childhood to elderhood with the hope of receiving a vision of how Sage-ing can be the most precious gift of all.

Join by computer: <https://us02web.zoom.us/j/82251479714>

Join by telephone: 1-646-558-8656, Meeting ID: 822 5147 9714

Writing Group

Sunday, December 1, 12:00 pm, in-person

Our UFPC Writing Group meets in-person on the first Sunday of the month in the parlor at 12:00 pm. There are no meetings in January or June. As in past years, we welcome everyone to join us in a free writing session and optional sharing of our words that pursue thinking on a theme. This is a non-critiqued, open minded, generous group that encourages self-expression in a supportive gathering. You can attend one or more sessions. No reservation is required. Groups tend to vary in size between 6 and 14 participants, and the session lasts for forty-five minutes to one hour. Contact facilitator Jim Petosa at jimjamespeto@aol.com or 301-442-3781.

Poetry Group

Tuesday, December 10, 7:00 pm, in-person

Poetry can speak to our deepest feelings and thoughts. It can give us an Ah Ha moment. At times, beautiful images transport us to a different place. The Poetry Group meets each month in person on the second Tuesday from 7:00 pm - 8:30 pm in the Parish Hall. Bring a poem or two you would like to share with the group. Each participant will read a poem out loud. Then the members will discuss their personal responses. Coffee and tea will be provided. For more information, email Florence Noonan at flnoonan@gmail.com.

Kindred Spirits Discussion Group for Seniors

Tuesday, December 17, 10:30 am–12:00 pm, in-person

Join us for a monthly discussion group, grounded in our UU values, where we reflect on current events and pressing social issues. This group is open to seniors aged 60+ and will meet on the third Tuesday of the month at our church. We will meet in the parish hall. Coffee and tea are provided. Please contact Rev. Rebecca Froom with any questions at rev.rebecca.froom@gmail.com or 617-803-1159.

United First Parish Church, Unitarian Universalist,
1306 Hancock Street, Quincy, Massachusetts 02169, 617-773-1290
office@ufpc.org, www.ufpc.org, www.facebook.com/ufpc/uu

Office Hours: Monday, Tuesday, Thursday and Friday 8:00 am–1:00 pm or by appointment.