

**Monday August 10, 2026  
11am**

**The Preston Hot Springs  
Town/County Library Will Host**

**A “Realms of Resonance Singing  
Bowl Sound Session” with Angela  
Murdoch**

**“Experience the Powerful Benefits of Sound.  
Reconnect. Realign. Rebalance.”**

**Angela has graciously agreed to do a 1 hour  
by donation event at the library.**

**Bring your chair, mat, or blanket and make  
yourself comfortable.**

