

NEWSLETTER-Better Me/Be Cool

'In the entire circle of the year there are no days so delightful as those of a fine October.'-Alender Smith

Welcome to fall! This month has some interesting Halloween activities. We will have some movies, a black cat pocket kitty craft, pumpkin carving/painting, making scarecrows with straw so they can be in the yard, as well as making a cornucopia.

Please join us for an English muffin pizza lunch. We will also be having a tea party for the ladies as well as finishing off the wishing well we started in September. We will be having candy bag sales at the end of the month as well.

We will be having a few movie times this month, including ones during Be Cool. We will be looking into our feelings and how they work inside our bodies.

At our birthday party this month, we will be having a Halloween Dance. Please feel welcome to come wearing a costume for this event. We will be having games as well.

There is an evening this month that we will be having a drive around to look at the Halloween décor that people have put up in their yards around town. Please remember to sign up for this so that we can ensure enough seats in vehicles for everyone.

PLEASE NOTE THAT ALL ACTIVITIES NEED TO BE SIGNED UP FOR IN ADVANCE. This is to ensure that all carpooling can be arranged before these activities and that there are enough items purchased and/or prepared in advanced for everyone to enjoy. Please contact either the office or me to get your name on the list.

Cheryl

People of the Month

Marisa-likes the big celebration of New Years. She can be seen watching Gladiator or kayaking with her dogs. Marisa will not be seen in space but would like to learn Spanish. Marisa likes savory foods that include both Thai and Mexican. She has a real guilty pleasure for spicy foods!

David W-likes the crisp time of the fall months. David likes watching wrestling on tv (and hockey too!). David will not be seen in space but would like to learn German. David likes hamburgers and sweet foods, although he has a guilty pleasure for chips!

UPCOMING EVENTS

Oct 1-Coffee at Tims/Wendys

Oct 2-Make a Cornucopia

Oct 6- Men's Morning

Oct 8-Make Your Own Scarecrow

Oct 10-Wii Games

Oct 15- Mini Marshmallow Shooter Making

Oct 16-Halloween Craft

Oct 17- Fun Drink Friday

Oct 20- Ladies Morning

Oct 22-English Muffin Pizza

Oct 24-Movie and Treats Evening

Oct 27-Pumpkin Carving

Oct 29-Halloween Lights Tour

Oct 30- Birthday Party and Dance

Oct 31-Candy Bag Sales

ACTIVITY PUNCH CARDS

Activity Punch Cards are \$20. This is good for 10 activities and saves you \$1 per activity.

LUNCH PUNCH CARDS

Don't forget to get your Lunch Punch Cards. \$20 gets you 4 lunches. See Cheryl to purchase one. *Staff are welcome to purchase these cards as well.*

Halloween Word Search

A V N F P U M P K I N O R D L U A C L Z R E V O
K G N I N E T H G I R F I C Y X E H A M A I R G
C G H N Z H P D B W M U N S X T H O U V I B H D
O A P T T O X D I M M P Y T P E M W P Z O M J D
L U L I V B Y X R R Z U L O M E Y L L N B O H U
R R A I M S C A R Y P K T T R N C N R B O Z X R
A R D J R E D I P S D C T O M B S T O N E Z A V
W U G O B L I N B W I T C H D O X R E U S H U T
B H A U N T E D H O U S E D M E E K D R U E X J
R P Z C P E I J M X S N N U U Z F L O W E R E W
O N V T X L B M D P N E T H M M W S H A D O W L
O R U G B A Z I O P I X B D M Y G X J H Q K E T
M R N Y T P A O F Z E U M N Y J M V Z N J Z Z Y
S M U A U R K Y N S T X X O O E O O S I F W O R
T N T R F Y E M U T S O C E T F R V L R F A K E
I M Y A H F M O W L N F C T R N L I W K M C P T
C V J F P S S Z T H E B R O Y D A G P N D F Y E
K L C R E E P Y B M K J S K B P F H H M J R D M
N U K X S L H S V K N Q N P I W H T P O A Y N E
X T G T F U C E L F A E E R I E E F B I S V A C
Y T R A P O L N V P R Z L Q X O S B F T D T C Y
T O N K H H P O U Z F L T A E R T R O K C I R T
E G A X X G P B B G C S M Y T L S C R E A M X L
S N O T E L E K S O Z J A C K O L A N T E R N N

afraid	bat	bones	broomstick	candy	cauldron
cemetery	cobweb	costume	creepy	eerie	fangs
frankenstein	frightening	ghost	ghoul	goblin	hauntedhouse
howl	jackolantern	mummy	owl	party	phantom
pumpkin	scary	scream	shadow	skeleton	specter
spider	spooky	tombstone	trickortreat	vampire	warlock
werewolf	witch	wraith	zombie		

Trivia:

- The first World Series baseball game was played on October 1, 1903
- The opening of the Statue of Liberty to the public was October 28, 1886
- The world-famous Indian political and spiritual leader Mahatma Gandhi was born on October 2, 1869.
- On October 1, 1949, the People's Republic of China was founded. Mao Zedong ruled the republic from its founding until his death in 1976.
- October 4th is National Noodle Day,
- The very first McDonald's restaurant in the UK opened its doors on October 1, 1974.
- Diwali, also known as the festival of lights, is one of the most celebrated days in Hindu culture. Diwali symbolizes the victory of light over darkness and good over evil. Common practices during this celebration are lighting firecrackers and eating sweets.