Fisher Farm Residential Association Ltd.

November 2026

NEWSLETTER-Better Me/Be Cool

'November brings a chill in the air and warmth in the kitchen.'

Take time this month to say thanks to all of those who have served past and present in the military. Remember those who have given the ultimate sacrifice.

Our STEM experiments this month will have us learning about how to make rain in a jar, bread in a bag, and a sound gun. We will also be making various crafts for Remembrance Day. One of the individuals will be teaching us about a favorite topic of his on November 19th. Come and listen to what he has to say!

We will be celebrating Diwali on the 16th, and we will be enjoying some foods from India. Come and try mango lassi's, roti, and mint cucumber raita. Both the ladies and the gents have coffee outings this month. Join your peers for coffee and chatter.

Our Christmas party is this month. Come join us at the Evergreen Centre, November 21st at 5:30pm for a full turkey dinner, silent auction, and a dance. Support the Self Advocacy group by bringing a non-perishable food donation for the food bank. Please RSVP Tanya by November 13th.

Don't forget about our Purdy's chocolates Fundraiser. The deadline for orders is November 18th. All the money goes to the Better Me program.

The Self-Advocacy meeting is on the 9th, and we are looking for new members who are interested in joining the group, please contact Brenda.

PLEASE NOTE THAT ALL ACTIVITIES NEED TO BE SIGNED UP FOR IN ADVANCE.

Cheryl

People of the Month

Ethan- Ethan enjoys the summer months where he can eat pizza but not workout. Although he loves savory foods, he does love Pepsi and doughnuts. Ethan loves all Transformers, movies, action figures, shirts, all things, and will binge watch the movies. Ethan uses an android phone and would love to learn to speak the dialect used in Mexico.

Shelby- Shelby does not binge watch shows or workout, but she does love Halloween. Shelby would like to learn ASL, uses a phone but would like to have keyboards back. Shelby likes all foods, savory and sweet, but especially enjoys Pepsi, sushi, and potatoes in different forms.

UPCOMING EVENTS

Nov 4-STEM Make Rain in a Jar

Nov 5-Write Letters to Veterans

Nov 9-Remembrance Day Crafts

Nov 12-Bingo

Nov 13-Fun Drink Friday

Nov 16-Diwali

Nov 18- STEM Bread in a Bag

Nov 19-Learning from Richard

Nov 20-Baking for the Christmas Party

Nov 21-Christmas Party

Nov 23-Ladies Coffee Morning

Nov 25- STEM Make a Sound Gun

Nov 26- Birthday Party

Nov 27-Gent's Coffee

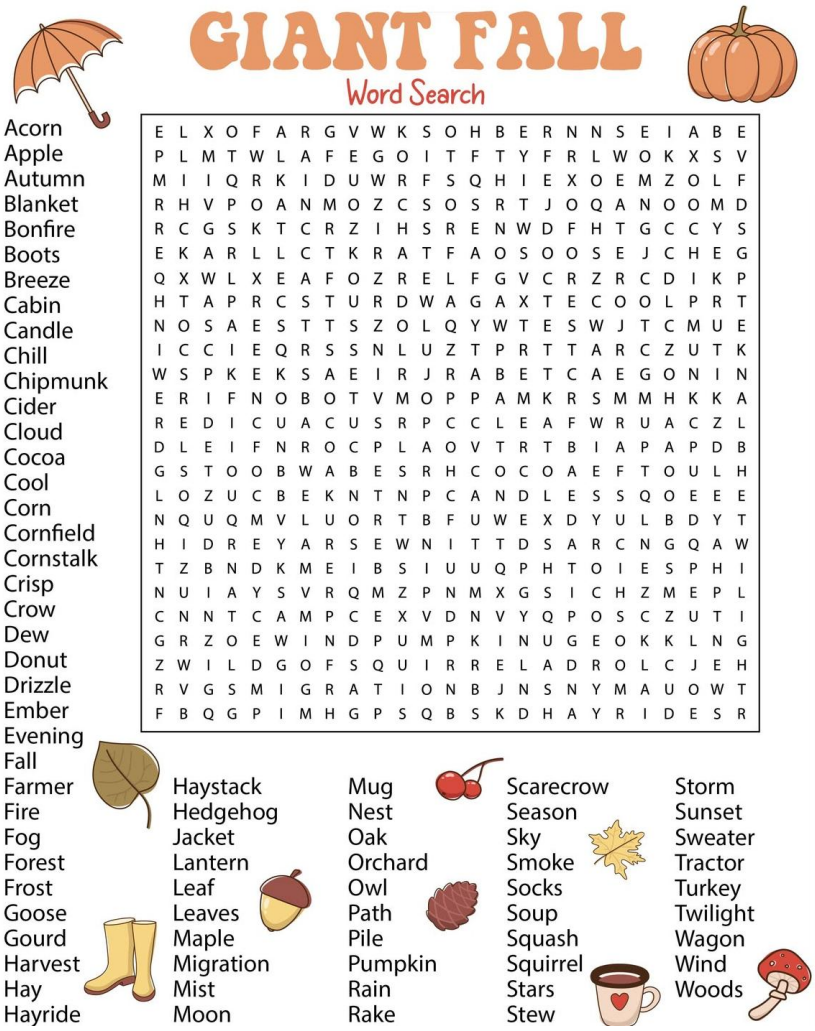
Nov 27-Movie and Treats Evening

ACTIVITY PUNCH CARDS

Activity Punch Cards are $20. This is good for 10 activities and saves you $1 per activity.

LUNCH PUNCH CARDS

Don't forget to get your Lunch Punch Cards. $20 gets you 4 lunches. See Cheryl to purchase one. *Staff are welcome to purchase these cards as well.*



Trivia:

- The full moon is traditionally called the Beaver Moon.
- Northern Hemisphere: end of autumn, colder weather, falling leaves.
- Southern Hemisphere: late spring, warming temperatures outside.
- The Leonid meteor shower, one of the most spectacular meteor showers, peaks in mid-November.
- The Taurid meteor shower, known for producing bright fireballs, peaks in early November, offering a spectacular celestial display before the Leonids.
- Día de los Muertos (Day of the Dead), a Mexican holiday honoring deceased loved ones, is observed on November 1st and 2nd.
- Guy Fawkes Night, also known as Bonfire Night, is celebrated in the UK on November 5th.
- Remembrance Day, honoring military veterans, is observed on November 11th in many Commonwealth countries.
- The Suez Canal, connecting the Mediterranean and Red Seas, opened on November 17, 1869.
- The discovery of King Tutankhamun's tomb by Howard Carter occurred on November 4, 1922, marking one of archaeology's greatest findings.