Salisbury - TTD 2024 Schedule

Time	Activity	Location	Coach
Day 1, July 10, 2024			
10:00 - 10:45am	Arrive and Register	Sullivan Rink	Kossbiel
10:00 - 11:00am	Dorm Items to Dorm Room	JOA Hall	Kossbiel
10:00 - 11:00am	Equipment to Locker Room	Sullivan Rink	Kossbiel
11:15am	Kickoff Meeting	Dana Room 1D	Kossbiel
Noon	Lunch		
12:30 - 1:20pm	Setup Room/ Meet Roommates	Dorm	
1:30 - 2:20pm	On-Ice	Rink	Hennes
2:40 - 3:25pm	Mental Performance	Dana Room 1D	Emery
3:35 - 4:20pm	Team Building - Phoenix Games	Goulet - Perini	Kossbiel
4:35 - 5:15pm	Stretch and Recovery	Rink Concourse	Allegrino
5:30pm	Dinner		
7:00 - 7:50pm	On-Ice	Rink	Delaney
8:15 - 9:00pm	Team Strengths / Weaknesses	Locker Room	Captains / Leaders
10:00 PM	Check-in	Dorm	Fitzgerald
Day 2, July 11, 2024			
7:00am	Wake		
7:10am	Breakfast		
8:00 - 8:40am	Stretch and Recovery	Rink Concourse	Allegrino
9:00 - 9:50am	On-Ice	Rink	Hennes
10:10 - 10:55am	Mental Performance	Dana Room 1D	Emery
11:05 - 11:50am	Hockey IQ/Video	Goulet - Perini	Ries
Noon	Lunch	300.00 101111	
12:30 - 1:20pm	Mid-Day Break	Quiet Time	
**12:30 - 1:20pm	Team Captains / Leadership	Dana Room 1D	Kossbiel
1:30 - 2:10pm	Stretch and Recovery	Rink Concourse	Allegrino
2:30 - 3:20pm	On-Ice	Rink	College Coaches
•	Mental Performance	Dana Room 1D	Emery
3:40 - 4:25pm			Kossbiel
4:35 - 5:20pm	Team Building - Phoenix Games	Goulet - Perini	KOSSDIEI
5:30pm	Dinner College Hackey Info Session	Dana Room 1D	MacD/Fitz/Cogs
6:30 - 7:15pm	College Hockey Info Session		MacD/Fitz/Cegs
7:30 - 8:10 pm	On-Ice	Dorm/Quad	Delaney/MacD/Fitz/Ce
8:10 - 9:00pm	Team Time	Rink	Captains/Leaders
9:10 - 9:50 pm	On-Ice	Dorm	Delaney/MacD/Fitz/Ce
10:00 PM	1 Check-in		
	1 Check-in		
Day 3, July 12, 2024			
Day 3, July 12, 2024 7:00am	Wake		
Day 3, July 12, 2024 7:00am 7:10am	Wake Breakfast	Coulet Perini	Dice
Day 3, July 12, 2024 7:00am 7:10am 8:00 - 8:45am	Wake Breakfast Hockey IQ/Video	Goulet - Perini	Ries
Day 3, July 12, 2024 7:00am 7:10am 8:00 - 8:45am 9:00 - 9:40am	Wake Breakfast Hockey IQ/Video Stretch and Recovery	Rink Concourse	Allegrino
Day 3, July 12, 2024 7:00am 7:10am 8:00 - 8:45am 9:00 - 9:40am 10:00 - 10:50am	Wake Breakfast Hockey IQ/Video Stretch and Recovery On-Ice	Rink Concourse Rink	Allegrino Hennes
Day 3, July 12, 2024 7:00am 7:10am 8:00 - 8:45am 9:00 - 9:40am 10:00 - 10:50am 11:10 - 11:55am	Wake Breakfast Hockey IQ/Video Stretch and Recovery On-Ice Mental Performance	Rink Concourse	Allegrino
Day 3, July 12, 2024 7:00am 7:10am 8:00 - 8:45am 9:00 - 9:40am 10:00 - 10:50am 11:10 - 11:55am Noon	Wake Breakfast Hockey IQ/Video Stretch and Recovery On-Ice Mental Performance Lunch	Rink Concourse Rink Dana Room 1D	Allegrino Hennes
Day 3, July 12, 2024 7:00am 7:10am 8:00 - 8:45am 9:00 - 9:40am 10:00 - 10:50am 11:10 - 11:55am Noon 12:30 - 1:20pm	Wake Breakfast Hockey IQ/Video Stretch and Recovery On-Ice Mental Performance Lunch Mid-Day Break	Rink Concourse Rink Dana Room 1D Quiet Time	Allegrino Hennes Emery
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Day 3, July 12, 2024 7:00am 7:10am 8:00 - 8:45am 9:00 - 9:40am 10:00 - 10:50am 11:10 - 11:55am Noon 12:30 - 1:20pm **12:30 - 1:20pm 1:30 - 2:15pm 2:30 - 3:10pm	Wake Breakfast Hockey IQ/Video Stretch and Recovery On-Ice Mental Performance Lunch Mid-Day Break Team Captains / Leadership Team Building Stretch and Recovery	Rink Concourse Rink Dana Room 1D Quiet Time Dana Room 1D TBD Rink Concourse	Allegrino Hennes Emery Kossbiel Mentors: Fitz and Mac Allegrino
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