November 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Better Me/Be Cool						1
2 Daylight Savings Ends	3 Gents Morning 10am Finish Wishing Wells from Pallets Self-Advocacy Meeting 6 30pm	4 Be Cool 1-3pm	5 National Donut Day 10:30am \$1 Bingo 1pm \$3	6 Be Cool 10-12pm Employment and Skills Remembrance Day Craft 1pm	7 Movie and Treats Afternoon 1pm \$3 Transformers: Last Night	8
9	10 Remembrance Day Activities 1pm Cooking Class 4:00pm	11 Remembrance Day STAT Office Closed	12 Kindness Day 10:30am Make Stone Soup 1pm	13 Be Cool 10-12pm Employment and Skills Low Impact Workout 1pm	14 Fun Drink Friday Happy Hour 1pm	15
16 Grey Cup	17 Swimming 10:30-12 \$4.50 Celebrating Steve Irwin 1pm	18 Be Cool 1-3pm How Foods Make You Feel	19 Indoor Picnic 12pm Decorate for Winter 1pm	20 Be Cool 10-12pm Employment and Skills Drumming Afternoon 1-2:30pm	21 Baking for the Christmas Party 10am Movie and Treats Evening 6:30pm \$3 Transformers: Bumblebee	22 Christmas Party and Dance 5-10pr
23	Swimming 10:30-12 \$4.50 Ladies Crafting Afternoon 1pm Cooking Class 4:00pm	25 Be Cool 1-3pm	26 Games Day Drop In 10-3pm	27 Be Cool 10-12pm Employment and Skills Birthday Party 1:30pm	28 Decorate Float 10am	29 Christmas Parado 5pm
30	Remem	Activities	ard for any activities that in the community require while at an activity are	require payment, \$20 fo e payment upon arrival a		