

# Preston Hot Springs Library Presents: Introduction to Ho'oponopono, with Lisa Scott

Modern Ho'oponopono is a Hawaiian healing technique dating back to ancient times. The traditional Ho'oponopono, a practice where things are “set to right” by members of the community, is led by the Kahuna, or Shaman. Today's practice asks the individual practitioner to heal themselves and their relationships through self identity, taking responsibility for the world around them and how it affects them.

Lisa owns Wind Refuge Healing Center in Hot Springs, and is an advanced Ho'oponopono practitioner with certification from the Global Sciences Foundation. Her teachers/mentors include Dr. Ihaleakala Hew Len, Joe Vitale, and Serge Kahili King, Ph.D.

Lisa is excited to share this Introduction to Ho'oponopono with the community and hopes some may continue the journey with her to create a more advanced healing for all.

