



## Weekly Announcements

Thursday, July 10, 2025

[OPEN THE ATTACHMENT FOR ACTIVE LINKS]

### John Quincy Adams Wreath Laying Ceremony

Friday, July 11, 12:00 pm, in-person

United First Parish Church will hold our annual Presidential Wreath Laying Ceremony on the occasion of President Adams' 258<sup>th</sup> birthday. The Quincy Navy Reserve Center will present a wreath on behalf of the White House. The Quincy Choral Society will perform. Speakers include Alexandra Elliott from Quincy Historical Society, Alison Doucette on behalf of the Adams family, and Mayor Thomas Koch, as well as Marie-Louise Jackson-Miller, UFPC President, and Rev. Rebecca Froom.

Chalice Circle

### **"Mental Health and Art"**

Shirley Willett and Katherine Sharitt, presenters

Nicole Smith, facilitator

Sunday, July 13, 10:30 am–12:00 pm, in-person

Let's discuss what mentally healthy is, as a goal for everyone. We will try some breathing exercises and some art therapy exercises. It is in spiritual circles that emotions are most considered, with LOVE, the greatest emotion of all.

Each summer, we gather in the parish hall on Sunday mornings for the Chalice Circles in lieu of worship. Chalice Circles are a form of small group ministry, which invites deep listening, reflection, and sharing on a thoughtful topic. Each Sunday, a congregant leads that week's Chalice Circle, presenting the topic for reflection and discussion. The presenter is paired with a facilitator from our Chalice Circle leadership team. Chalice Circles run from June 22–September 7. Childcare is available.

### Kindred Spirits Discussion Group for Seniors

Tuesday, July 15, 10:30 am–12:00 pm, in-person

Join us for a monthly discussion group, grounded in our UU values, where we reflect on current events and pressing social issues. Every third month we will discuss a pre-selected topic that is especially relevant to seniors and experiences of aging (July, October 2025). **We will begin our July meeting by choosing a discussion topic connected to experiences of aging.** Kindred Spirits is open to seniors aged 60+ and will meet on the third Tuesday of the month at our church. We will meet in the parish hall. Coffee and tea are provided. Please contact Rev. Rebecca Froom at [rev.rebecca.froom@gmail.com](mailto:rev.rebecca.froom@gmail.com) or 617-803-1159.

### **"Celebration of Life Service for Jamie Grassmann"**

Sunday, August 3, 2:00 pm, in-person

On June 4<sup>th</sup>, we lost our beloved Jamie Grassmann to cancer. All are invited to gather in a loving community to remember and celebrate Jamie's life. A reception will follow. In lieu of flowers, contributions can be made to The Trevor Project at <https://www.thetrevorproject.org>.

### **Poetry Group**

Tuesday, August 12, 7:00 pm, in-person

The Poetry Group meets on the second Tuesday of each month in-person from 7:00 - 8:30 pm in the parish hall. Bring a poem or two you would like to share with the group. Each participant has an opportunity to read their poem out loud. It can be a poem by someone else or one you wrote. Then, in turn the members discuss their thoughts on it. Contact Albert Vaughn at [vaughn.albert@icloud.com](mailto:vaughn.albert@icloud.com).

United First Parish Church, Unitarian Universalist  
1306 Hancock Street, Quincy, Massachusetts 02169, 617-773-1290  
[office@ufpc.org](mailto:office@ufpc.org), [www.ufpc.org](http://www.ufpc.org), [www.facebook.com/ufpc/uu](https://www.facebook.com/ufpc/uu)

Summer Office Hours: Tuesday, Thursday and Friday 8:00 am–1:00 pm or by appointment.