



Weekly Announcements

Sunday, January 5, 2025

New Year Sunday Meditation

Sundays, 9:00–9:45 am, in-person

Let's begin the New Year with a bit of moving meditation - Qigong - each Sunday at 9:00 am in the Parlor. Our weekly meditation will begin with movement, followed by a guided meditation from Thich Nhat Hanh, then our walking meditation followed by a time of silent meditation and concluding with a brief sharing of our thoughts and insights. Contact: Marie-Louise Jackson-Miller at marieljm1961@yahoo.com.

Worship Service

“Your Story This Year”

Rev. Rebecca Froom

Sunday, January 5, 10:30 am, in-person and livestream

On this first Sunday in January we reflect on what story we want to let go of from 2024, and what story we want to be a part of in 2025. Our service begins in the sanctuary and ends in the parlor where we will observe our annual Fire Ceremony.

Join by computer: <https://uso2web.zoom.us/j/82251479714>

Join by telephone: 1-646-558-8656, Meeting ID: 822 5147 9714

Spirit Circle

Sunday, January 5, 10:30 am, in-person

This Sunday, Max will give an art lesson for the children in the downstairs dining room.

Potluck Dinner and Game Night

Saturday, January 11, 5:00–8:00 pm, in-person

UFPC members and friends are invited to our annual Potluck Dinner and Game Night on Saturday, January 11 at 5:00 - 8:00 pm in the Parish Hall. There will be a sign-up sheet for both games and potluck items following worship service on Sunday. We hope to see you there! Contact: Marie-Louise Jackson-Miller at marieljm1961@yahoo.com.

Poetry Group

Tuesday, January 14, 7:00 pm, in-person

Poetry can speak to our deepest feelings and thoughts. It can give us an Ah Ha moment. At times, beautiful images transport us to a different place. The Poetry Group meets each month in person on the second Tuesday from 7:00 pm - 8:30 pm in the Parish Hall. Bring a poem or two you would like to share with the group. Each participant will read a poem out loud. Then the members will discuss their personal responses. Coffee and tea will be provided. For more information, email Florence Noonan at flnoonan@gmail.com.

MLK Standout Quincy for Black Lives
Monday, January 20, 2:00-3:00 pm, in-person

Monday, January 20, 2:00-3:30 pm: Standout Quincy for Black Lives will host our 4th annual MLK Day Standout on the front steps of United First Parish Church. We will take turns reading selections from Dr. Martin Luther King's writing. Come for part or all of the event as your schedule allows. It will be good to be together on Inauguration Day. Contact: Claire Fitzmaurice at artclaire@comcast.net.

Kindred Spirits Discussion Group for Seniors
Tuesday, January 21, 10:30 am–12:00 pm, in-person

Join us for a monthly discussion group, grounded in our UU values, where we reflect on current events and pressing social issues. This group is open to seniors aged 60+ and will meet on the third Tuesday of the month at our church. We will meet in the parish hall. Coffee and tea are provided. Please contact Rev. Rebecca Froom at rev.rebecca.froom@gmail.com or 617-803-1159.

Save the Date: Social Justice Action Visioning Workshop
Saturday, February 1, 9:00 am–12:00 pm, in-person

The Social Justice Action Committee invites you to join us for a morning of reflection, connection, and strategizing as we articulate the focus(es) of our congregation's social justice action work for the next couple years. Rev. Rebecca Froom will lead this workshop for members and friends to consider how we may select one or two goals upon which to concentrate our energies. Continental breakfast food and beverages will be provided. Contact: Claire Fitzmaurice at artclaire@comcast.net.

Writing Group
Sunday, February 2, 12:00 pm, in-person

Our UFPC Writing Group meets in-person on the first Sunday of the month in the parlor at 12:00 pm. There are no meetings in January or June. As in past years, we welcome everyone to join us in a free writing session and optional sharing of our words that pursue thinking on a theme. This is a non-critiqued, open minded, generous group that encourages self-expression in a supportive gathering. You can attend one or more sessions. No reservation is required. Groups tend to vary in size between 6 and 14 participants, and the session lasts for forty-five minutes to one hour. Contact facilitator Jim Petosa at jimjamespeto@aol.com or 301-442-3781.

Book Group
Thursday, February 6, 7:00 pm, on Zoom

The Book Group meets on the first Thursday of the month from 7:00 to 8:30 pm, with a gap in December and in summer. All members and friends are welcome to join us. We will conduct our meetings via Zoom. Each year, we choose a variety of genres and forms. You are welcome to come even if you have not finished the book. For the complete list of books for this year, visit our website: <https://ufpc.org/book-group>.

The book this month is Wandering Stars by Tommy Orange. It is an ambitious family saga that is both a prequel and sequel to his brilliant debut novel, There There. It follows a family for over 150 years, from Jude Star escaping the Sand Creek Massacre in 1864 to the Bear Shield Red Feather family in present day Oakland. In the family's struggles against institutionalized violence, genocide was only the beginning. Each generation inherits the trauma of their ancestors while facing fresh injustices.

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Join by telephone: 1-646-558-8656, Meeting ID: 835 8213 4326