



Human Body: Practice Activity

Directions: Answer the following questions to test your knowledge of the human body.

1. What is the human body?
2. What organ maintains the human body's chemical balance?
3. How many named muscles are there?
4. Why do people have less bones by adulthood than when they are born?
5. What do hormones do?
6. When is bone mass at its maximum density?
7. Is your hair alive?
8. What controls the movement of the human body?
9. Which intestine absorbs water and waste?
10. Which intestine absorbs food?
11. What are hair and nails made of?
12. How many hormones are there?
13. What are muscles made of?
14. What controls all of our actions and thoughts?
15. How much do muscles contribute to an average person's body weight?
16. Which organ can you donate and be alive after?
17. What organ creates urea?



18. What organ releases oxygen into the bloodstream?

19. What is in charge of the circulatory system?

20. What is your favorite organ?! Why?



Sample Answers:

1. The build of a human
2. Kidney
3. 700
4. They fuse together
5. They target organs and regulate behavior
6. Approaching adulthood
7. No
8. Muscles
9. Large Intestine
10. Small Intestine
11. Keratin
12. 50
13. Muscle tissue, blood vessels, tendons, and nerves
14. Brain
15. About 50%
16. Kidney
17. Liver
18. Lungs
19. Heart
20. Answers will vary ;)