



## **Weekly Announcements**

Sunday, November 10, 2024

### **Sunday Meditation**

Sundays, 9:00–9:45 am, in-person

Sunday meditation will be offered from 9:00-9:45 am in the parlor or in the garden (weather permitting). We start with a guided meditation, followed by a walking meditation, then silent meditation, and we will close by sharing thoughts and insights. Marie-Louise Jackson-Miller: [marieljm1961@yahoo.com](mailto:marieljm1961@yahoo.com).

### **UFPC Choir Rehearsal**

Sundays, 9:20–10:10 am, in-person

Our UFPC Choir has rehearsals on Sundays from 9:20-10:10 am in the organ loft. All singers are welcome. For more information contact our Music Director, Norman Corey, at [ncorey@socialaw.com](mailto:ncorey@socialaw.com).

Worship Service

### **“With Tears and With Courage”**

Rev. Rebecca Froom

Sunday, November 10, 10:30 am, in-person and livestream

On this Sunday after the election, we draw strength in community and reflect on our shared future in uncertain times.

Join by computer: <https://uso2web.zoom.us/j/82251479714>

Join by telephone: 1-646-558-8656, Meeting ID: 822 5147 9714

### **Spirit Circle**

Sunday, November 10, 10:30 am, in-person

This week in Spirit Circle, Jon will lead us in tending to our UFPC garden, with Elizabeth acting as assistant. Alex and Leila will be the nursery workers.

Next week, Paula will lead us in grounding activities, with Andrew as assistant.

### **“Post Election Listening Circle”**

Sunday, November 10, 12:15 pm, in-person

On the Sunday after the election, Rev. Rebecca invites you to gather in the parlor for a listening circle, as we share what is on our hearts. Inspired by the practice of small group ministry, each participant will have the opportunity to share without interruption, and we will begin and end our circle with a time of meditation and a grounding reading.

### **Poetry Group**

Tuesday, November 12, 7:00 pm, in-person

Poetry can speak to our deepest feelings and thoughts. It can give us an Ah Ha moment. At times, beautiful images transport us to a different place. The Poetry Group meets each month in person on the second Tuesday from 7:00 pm - 8:30 pm in the Parish Hall. Bring a poem or two you would like to share with the group. Each participant will read a poem out loud. Then the members will discuss their personal responses. Coffee and tea will be provided. For more information, email Florence Noonan at [flnoonan@gmail.com](mailto:flnoonan@gmail.com).

### **Meet UFPC Newcomer Orientation**

Sunday, November 17, 12:15–2:00 pm, in-person

Are you new to United First Parish Church? Do you have questions about the congregation, Unitarian Universalism, or how you can become more connected to the community at UFPC? This newcomer orientation, facilitated by Rev. Rebecca and a member of the Board of Governors in the parlor, is an opportunity for participants to share their spiritual journeys, learn about Unitarian Universalist history and heritage, and hear more about the path to membership at UFPC. Snacks will be provided, and childcare may be available with one week's advance notice. Please RSVP by emailing Rev. Rebecca at [rev.rebecca.froom@gmail.com](mailto:rev.rebecca.froom@gmail.com) or filling out the sign-up sheet in the parish hall during social hour.

### **Kindred Spirits Discussion Group for Seniors**

Tuesday, November 19, 10:30 am–12:00 pm, in-person

Join us for a monthly discussion group, grounded in our UU values, where we reflect on current events and pressing social issues. This group is open to seniors aged 60+ and will meet on the third Tuesday of the month at our church. We will meet in the parish hall. Coffee and tea are provided. Please contact Rev. Rebecca Froom with any questions at [rev.rebecca.froom@gmail.com](mailto:rev.rebecca.froom@gmail.com) or 617-803-1159.

### **Transgender Day of Remembrance Vigil**

Wednesday, November 20, 7:00 pm, in-person, United First Parish Church

Transgender Day of Remembrance (TDOR) is an annual observance honoring those trans and nonbinary beloveds who lost their lives to transphobic violence in the past year. We hope you will join us on the steps of the church in a service of collective mourning, remembrance, and resilience, as we honor those lost, and hold those who remain. Afterwards, all are welcome to a reception in the parish hall for connection and resource-sharing.

### **“Sweetsgiving” Dessert Auction**

Sunday, November 24, 11:45 am, in-person

Please join us for “Sweetsgiving” after the service on Sunday, November 24<sup>th</sup>. We’ll share a light lunch and a dessert auction fundraiser to help support the church. If you want to save some dessert prep time for Thanksgiving, we’ve got you covered. Or, if you’re making dessert anyway, double up and donate a dessert to the auction. If you can donate a dessert, signups will be available in the parish hall after the service.

### **Writing Group**

Sunday, December 1, 12:00 pm, in-person

Our UFPC Writing Group meets in-person on the first Sunday of the month in the parlor at 12:00 pm. There are no meetings in January or June. As in past years, we welcome everyone to join us in a free writing session and optional sharing of our words that pursue thinking on a theme. This is a non-critiqued, open minded, generous group that encourages self-expression in a supportive gathering. You can attend one or more sessions. No reservation is required. Groups tend to vary in size between 6 and 14 participants, and the session lasts for forty-five minutes to one hour. Contact facilitator Jim Petosa at [jimjamespeto@aol.com](mailto:jimjamespeto@aol.com) or 301-442-3781.